

SAIMS TIMES

Volume 12

Issue - 07

February 2025

Page- 16

Rupees - 5



SAIMS TIMES



"A Tribute"

Meri Gulah

meri gulab,
the rose has lost its bloom,
you've settled gently into earth's embrace,
the petals fall, no longer bright, no room,
for vibrant life, now wrapped in quiet grace,
the slumber calls, and you have found your place.

meri gulab,
your fragrance fills the air,
but no more laughter, no more tender sound.
the rose is still, as though it's always there,
but underneath, the silence wraps around
and in the stillness, love can still be found.

meri gulab,
you've gone where roses go,
where thorns don't hurt, and time has lost its fight.
your spirit rests where only softness flows,
the garden quiet, beneath the moon's pale light,
a peace that comes, without a tear in sight.

"Were you talking to me?"

"were you talking to me?" I said, you sounded so strange "look over me from the afterlife" my voice cracked and you barely smiled but you held my finger like i held yours on my first night and you brushed my hair like i brushed yours when you died and i lay in your lap before you lay down to sleep and i told you ill miss you you're what i wish i could keep but you tell me death Is a gift and life is a lesson a picture album, a watch and an old ring all to my name

all lessons i'll carry to my own grave and when the sun shines too bright or when the rain isn't too cold or when the wind doesn't mess my hair I'll look at you and say hello and when the tears dry the house goes empty I'll lay in your bed, maybe twice a week something for old times sake and i'll tell you my mistakes maybe this time it won't seem so unfair but death is a gift and life is a lesson, that's what you said so when your heart goes silent mine will beat for you make the most of this lesson when i'll see you again, I'll give you a story to tell





18.03.1939-05.02.2025

This issue is dedicated to the fond memory of **SMT. USHA BHANDARI** the guiding light, the driving force the beacon of hope of Bhandari Family & all of us.

A Mother's Final Lesson - The Gift of Knowledge"

A tribute to a mother who gave everything for the betterment of society.

She was a teacher, but her greatest lesson came after life.

Mrs. Usha Bhandari dedicated her life to shaping the future. She dreamt of making her son a doctor so he could serve society, and despite all odds, she succeeded. Inspired by her, he built Central India's largest medical college, SAIMS, to fulfill her vision.

Even in her final moments, she chose to give back. She donated her body to the very institution her son built, ensuring that future doctors learn and serve with compassion.

As students take the Cadaver Oath in the dissection hall, she continues to teach, leading by example one last time.

Her legacy is not just in the lives she touched but in the lives she continues to shape.

Dr.Mohit Bhandari



A Tribute to Maa - Operation 100





On February 17th, we marked the 13th day of Maa's passing—a day of rituals in our culture. But Maa never believed in ceremonies. She believed in action, in making a difference.

So, instead of tradition, we chose to honor her the way she would have wanted—by performing 100 bariatric metabolic weight loss procedures in just 16 hours. While this was a record-breaking feat, it was never about the numbers. It was about ensuring the highest level of patient care, safety, and compassion.

This required weeks of planning, sleepless nights, and an unwavering commitment to excellence. Every patient was at the heart of this journey, and their trust in us was our biggest responsibility. All patient images shared were done with full consent, respecting their privacy and journey.

Dr. Mohit Bhandari Dr. Mahak Bhandari

SPARC Workshop by Meril: A Comprehensive Learning Experience on 15.02.2025













This Advanced Surgery Workshop offered surgeons and medical professionals hands-on experience and expert insights into the latest techniques in hernia, minimal access & robotic surgery. I demonstrated 9 live surgeries back to back. All surgeries were relayed live on my Fb page. This was witnessed by many surgeons across the country.

Dr Mahak Bhandari Laparoscopic, Bariatric & Robotic Surgeon

SAIMS TIMES



Congratulations



Heartiest Congratulations

Dr. Mohit Bhandari for being appointed as adjunct professor to train fellows from Latin America.



Congratulations



Our Cricket team "SAIMS TITANS" under guidance of Dr. Mahak Bhandari won the Prestigious Index IDPL (Indore Doctor Premier League) Cricket Tournament organised by IMA, Indore branch under leadership of Dr. Narendra Patidar President, Dr. Akshat Pandey, Hon. Secreatory, Dr. Dilip Acharya, Sports Chairman.

