



SAIMS TIMES

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Sri Aurobindo University

Sri Aurobindo Medical College & P.G. Institute, Indore



3rd & 4th Dec 2022

New Horizons in Gynecology Scanning 2D Ultrasound Simulation Training Course

**Limited number of seats available
First come first serve.*

The mainstay of this program is supervised independent hands-on practice in transabdominal and transvaginal scans, on the Sono Sim Simulator. This is a comprehensive program incorporating theoretical content relevant to practical aspects of Ultrasound.

The various aspects of 2D Ultrasound starting from probe movements, image optimization knobology, expected sections and planes of the organs to be studied, measurements to be taken, display of morphology, the simulator offers it all just as one would scan a patient in real time.

Who Should Enroll

Doctors interested in acquiring or enhancing specific skills in ultrasound in gynecology.

Topics That Will Be Covered

- ④ Knobology, Methodology (TAS & TVS) & Normal Pelvic Anatomy
- ④ Uterine & Adnexal Pathology
- ④ IUCD (Intra-Uterine Contraceptive Device)
- ④ Writing a report of a pelvic scan

Key Highlights



Expert Trainer

Individual hands-on practice
-Supervised by an expert trainer



Advance Technology

Advance technology conveys a live scanning experience



One-On-One

It is a small group learning, and a one on one learning.



Pre-course Reading

Various guidelines and consensus articles pertaining to the course content will be shared as pre-course reading, and the same will be discussed alongside hands-on practice on the simulator



Expert Trainer

Dr. Supriya Seshadri

Consultant Sonologist,
Gynec US & Fetal Medicine
Bangalore

Course Organiser

Dr. Shweta Bhandari

Consultant, Maternal & Fetal Medicine
Director: Ultrasound Simulator Lab at SAU
Head and Director of the Fetal Medicine Unit
Aayushya at BHRC, Indore



Click here to register

**Limited number of seats available*

Registration Fee: 20,000₹

Fee Includes: 2 Day Simulation Training Course

-Certificate, Breakfast & Lunch (On both days 3rd & 4th Dec 2022)



Call Us For More Details

96440 61440

Family Adoption Program - "A great initiative by SAIMS"

An act of kindness and gratitude, first time and first of its kind work in Central India



On this pious and very auspicious festive days of Navratri poojan, we personally feel glad to inform you all that SAIMS Family has finally initiated the program of Family adoption for the remote villagers. As per the rule book of NMC "Family Adoption Programme", for 250 students of first year from Sri Aurobindo Medical College will provide free health services to more than 6000 villagers. We will be covering 1250 families. Under this, every student of the first year of medical colleges has to adopt five poor families in rural areas and take full care of the health related needs of all the members of those families till

the completion of MBBS course. All the initiative act of kindness needs a proper planning. Our Program Coordinator, from the Physiology Department HOD, Dr. Jayshree Tapadia who made it functional on both ground as well as on paper. Under the vision of Founder Chairman Dr. Vinod Bhandari we got this very delightfull oppurtunity to commemorate this. With the support of various college faculties from Medical, Dental and Nursing we were able to do this. Prof. Dr. Sonia Tiwari from Community Medicine Department made the outline and planning structure, while Asso. Prof. Dr. Mayank made this program to flow like water. Dr. Shantanu Sontakke gave his thrust to provide supporting hands while Miss Kavita Pal was supporting by sparing their faculties for the same. On ground level to clear doubts of every students and managing the soft tune and rhythm between the villagers, Dr. Sana and Dr. Dolly along with our MSW Mr. Sanjay and Mr. Mousin did the splendid work. We have enlisted 5 villages and suburb areas. Our starting point of journey is Dharampuri village. There, a large number of villagers were provided free "Arogya Cards" by Sri Aurobindo Hospital under the Family Welfare Adoption Mission 2022.



Sri Aurobindo Medical College is 1st to start Family Adoption Program in M.P

Family Adoption Program - “A great initiative by SAIMS”

An act of kindness and gratitude, first time and first of it's kind work in Central India



Family Visiting Folder were also distributed for every family to record all the important health related information at one place. Dr. Jayshree Tapadia also mentioned that toll free no. to the registered families will also be given. According to her this time, apart from Dharampuri, thousands of villagers of villages like Baroli, Palia, Solsinda, Sanjay Nagar and Gandhi Nagar will also get the benefit of the scheme. * Many medical facilities will be available free of cost * which includes CBC, Blood Group, RBS, Urine R-M, ECG, Chest X-ray, BP etc. will be done free of cost to the members of these adopted families living below poverty line. They are also provided general medical, other medical, dietician, dental and ophthalmological consultations free of cost. Apart from this, the hospitalized patients of these families will also be provided free beds in the general ward, pathology tests and general radio diagnosis tests. Even during normal operations, patients will have to bear only the cost of medicines. All the above services will be provided to Arogya card holders only in Sri Aurobindo Hospital.



White Coat Ceremony

White coat ceremony marks a personal transition in a student's life. From being a common person, students enter the field of medicine and they learn extraordinarily high levels of professionalism and empathy. It is also an opportunity to feel pride to be engaged in one of the toughest rites of passage i.e. MBBS and BDS curriculum.

At SAIMS, white coat ceremony was held on 19th October, 2022 under the guidance and benevolence of Founder Chairman, Dr. Vinod Bhandari and Chancellor, SAU Dr. Manjushree Bhandari.

Ceremony was organized and conducted by Department of Physiology under the guidance of HOD Dr. Jaishree Tapadia along with Department of Anatomy and Biochemistry. A total of 350 students from 1st year MBBS and BDS batch attended the ceremony.

To honor the occasion, *Padma Bhushan* Dr. Ramakanta Panda, was the honorable chief guest. All the dignitaries, motivated the students for next coming years, by sharing their experience and knowledge.

After keynote addresses by the chief guest and all the dignitaries, white coats were cloaked on the students' shoulders. This cloaking of the white coat showed that SAIMS shows confidence in their student and student's commitment to become a dedicated physician.

Finally, Dr. Manjushree Bhandari administered modified *Maharishi Charak Shapath* to all the 1st year students of MBBS and BDS and completed the ceremony. Later, all the guests grouped for dinner.



Sri Aurobindo Medical College is 1st to start
White Coat Ceremony in M.P

Inauguration Ceremony

Sri Aurobindo Institute of Law, Indore



श्री अरबिंदो इंस्टीट्यूट ऑफ लॉ के उद्घाटन के मौके पर सुप्रीम कोर्ट के जज (जस्टिस) जे.के. माहेश्वरी का आत्मीय संबोधन

रीडिंग, राइटिंग, डिस्कशन और थिंकिंग से निखरती है वकालत-

इंदौर। एक सफल वकील बनने के लिए आपको अपनी रीडिंग, राइटिंग, डिस्कशन और थिंकिंग स्किल बेहतर करनी पड़ेगी। ये गुरुमंत्र श्री अरबिंदो इंस्टीट्यूट ऑफ लॉ के उद्घाटन के मौके पर सुप्रीम कोर्ट जज (जस्टिस) जे.के. माहेश्वरी ने लॉ के नए स्टूडेंट्स को दिया। शनिवार शाम सी.पी. तिवारी ऑडिटोरियम में हुए गरिमामय आत्मीय कार्यक्रम में उन्होंने कहा कि कोविड के दौर ने हमें इस सच से रूबरू करा दिया है कि आधुनिक तकनीक हमारे लिये कितनी फायदेमंद है। इसलिए जहाँ तक हो सके खुद को अपडेट करते रहें और नित्य-निरंतर कुछ नया सीखते रहें। हाल ही में शुरू हुई सुप्रीम कोर्ट से लाइव प्रसारित होने वाली सुनवाई जरूर सुनें।