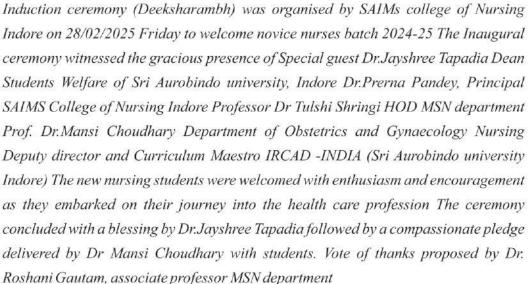
Dr. J.S.Chhabra was the captain our Dr. Mohit Motiyani was the highest scorer of tournament scoring 254 runs in innings & team members were - Dr.Mahak Bhandari -Team Owner, Dr. Jaspreet Chhabra - Captain, Dr. Abhishek Songara, Dr.Pravin Dani, Dr.Sanjay Pancholi, Dr.Sonu Verma, Dr.Vivek Agnihotri, Dr.Hemandra Singh Khinchi, Dr.Mohit Motiyani, Dr.Pranay Singh, Dr.Rahul Mewara, Dr. Tarun Girotra.

SAIMS TIMES —



Induction ceremony (Deeksharambh)















Ph.D. Lecture at Sri Aurobindo University on 27th Feb. 2025

Sri Aurobindo University proudly organized an insightful Ph.D. lecture on "Types and Scope of Research", delivered by Dr. Sumit Kumar Rawat, Associate Professor (Microbiology) & Nodal Officer (Virology Lab), Bundelkhand Medical College & Hospital, Sagar (M.P.)

The session provided valuable knowledge on research methodologies, broadening the horizons for aspiring scholars.













SAIMS TIMES —



Successful CME Organized by the Department of Microbiology

The Department of Microbiology, under the leadership of Dr. Kamlesh Kumar B. Patel, successfully organized a ContinuingMedical Education (CME) program at SAIMS Medical College on 28th Feb.2025. The event focused on advancing knowledge and research in microbiology, featuring esteemed speakers and insightful sessions.

The inauguration was graced by Dr. Vinod Bhandari (Founder Chairman, SAIMS Group), Dr. Jaishree Tapadia, Dr. Sanjay Dixit, and Dr. Anand Mishra, who highlighted the significance of microbiology in modern healthcare and the need for continuous learning in the field. The program featured eminent speakers, including: Dr Sagar Khadanga (AIIMS, Bhopal), Dr Dolly Joseph and Dr Yogyata Marothi (RD Gardi Medical college, Ujjain) and our panelist Dr Amit Varma, Dr Devendra Naik, Dr Manoj Kela, Dr Gunjan Kela, Dr Sadhna Sodani, Dr T Karuna, Dr Ila Shrivastava. The event was a grand success, thanks to the dedicated efforts of the faculty members, including Dr. Kamlesh B. Patel, Dr. G. S. Bhatambre, Dr. Rituja Prakash, Dr. Trupti Bajpai, Dr. Sonu Maity, and Dr. Manish Chouhan, Dr Vaibhavi Subedar, Dr Sabiha Ahmed, Dr Unnati Ojha and Dr Shrankhla Jain, Amit Pareek. Their contributions were instrumental in organizing an enriching academic experience.

A special note of gratitude to Dr. B.S.Saitya (CMHO, Indore) and Dr. Sadhna Sodani (HOD, Microbiology, MGM Medical College, Indore) for their unwavering support and encouragement.

We are thankful to our International participants-20 participants from Nigeria & 3 from Nepal who had joined online. We extend our heartfelt thanks all our sponsors, volunteers, and participants, whose efforts and enthusiasm made this event a resounding success. The Department of Microbiology looks forward to organizing more such knowledge-sharing platforms in the future.





IRCAD Indore Launches

A State-of-the-Art Multicasting Studio for Advanced Medical Education!

Indore, SAU Campus —Under guidance of Founder Chairman "Sri Aurobindo Institute of Medical Sciences (SAIMS)" Dr. Vinod Bhandari, Dr. Mohit Bhandari (President IRCAD) & Dr. Mahak Bhandari (Vice president IRCAD), has taken a revolutionary step in medical education and digital learning by establishing a fully-equipped Multicasting Studio at the IRCAD Building. This cutting-edge facility is designed to enhance medical learning, virtual training and online course development using the latest multimedia tools.