इस तरह टॉप पर पहुंच सकते हैं आप

बतौर मुख्य अतिथि अपने संबोधन में जस्टिस माहेश्वरी ने कहा कि दूसरे की आंखों के आंसू अपनी आंखों में महसूस करने वाला शख्स ही अच्छा वकील बन सकता है। वैसे उन्हें एकेडमिक रूप से बेहतर बनाने के लिए विधि संस्थानों को अपने कोर्स में एनसीएलटी का समावेश अवश्य करना चाहिये। पहले मैं भी चिकित्सीय क्षेत्र में आने के लिए प्रयासरत था

लेकिन जब मुझे कानूनी क्षेत्र में आना पड़ा तो मैंने इसमें टॉप पर आने की हरसंभव कोशिश की। इसलिए नये स्टूडेंट्स को मेरी सलाह है कि कमिटमेंट और डिटरमिनेशन से आप किसी भी फील्ड में टॉप पर पहुंच सकते हैं। बस, इसके लिए जरूरत, लगातार ईमानदार प्रयासों की है।

सबसे बड़ी चिंता लगातार बढ़ता पेंडिंग मामलों का बोझ

मेहनत, लगन और ईमानदारी का गुरुमंत्र सुप्रीम कोर्ट के रिटायर्ड जस्टिस दीपक वर्मा ने भी दिया। उन्होंने कहा कि कोविड महामारी के दौरान श्री अरबिंदो संस्थान ने इन्हीं तीनों गुणों के बूते हजारों मरीजों की ऐसी सेवा की, जो मिसाल बन गई। एक और मंत्र देते हुए जस्टिस वर्मा ने कहा कि वकील को अदालतों में अच्छी बहस तो करनी पड़ती है लेकिन अच्छा वकील वही होता है जिसे इस बात को भी पता हो कि उसे बहस के दौरान कब रुक जाना चाहिए। आज हमारी सबसे बड़ी चिंता लगातार बढ़ते जा रहे पेंडिंग मामलों का दबाव है। इससे निपटने के लिए नीति-नियंताओं को और गंभीर प्रयास करने होंगे।



किताबी ज्ञान के साथ कोर्ट क्राफ्ट भी सीखें

राजस्थान हाई कोर्ट के पूर्व मुख्य न्यायाधीश जस्टिस वीएस कोकजे ने हर जरूरतमंद को न्याय मिलने के तरीकों को विकसित करने पर जोर देते हुए कहा कि कानूनी शिक्षा का स्तर सुधारने के प्रयास पिछले करीब तीन दशकों से हो रहे हैं। लेकिन नये बच्चों को किताबी ज्ञान के साथ कोर्ट क्राफ्ट भी सीखना होगा। हाल ही में लाइव सुनवाई की जो व्यवस्था शुरू हुई है उसके भविष्य में बहुत अच्छे परिणाम देखने को मिलेंगे। नियमों की जानकारी वकीलों के साथ-साथ आम लोगों और खासतौर पर डॉक्टरों को भी होनी चाहिए। इस लिहाज से श्री अरबिंदो संस्थान द्वारा शुरू किये गये लॉ कॉलेज की पहल सराहनीय है।

हेल्थ लॉ सब्जेक्ट महत्वपूर्ण, कोर्स में शामिल करें

द इंडियन लॉ इंस्टीट्यूट, डीमड यूनिवर्सिटी, दिल्ली के निदेशक प्रो. मनोज कुमार सिन्हा के कहा कि हेल्थ लॉ सब्जेक्ट बहुत महत्वपूर्ण है। इसे कोर्स में शामिल किया जाना चाहिए। लॉ कॉलेज की शुरुआत कर श्री अरबिंदो संस्थान ने साबित कर दिया कि वो स्वास्थ्य और चिकित्सीय शिक्षा के साथ-साथ क्षेत्र के युवाओं को कानूनी रूप से भी सुदृढ़ बनाने के लिए कृत-संकल्पित है। अतिथियों का स्वागत करते हुए विश्वविद्यालय की कुलाधिपति डॉ. मंजूश्री भंडारी ने लॉ कॉलेज की आवश्यकता पर प्रकाश डाला तो प्रतिकुलाधिपति डॉ. महक भंडारी, ने संस्थान की शुरुआत से लेकर यूनिवर्सिटी के विजन और मिशन के बारे में विस्तार से जानकारी दी। इस अवसर पर फाउंडर चेयरमैन डॉ. विनोद भंडारी, प्रतिकुलाधिपति डॉ. मोहित भंडारी, कुलपति डॉ. ज्योति बिंदल, राज्यसभा सदस्य विवेक तन्खा, जस्टिस अमरनाथ केसरवानी, जस्टिस सुभाष काकड़े, जस्टिस जे.के. जैन, जस्टिस ए.के. गोयल, जस्टिस सुबोध जैन, श्री सुरेश भदोरिया, श्री मुन्नालाल यादव, डॉ. छपरवाल, श्री अनिल धूपर समेत अनेक गणमान्य अतिथि, विधि विशेषज्ञ, डॉक्टर, फैकल्टीज और स्टूडेंट्स उपस्थित थे। आभार इंस्टीट्यूट ऑफ लॉ के निदेशक राजीव जैन ने माना। संचालन श्री कैलाश व्यास ने किया।



Congratulations !! **Department of Neurology**



Pleased to share that, in MP CG Neurocon 14-16 October Bhopal, Neurology department SAIMS participated with 03 posters and 01 platform presentation, our DM Neurology Final Year resident Dr Nishant Agrawal got * First Prize* in research study platform presentation .In Poster Presentation category our first year DM Neurology resident Dr Partisha got *First runner up* prize. Many Congratulations to both , they performed very well

Department of Ophthalmology



Dr Sonam Verma, Assistant professor, Dept of Ophthalmology at Annual Conference of Madhya Pradesh State Ophthalmological Society held in Sagar (14-16 Oct, 2022) won:

1. Teacher's award
2. Second position in Best of best papers of the conference
3. Second position in Sri Sadguru Award for best video presentation

Department of Anaesthesia

With immense pleasure we would like to inform you that in the recent 36th MPISACON 2022 confrence Department of anesthesia, SAIMS, won following prizes-

1. Dr. Surabhi Dixit 2 nd prize for T.N JHA paper presentation
2. Dr. Surbhi Kothari 1st prize in paper presentation
3. Dr. Vanshika Garg 1st prize in poster presentation

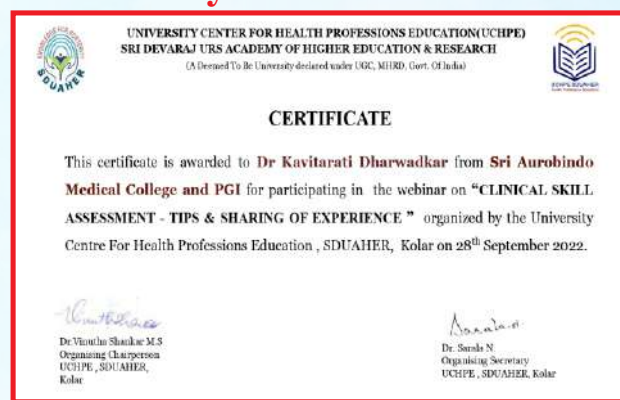
Congratulations...



We are the Only 1400 bedded hospital who is having NABH Full Accreditation.



Department of Biochemistry



Department of Pediatric Surgery



Dr Advait Prakash professor pediatric surgery represented our institution and country in the prestigious WORLD CONGRESS OF PEDIATRIC SURGERY at Prague (Czech Republic) from 12-15th October. The conference is organised once every 4 years and showcases pathbreaking research in various fields of paediatric surgery across the globe. Dr Prakash presented two papers related to thoracic surgery and spina bifida .



Department of Orthopedics



Dr. Kartikeya Singh, won PG Paper Competition “on Assessment of Functional outcome of Schatzker type 5 and 6 proximal tibia fractures treated by open reduction and internal fixation” in 40th MP IOACON 2022.