Studio Features & Capabilities:

- Multi-Camera Setup: High-quality professional cameras for multi-angle recording. Teleprompter Support: Ensuring smooth and seamless presentations.
- Advanced Multimedia Tools: Ideal for lecture recordings, virtual classes, and live broadcasting.
- Podcast & Webinar Production: A perfect space to create engaging medical podcasts and expert panel discussions.
- Green Screen Technology: For immersive virtual backgrounds and interactive content.
- Professional Lighting & Sound System: Crystal-clear audio and well-lit visuals for high-quality production.
- TriCaster & NDI Integration: Live video switching and seamless multi-platform broadcasting.

Why Use the Studio?

Medical Faculty & Experts – Record lectures, create e-learning modules, and conduct virtual masterclasses.

Students & Researchers – Develop high-quality research presentations and interactive medical content.

Healthcare Professionals – Conduct and participate in live surgical broadcasts, product demos, and telemedicine programs.

Calling Medical Professionals!

The IRCAD Studio is open for faculty members and researchers who want to leverage digital media for education and innovation. Whether you want to record a high-quality lecture, host a webinar, or develop an online course, this studio is your one-stop solution.

To book the studio or schedule a demo, contact us today!

Location: IRCAD Building, SAU Campus, Indore







SAIMS TIMES —



Celebrating Congenital Heart Disease Awareness Week Organized by the Department of Pediatrics

The Department of Pediatrics at Sri Aurobindo Institute of Medical Sciences (SAIMS) proudly celebrated Congenital Heart Disease (CHD) Awareness Week on February 8, 2025, recognizing the incredible efforts of our Pediatric Cardiology Team in advancing CHD care and improving patient outcomes.

The event featured engaging and interactive sessions led by Dr. Prashant Agrawal and Dr. Sanjukta Bhargav. Their sessions offered a rich learning experience for postgraduate students.

We were delighted to witness active participation from the Departments of Pediatrics, Obstetrics, and Gynecology, emphasizing the importance of a collaborative, multidisciplinary approach in the early detection and management of congenital heart disease. By fostering awareness among healthcare professionals and the community, we take significant strides toward ensuring better outcomes for children born with congenital heart defects.

A heartfelt thank you to our pediatric cardiology team and all participants for making this event a success! Together, we remain committed to saving tiny hearts and shaping healthier futures.







Dr.Gunjan Kela HOD Paediatrics



Congratulations

Dr Advait Prakash (Professor Pediatric Surgery) delivered a guest lecture on ROLE OF ARTIFICIAL INTELLIGENCE IN PEDIATRIC SURGERY. He also delivered an invited talk at the CENTENARY CELEBRATIONS of his prestigious Alma Mater, Seth GS Medical college & KEM Hospiral Mumbai.

Dr Advait Prakash (professor pediatric surgery) was bestowed upon with the FELLOWSHIP of PEDIATRIC ENDOSCOPIC SURGEONS OF INDIA (FPESI) at the national conference in Amrita institute of medical sciences, Cochin. His paper on "THORACOSCOPIC MANAGEMENT OF PULMONARY HYDATID: experience of a decade" was awarded best paper in the same summit. He has expressed Heartfelt gratitude to founder chairman Dr Bhandari, management, faculty and postgraduates for the support.

Congratulations





Congratulations **Dr. Mansi Choudhary** for attending as a Guest Speaker at Student Induction programe "Deeksharamh" & was the key speaker on the topic Social Rresponsibilities of Nursing Student organised by Bombay Hospital, Indore.







Congratulations **Dr. Mansi Choudhary** for attending as Jury at 4th National conference on theme "Nurses" mindset and unified approach for better patient care outcome at Vikrant institute of Nursing and science, Indore.



Faculty Achievements Department of Forensic Medicine and Toxicology

The Department of Forensic Medicine and Toxicology takes immense pride in announcing the recent achievements of its esteemed faculty members at the 46th Annual National Conference of the Indian Academy of Forensic Medicine (IAFM), Forensic Medicon- 2025, held in Chennai from 31 st January to 2 nd February 2025. Dr. Praveen Arora, Professor and Head of the Department, has been elected as the Joint Secretary of the Central Zone of IAFM, the oldest and largest association of forensic medicine experts in India. The Central Zone encompasses six states—Delhi, Chhattisgarh, Madhya Pradesh, Rajasthan, Uttar Pradesh, and Uttarakhand. This prestigious election underscores Dr. Arora's significant contributions to the field of forensic medicine at the national level.

In addition, Dr. Praveen Arora played a key role in coordinating and participating in a round table discussion of experts aimed at formulating national-level uniform guidelines for various medico-legal cases. This initiative marks a crucial step in standardizing medico-legal procedures across the country. Furthermore, Dr. Praveen Arora and Dr. Pankaj Nema, Associate Professor, represented the department at Forensic Medicon-2025, where they actively participated by presenting scientific papers showcasing the institutes recently upgraded Analytical Toxicology Laboratory and their research and expertise in forensic medicine. Their contributions further solidify the department's commitment to academic excellence and professional leadership. These accomplishments reflect the department's dedication to advancing forensic medicine and enhancing medico-legal education and practice at institutional, regional, and national levels.

Dr. Praveen Arora participated in the first meeting of the newly elected Governing Council.









Congratulations

Dr. Subodh Banzal was honored with the Lifetime Achievement Award at MESCON 2025 in Jabalpur for his exceptional 35-year contribution to the endocrine society. His dedication and pioneering work in the field have significantly advanced endocrinology, making a lasting impact on medical research and patient care. Dr Subodh Banzal delivered a talk on Diabetic foot Medical Management at JBL.











Congratulations







Department of Orthopaedics SAIMS organised Dr. Neeraj Sharma Memorial Oration Lecture on February 16, 2025, at Sri Aurobindo Medical College & PG Institute, Indore. The lecture was delivered by Dr. R M Chandak, Renowned Orthopaedic Surgeon from Nagpur. The program was inaugurated by Founder Chairman Dr. Vinod Bhandari, and it was followed by an AOSI Clinical meeting. The event was graced by Many AOSI members. department is organising Dr. Neeraj Sharma oration since 2016. This is 10th Oration lecture.





Congratulations

Congratulations- Dr. Gaurav Mogra & team With the efforts of all our residents who were posted at that time and nurses who took care of the child we were able to discharge a baby born at 25 weeks of gestation weighing 750 gms without any complications till now - no IVH, ROP, BPD, PVL. Born to a mother with BOH, the baby's survival is a testament to our efforts as a team to bring excellence to neonatal care.



Congratulations

Dr Manisha khande SR nephrology department SAIMS, presented Poster in world Congress nephrology held in New delhi February 2025.

She presented the topic feto maternal outcome of pregnancy related acute kidney injury.

PRAKI being less prevalent in western world remains topic of interest and discussion in international conference.



Congratulations

Dr Snehal Mishra presented Poster in world Congress of nephrology held in New Delhi, in February 2025. The topic was study of mean platelet volume as prognostic marker in acute kidney injury. It was well appreciated by senior international nephrologist.



Congratulations

Dr Mohd. Amir Ansari SR nephrology presented e Poster in conference 17th renal clinical conference, cmc vellore, February 2025

Topic: Uncommon presentation of common infection in Kidney transplant recipient



Congratulations Dr. Praveen Arora





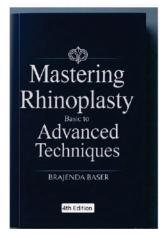
new role!

Professor & Head of the Department, has been appointed as the AssociateEditor of the Journal of the Indian Academy of Forensic Medicine (JIAFM).JIAFM is a Scopusindexed, highly reputed Indian journal dedicated to advancing knowledge and research in Forensic Medicine and Toxicology. Dr. Arora appointment to this prestigious editorial position is a testament to his academic excellence, extensive contributions to medicolegal research, and unwavering commitment to the field. This remarkable achievement not only brings laurels to our institution but also underscores the department's role in shaping forensic medicine at the national and international levels. We extend our heartfelt congratulations to Dr. Praveen Arora and wish him continued success in his

Faculty Achievement: Prestigious Editorial AppointmentThe Department of Forensic

Medicine and Toxicology takes immense pride in sharing that Dr.Praveen Arora,

Congratulations



The 4th Edition of our book Mastering Rhinoplasty Basic to advanced is going to be released soon. In this edition, we are honored to feature contributions from eminent Indian plastic surgeons Dr. Devendra Gupta and Dr. Lokesh Kumar, who have beautifully written chapters on Local Flaps in Rhinoplasty and Cleft Lip Nose Rhinoplasty.