Department of Palliative Medicine

Dr. Pankaj Singhai Invited as speaker to deliver talk on Palliative Care in organ failure on 15th Annual International conference of NATCO 2022 at Nagpur on 16 Oct 2022.

Department of Psychiatry

We, the Department of Psychiatry, SAMC & PGI, Indore were fortunate to host a wonderful and enriching lecture on “NORMALCY, BOUNDARIES & STIGMA” by Dr. Jitendra Nayar, Consultant Psychiatrist, NHS, East London Foundation Trust, Bedfordshire, UK.

The session was chaired by, Dr. V.S.Pal sir, Professor and Head, Department of Psychiatry, MGM Medical college and Hospital, Indore and Dr. Abhay Jain, Professor and Head, Department of Psychiatry, R. D. Gardi Medical College and Hospital, Ujjain. The Lecture was graced by presence of respected dean sir, Dr. R.R. Wavre. The opening remarks for the lecture were given by Dr. Pawan Rathi, Professor and Head, Department of



Psychiatry SAMC & PGI, Indore and the closing remarks along with Vote of Thanks was by Dr. Srikanth Reddy, Professor, Department of Psychiatry, at SAIMS. This lecture was attended by consultants and residents from MGMMC, Indore, R.D.Gardi Medical College and Hospital, Ujjain, Index Medical College and Amaltas Medical college



along with various departments at SAMC & PGI, Indore and Consultant psychiatrists at Indore. We hope to Continue hosting and being part of such sessions in future.

Department of Microbiology “SPREAD PREVENTION, NOT INFECTION”



'Prevention is better than cure' - as a Microbiologists we believe it from the core of our heart. Believe is something which turns into a wonderful happening and can break any kind of chains. So we **The Department of Microbiology of SAMC & PGI celebrated Infection Prevention Week (17th-22nd October 2022) to break the chain of infection.**

Infection prevention week aims to promote better infection prevention and control practices in health care. It also recognizes the efforts of all healthcare workers to reduce risk of infection in health services. The week was full of different kinds of events & activities for Healthcare workers & students (MBBS, Nursing). Awareness to all the staffs was given about infection control prevention practices & protocols like IV cannulisation, urinary catheterization and central line insertion.

Hands on training on dummies for IV cannulization for MBBS & Nursing students were conducted. Scientific session by guest speaker Dr Shripal Kuvadia on catheter related blood stream prevention was conducted for consultants and post graduate students. Various Competitions like Poster presentation, rangoli, skit play, Quiz, dumb charade were there for students. Main attraction was Snake & ladder game merged with infection prevention theme. A Nukkad Natak was performed by 2nd year MBBS students about awareness of Hand hygiene.

Overall the week was a **celebration of awareness on saving life over infections in Hospital.** At the end of the week prizes & certificates were distributed to the participants for incitement. With the blessings of our founder chairman sir shri Vinod Bhandari, Our Vice Chancellor of SAU Dr Manjushree Bhandari, Dean SAMC& PGI, HOD of all departments and faculties presence students efforts and active participation of each & everyone made this week successful & memorable.



Department of Community Medicine

In this modern world, investments in girls' rights remain limited and girls continue to confront a myriad of challenges to fulfilling their potential; made worse by concurrent crises of climate change, COVID-19 and humanitarian conflict. Girls around the world continue to face unprecedented challenges to their education, their physical and mental wellness, and the protections needed for a life without violence.

With adversity, however, comes resourcefulness, creativity, tenacity, and resilience. Hence keeping this in view, the Department of Community Medicine under the Patronage of our Founder Chairman, Dr. Vinod Bhandari and Chancellor Dr. Manujshri Bhandari celebrated **“International Day of the Girl child”** on 21st October 2022 with the theme “Our time is now—our rights, our future” at Modern International School, Alwasa, Sanwer road, Indore. This activity was done under guidance and encouragement of Dr. R.R. Wavare, Dean SAMC & PGI, Dr A. R. Deshpande, HOD Community Medicine and support from the entire Department of Community Medicine.