Additionally, we are privileged to include insights from international stalwarts like Ulhas Raghvan, Miguel Ferreira, and Ignazio Taska, who have contributed chapters on Nasal Septal Perforation Repair, Dorsal Preservation Rhinoplasty, and Septo-Rhinoplasty in Children. A Spanish translation will also be aviable by the year end.

This publication is not just a book; it is a celebration of three decades of expertise that continues to influence and shape the future of rhinoplasty in India.

Dr. Brajendra Baser

Robotic surgery fixes girl's heart



Congratulations

Our Staff Reporter

In a first-of-its-kind case in India, doctors at Sri Aurobindo Hospital successfully repaired a 16-year-old girl's heart defect using robotic surgery.

The patient is now recovering well and is expected to be discharged soon, said Dr Mahak Bhandari, managing director of Sri Aurobindo Hospital. Usually, heart defects in children are treated by the age of three, but robotic surgery

was chosen to prevent any cosmetic issues in the future. Dr Mohit Bhandari of IRCAD India explained that this advanced robotic technology allows highly precise cardiac surgeries without cutting

bones or leaving scars. Dr Nishith Bhargava, along with Dr Ramkrishna Shukla and Dr Sami Anwar, performed the surgery, ensuring minimal complications. The technique also reduces infection risks and speeds up recovery.

In a first-of-its kind case in India, doctors at Sri Aurobindo Hospital successfully repaired a 16 year old girl heart defect using robotic surgery.



Congratulations





Happy to share that I have been a part of the First National consensus meeting on Management of Pediatric Autoimmune hepatitis at Institute Of Liver and Biliary Sciences(ILBS), New Delhi. Lots of brainstorming and discussion to develop the guidelines - **Dr.Sumit Singh**, Paediatric Gastroenterologist.

Congratulations







Dr. Rahul Ashok Maske, Surgical Oncology resident at Sri Aurobindo Institute of medical Sciences, Indore, was awarded 3rd prize for best paper presentation at IASONZCON (national level) held at AIIMS Rishikesh 21-22 Feb 2025. His mentors for the paper presentation were Dr. Mayank Pancholi (Professor and HOD, Surgical Oncology) and Dr. Vinod Dhakad (Professor, Surgical Oncology).

Congratulations



Dr Himanshu Tripathi SR nephrology presented Paper at 17 th Renal clinical conference, CMC vellore in February 2025 Topic :Accuracy of Troponin I at admission to predict the need of dialysis in septic patient admitted in ICU.

Congratulations





Congratulations **Hemant Chourasiya** for attending as a Delegate for the National Conference held at Bombay Hospital College of Nursing at 18th Feb. 2025 & also participated as delegate in Virtual National workshop on Palliative Care Organized by Sochni.

SAIMS TIMES -

SAIMS SAIMS

IMA Indore - February 2025 Month Activities









05.02.2025

CME: Topic - Update on Osteoporosis

International speaker Dr. Kaushik Chaudhary, an eminent rheumatologist in the UK, from Coventry County, was the main speaker.

IMA ,Indore, had also invited Dr VP Pandey,a renowned rheumatologist and the Dean of MGM Medical College, as the chief guest of the event. He also enlightened the importance of identification and management of osteoporosis in society and welcomed Dr Kaushik to Indore and this IMA meeting. He thanked IMA for his felicitation, too.

Dr Chaudhary highlighted the importance of osteoporosis, its high prevalence, how to diagnose, and how it could be managed beautifully. He emphasized that osteoporosis is the 4th main cause of morbidity and mortality. It can be identified by simple x ray, CT or Bone Density Scan (DEXA). Hip & vertebral fractures can be prevented by IV Zoledronic acid along with Denozmab as combination therapy. Inj Teriparetide is very useful as osteoblastic activity & anti-osteoclastic effect, and should be used for 2 years. In the end, he thanked IMA Indore for inviting him.

Chairperson of the CME were Dr D K Taneja, Dr Subodh Banzal, Dr Ashish Badika and Dr Sanjay Dubey.

Welcome speech was given by Dr Narendra Patidar, IMA president and vote of thanks by Dr Akshat Pandey, IMA Secretary. Vote of thanks was also given by Dr Prakash Joshi, MP Chapter, IRA Secretary. The Programe was coordinated by Dr Sourabh Malviya.

Venue - Raddison hotel. Indore

06.02.25

Clinic Registration Campaign by IMA Indore

Date: 6th February to 13th February 2025, Venue: Ima Indore bhavan mog line's.

-Portal charge: Rs. 3200 for 3 years

- Application form original charge: Rs. 1500 but IMA campaign discounted charge: Rs. 800

08.02.25

CME: Topic: From Vision to Reality: The future of Healthcare in a Transformed Driven World by Dr. Ramakanta Panda.

Half a decade journey of Chronic coronary syndrome* by Dr. VK Bahl
Recent update in management of Chronic coronary Syndrome by Dr.
Akhilesh K Jain

Venue: Hotel Marriott, Indore Organized by: Apollo Hospitals Indore

SAIMS TIMIES

SAIMS SAIMS

IMA Indore - February 2025 Month Activities











11.02.25

IMA CME and General Body Meeting Venue: Medicine Seminar Hall, MYH. Indore

Agenda for the Meeting:

- 1. Scientific Session: Advanced Therapeutic Endoscopy by Dr. HP Yadav(15 minutes)
- 2. Minutes of the Last Meeting:
- 3. Condolences:
- 4. IMA Bhawan Land and Smart City Issues:
- 5. IMA Membership drive.

12.02.25

An Executive Committee meeting has been called on Wednesday 12.02.25 at 9 pm on digital platform.

The Agenda for this meeting was "IMA Elections announcement"

14.03.2025

SPECIAL*IMA MEMBERSHIP DRIVE* VALID FROM 15.02.2025 TO 14/03/2025

New membership charges have been revised by NHQ IMA & now GST @18% also has to be collected.

For a Discounted Single life membership fee: Rs. 17500 & Discounted Couple life membership fee: 24000/- Rs (GSTINCLUDED)

23.02.25

"Central India Oncology Conclave 2025", scheduled for 23rd February 2025 at Amaltas Super Speciality Hospital, Dewas.

Chief guest Dr Narendra Patidar President Ima Indore.

Keynote addresses by renowned experts, including Dr. Suresh H. Adwani, Dr. Anil D'Cruz, and many other distinguished speakers from various part of India.

28.02.25

CME: Panel Discussion on Gastrointestinal Issues

- Heartburn, - Belching, - Gaseous Bloating, - Hiatus Hernia, - Atypical Chest Pain

Moderator: Dr. Ajay Jain, Senior Gastroenterologist, Shalby Hospital, Indore.

- Venue: Hotel Sayaji, Emerald Hall

Organized by: IMA Indore & Shalby Hospital



Sri Aurobindo University

Under the aegis of Sri Aurobindo Institute of Medical Sciences (SAIMS)



Sri Aurobindo Hospital



Sri Aurobindo Medical College & Postgraduate Institute



Sri Aurobindo College of Dentistry



Sri Aurobindo Institute of Allied Health & Paramedical Sciences



Sri Aurobindo Institute of Speech & Hearing



Sri Aurobindo Institute Of Law



Sri Aurobindo Institute of Medical Sciences College of Nursing



Sri Aurobindo Institute of Journalism & Mass Communication



· · · · · · Other Hospitals & Institutions of the Group · · · · · · · ·



Bhandari Hospital & Research Centre



Bhandari Hospital Pardeshipura



BHRC School of Nursing





Mohak Hitech Speciality Hospital



Bhandari Group of Hospitals & Institutions



Jain Diwakar Sri Aurobindo Hospital, Ratlam



Institute of Nuclear Medicine & Radiopharmaceuticals (INMR)

SAIMS TIMES

Editor-in-Chief, Publisher, Printer and owner Dr. Vinod Bhandari. Printed at Agniban 121 Devi Ahilya Marg, Indore, Publish By Saims Campus Indore Ujjain State Highway, Sanwer Road, Indore M.P. Ph.: 0731-4788900

Web: www.saimsonline.com Email: saimstimes@saimsonline.com