Three health talks sessions were conducted keeping in view of the adolescent population of 150 in school from Class 6th to class 12th. Dr. Ajit Deshpande gave brief orientation on importance of health awareness and adolescent care in current scenario. Dr. Apurv Thakur threw light on substance abuse in young generation and aspects of prevention. Dr. Chetana Deshmukh on the occasion of this day empowered all girls and females of the school with the knowledge of menstrual hygiene and its importance for female health.

The adolescent generation has shown time and time again that given the skills and the opportunities, they can be the changemakers for driving progress in their communities, building back stronger for all, including women, girls, boys and men. It is time for us to stand accountable to all and to invest in a future that believes in their ability, leadership and potential.



Dr. Ajit Deshpande

Prof. & H.O.D - Department of Community Medicine
SAMC & PGI

Activity Report On World Mental Health Day

The theme for World Mental Health Day 2022 was -

“Making Mental Health and Well-Being for All a Global Priority”.

The BGHI & IIMS College of Nursing, Indore has observed World mental Health Day under the guidance of Dr. Reshmi Siby, Principal BGHI College of Nursing.

A series of events were held in community and college. GNM 2nd year students (2021-2024 batch) performed a Street Show in Jetpura Village on identifying the mental illness and delivered a talk on Mental Health and Illness. The street show was played with an aim to improve awareness among people on various mental health issues and to support people in dealing with such issues.

A Slogan competition was also held at college on the same day. The theme for slogan competition was “Mental health care for all: let’s make it a reality”. Students from BGHI & IIMS College of Nursing participated in the competition and exhibited their talents. The street show was recreated in College of Nursing. Mr. Arvind Patel, Assistant Professor addressed the students on the theme for the day. Prof. Mrs. Aruna Lele Principal, IIMS College of Nursing greeted the judges for slogan competition.

The program was co ordinated by Mrs. Aasnita Masih, Assistant Professor, Mrs. Neha Sharma, Ms. Shivani Laxman & Ms. Mercy Johnson.



Dr. Reshmi Siby
Principal,
BGHI College of Nursing

Department of Anesthesia CME – “Evolving Concepts of Pain” World Hospice & Palliative Care Day: 8th Oct 2022



The Department of Palliative Medicine & Department of Anaesthesiology organised a CME on “Evolving Concepts of Pain” on 7th Oct 2022, at Lotus Hall. The event was graced and inaugurated by Founder Chairman SAIMS Dr. Vinod Bhandari. He also highlighted the need of Pain and Palliative Care services in the society. SAMC & PGI is the only institute in central India to have a separate Department of Palliative Medicine. The Chief guest and keynote speaker for the CME was Dr. Roopesh Jain, Prof., Anaesthesiology, LN medical College,

Bhopal. He enlightened the audience on the need of Interventional therapies in pain management. The chairpersons for the CME were – Dr. Shrikant Rege, Dr. Virendra Bhandari, Dr. Pradeep Chaudhary, Dr. Manoj Kela, Dr. Vinod Dhakad, Dr. Rajesh Patidar and Dr. Anshul Taran. In the CME Dr. Pankaj Singhavi and Dr. Swapnil Kumar Barasker delivered talks on ‘Choosing opioids wisely’ and ‘Non opioids analgesics’, respectively. The CME was attended by faculties, post-graduates and Interns. The proceedings were handled by Dr. Ritu Verma and vote of thanks was delivered by Dr. Sarita Gohiya. The CME would not have been successful without support of Dr. Rajesh Kumar Jha and Dr. Dipti Saxena. At SAMC & PGI, we work with the vision of holistic care of patient using interdisciplinary approach.

Department of Pediatrics - Neonatal Resuscitation Program

Basic NRP(Neonatal Resuscitation Program)was organised by Department of Pediatrics and Adolescent medicine at SAMC and PGI,Indore .This training was conducted for nursing staff of Pediatrics, OBG and our postgraduate students.It was successfully organised by Dr K K Arora and Dr Amit Patidar.



Department of Community Medicine



International Days are occasions to educate the public on issues of concern, to mobilize political will and resources to address global problems, and to celebrate and reinforce achievements of humanity. The COVID-19 pandemic has exacerbated existing inequalities, with the past three years intensifying the socioeconomic, environmental, health and climate related impacts on the lives of older persons globally.

With this vision, the Department of Community Medicine of Sri Aurobindo Medical College and PG Institute, under the Patronage of our Founder Chairman, Dr. Vinod Bhandari and Chancellor of Sri Aurobindo University, Dr. Manujshri Bhandari celebrated **“International Day of Older Persons”** on 3rd October 2022 with the theme “Resilience of Older Persons in a Changing World” at an elderly home “Asha Vruddhasharm – Sewa Ashram”, ITI Square, Sukhaliya, Indore. This activity was done under guidance and encouragement of Dr. R.R. Wavare, Dean SAMC & PGI, Dr A. R. Deshpande, HOD Community Medicine, Dr. Madhuri Inamdar, Professor, Dept of Community Medicine and support from the entire Department of Community Medicine.

The health camp was conducted for all the enrolled 62 elderly members of the vruddhashram and given high quality care and medications. Elderly members with serious ailments were then referred to SAIMS Hospital for further management. In depth counselling sessions were also taken for regular physical exercise, mental health, nutrition and diet along with importance of yoga & meditation. The concept of Healthy Aging was also introduced to all the elderly members.

This health camp was a success because of sincere efforts of Senior Residents (Dr. Dolly Mantri & Dr. Sana Afrin) and faculty (Dr. Apurv Thakur and Dr. Chetana Deshmukh) from the Department of Community Medicine with exemplary efforts by the MSWs of the Department of Community Medicine (Mr. Sanjay Patel and Mr. Mohsin Khan).

Dr. Ajit Deshpande

Prof. & H.O.D - Department of Community Medicine
SAMC & PGI

Department of Psychiatry World Mental Health Day



The Department of Psychiatry, SAMC & PGI successfully organized a program on World Mental Health Day on 10th October 2022. There were multiple events conducted such as exhibition, poster making competition, nukkad natak, a talk on myths and facts about psychiatry and a lecture on understanding psychiatry through the lens of Bollywood. This year's theme was 'Make Mental Health and Well-Being A Priority For All'. The event was inaugurated by our esteemed guest, Chancellor of the university Dr. (Mrs) Manjushree Bhandari.



The event was made successful by our respected judges, Dr. Amit Verma, prof and HOD, department of Pathology, Dr. Rashmi Siby, Principal, college of Nursing and Dr. Subhash Garg, Head, SAIMS allied health and paramedical sciences who judged the poster making competition which was participated by our enthusiastic students from nursing and allied health and paramedical sciences.

The event was followed by a nukkad natak, written and directed by Dr. Anamika Jain, JR3 dept of Psychiatry along with residents of our department and students from occupational and physiotherapy, highlighting the plight and circumstances of those suffering from mental diseases. The event was a huge success as it was witnessed and appreciated by nearly 150-170 patients and attendants present in the OPD.

The talk on myths and facts about psychiatry, by Dr. Rahul Gour, JR3 dept of psychiatry, addressed the general public and solved their queries.

The event was concluded by a session on Bollywood and psychiatry, an interesting and enlightening event held by Dr. Pawan Rathi. The event was made a huge success, by the presence of Founder Chairman Dr. Vinod Bhandari, DR. R. R. Wavare, Dean SAMC & PGI, Dr. Kanteshwari I.K, Dean, Sri Aurobindo college of Dentistry, Dr. Purna Pandey, Principal, college of Nursing and Dr. Shekhar Modak, Director SAIMS allied health and paramedical sciences.

Following this the winners of poster making competition were felicitated.

The event was compered by Dr. Ayushi Soni, JR3 dept of Psychiatry.



Project Nivaran “Breast Cancer Awareness Month”

Under our project Nivaran, in October as Breast Cancer Awareness month, Dept. of Radiodiagnosis and team Nivaran organized a 2 days work shop and CME in our institution on 14 and 15 Oct 2022, under the guidance of our Founder Chairman Dr Vinod Bhandari. We had Dr. Parul Garg as guest faculty, she is additional director department of Radiodiagnosis, Jaypee Hospital, Noida with experience of more than 20 years. She has taken hands-on training on 14th and gave lecture on breast awareness and imaging on 15th Oct. She explained the importance of all the radiological imaging modalities for early detection of breast cancer. She explained that all the females of age 40 years should undergo regular mammography screening. But women with family history of breast cancer should undergo mammography as early as 30 years of age.

She explained that even a very small breast lump can be detected very early and could be treated soon if you will go regular mammography screening.

Event was Coordinated by Dr Rajkumari Rawat, under guidance of Dr Vinod Bhandari and Dr. Manish Bhagat, HOD, Radiodiagnosis.

Under Nivaran project we launched a breast imaging camp at collector office. All the students who worked in the camp were also felicitated by certificates of appreciation during this event.



SAIMS COLLEGE OF NURSING, INDORE REPORTS ON NUTRITION PRACTICAL PROGRAM

SAIMS College of Nursing Organized B.Sc. Nursing 2nd Semester Nutritional Practical Program on 30 Sep. and 1 Oct 2022. in Nutrition Lab. Mrs. Pooja Chouhan, M. Sc Tutor was the in charge to organize the event. Prof. Dr. Perna Pandey Principal SAIMS College of nursing inaugurated the Program. Each group was guided by B.Sc. tutors Ms. Surbhi Sharma, Ms. Madhu Chouhan, Ms. Swinkey Pawar, Ms. Sonali Khade and Ms. Simran Sisodiya from different Nursing Departments. All students were subdivided into 20 groups and 10 groups participated each day. During this nutrition program students prepared different diet plans for special conditions of the patients like high protein diet, high fiber diet, anemic diet etc. All students participated with enthusiasm and prepared exchange diet chart, topic chart and menu plan. All teachers went for the evaluation and also to encourage students for their effective work.

Mrs. Pooja Chouhan
M. Sc Tutor
SAIMS College of Nursing



IMA Indore Activities Sep-October 2022

- 16-19 September 2022** - Sanyukta Bhartiya Khel Foundation, SBKF 7th National Games 2022 at Indore. IMA Indore was one of the associated supporting organizations.
- 17-18 September 2022** - Health Check up camps at Nagar Nigam zone 1-5, by IMA Indore in association with Dr Vinita Kothari's Central Lab.
- 19-20 September 2022** - Health Check up camps at Nagar Nigam zone 6-10, by IMA Indore in association with Dr Vinita Kothari's Central Lab.
- 21-22 September 2022** - Health Check up camps at Nagar Nigam zone 11-15, by IMA Indore in association with Dr Vinita Kothari's Central Lab.
- 23-24 September 2022** - Health Check up camps at Nagar Nigam zone 16-19, by IMA Indore in association with Dr Vinita Kothari's Central Lab.
- 4th October 2022** - IMA Indore Directory launch at Super specialty Hospital, Indore.





Sri Aurobindo University



**Sri Aurobindo Medical College
& Postgraduate Institute**



**Sri Aurobindo College
of Dentistry**



**Sri Aurobindo Institute of Allied
Health & Paramedical Sciences**



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**Bhandari Hospital &
Research Centre**



**Bhandari Hospital
Pardeshipura**



**Indore Institute
of Medical Sciences**



**SAIMS College
of Nursing, Indore**



**BHRC School
of Nursing**



**Sri Aurobindo
Institute Of Law**



**Mohak Hitech
Speciality Hospital**



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