



# SAIMS TIMES

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## ***Second-Generation State-of-the-Art Da Vinci Robotic System***

*We are elated to announce the latest addition to our esteemed institution, Mohak Bariatric and Robotics. We have now incorporated the second-generation state-of-the-art Da Vinci robotic system into our already advanced surgical suite, complementing the previous generation robotic system by Intuitive.*

*Having embarked on our robotic bariatric program in 2012, we proudly stood as pioneers in Asia, blazing a trail for others to follow. It was with utmost pride that our exceptional team accomplished the first-ever robotic single Anastomoses duodenal bypass on a super obese patient in Asia.*

*With the acquisition of this latest generation robotic equipment, we are poised to extend our robotic services to all other specialties like colorectal, hernia, advanced gynecology, urology and transplant surgeries.*

*We are establishing multiple robotic centers of excellence in various specialities and one of the most advanced robotic oncosurgical and robotic transplant programs one of the first in the state.*

*We look forward to your continue support and blessings.*

*Dr. Vinod Bhandari & Dr. Manjushree Bhandari*

*Dr. Mohit Bhandari & Dr. Mahak Bhandari*





## **Congratulations- Dr. Mohit Bhandari and Dr. Mahak Bhandari**

*We are proud to announce that our team at Mohak Bariatrics and Robotics has created a world record of performing 25 bariatric metabolic surgeries using the Da Vinci surgical platform.*

*This historic event of successful surgical operation was done with efforts of our team which operates like a well-oiled engine, with every move being meaningful and purposeful, much like a beautifully orchestrated robotic surgical dance.*



### **● चिकित्सा मैराथन 10 घंटे में 25 रोबोटिक बैरियाट्रिक सर्जरी का कीर्तिमान**

पत्रिका @ इंदौर शहर के चिकित्सा जगत के इतिहास में एक नया आयाम जुड़ गया। जब श्री अरविंदो इंस्टीट्यूट ऑफ मेडिकल साइंस की सुपर स्पेशियलिटी यूनिट मोहक हाइटेक हॉस्पिटल में एक के बाद एक लगातार 25 रोबोटिक



सर्जरी करने का कीर्तिमान रचा गया। यह उपलब्धि महज 10 घंटे में ही हासिल कर ली गई। सुबह 5 बजे शुरू हुआ यह सिलसिला दोपहर 3 बजे तक चला। फाउंडर चेयरमैन डॉ. विनोद भंडारी ने बताया, सर्जन डॉ. मोहित भंडारी व डॉ. महक भंडारी का साथ चिकित्सकों ने बखूबी निभाया। रोबोटिक मैराथन में 7 घंटे में जनरल एवं गायकनोलॉजी की 15 रोबोटिक सर्जरी की गई।

### **Mohak Hospital creates record of 25 robotic bariatric surgeries in 10 hours**

OUR STAFF REPORTER  
Indore

A new dimension was added to the history of the medical world of Indore city on Saturday evening, when a unique record of performing 25 robotic surgeries one after the other was created at Mohak Hitech Hospital, a super-speciality unit of Sri Aurobindo Institute of Medical Science.

The record breaking time of 10 hours was achieved by a series of robotic surgeries started 5 am continued till 3 pm.

Founder chairman Dr Vinod Bhandari said that such a robotic surgery had been organised for the first time in the history of bariatric surgery. In which eminent robotic surgeons Dr Mohit Bhandari and Dr Mehak Bhandari were supported by well-known doctors of the country and the world. This team of experts included well-known names like Dr Meno Galvo Neto



from Brazil, Dr Harris Khawaja from England, Andre Teixeira from America and Dr Manoj Reddy from India. During this, these doctors have successfully performed surgeries like Sleeve Gastrectomy, Gastric Bypass, Banded Gastric Bypass and Mini Gastric Bypass on patients.

Dr Mehak Bhandari, the director of the institution, performed general surgery of various types of diseases like hernia, gall bladder stones, and appendix surgery and diagnosed

diseases by robotic method. Dr Shilpa Bhandari treated diseases related to gynecological diseases like uterine cancer, uterine fibroid uterus which was about 15 cm and uterine prolapse etc. Usually all these surgeries are done by binocular method but the results of robotic surgery are much better than binoculars.

During all the surgeries, the team of doctors used two robots 'Da Vinci SI' and 'Da Vinci XI' made in the US of the Da Vinci surgical platform.



## *International Yoga Day Celebration at SAU*

*On the 21st of June 2023, the spirit of tranquility and harmony filled the air at SAU as students came together to celebrate International Yoga Day. Under the expert guidance of Dr. Jaishree Tapadia, the esteemed Dean of Student Welfare, this event became a remarkable success, with an impressive turnout of over 300 enthusiastic participants.*

*The event was graced by the presence of distinguished personalities including Dean SAMC & PGI, Dr. R. R. Wavare, and Principal of Dental College, Dr. IK Kanteshwari. Their attendance added an extra layer of significance to the celebration, highlighting the university's commitment to promoting holistic wellness and fostering a sense of community.*

*In addition to the esteemed guests, heads of various departments also joined in the celebration, demonstrating their support and encouragement for this health-oriented initiative. Their presence exemplified the collaborative spirit within SAU and showcased the university's dedication to nurturing the physical and mental well-being of its students.*

*The event kicked off with a warm welcome from respected Founder Chairman Dr. Vinod Bhandari, who emphasized the significance of yoga in promoting physical, mental, and spiritual well-being. His inspiring words set the tone for a memorable and enlightening experience.*

*The atmosphere was transformed into a serene sanctuary as students of all backgrounds and abilities embraced various yoga postures, focusing on deep breathing and mindful movement. The gentle guidance of our yoga instructor Mr Vinod Bamboliya and the collective energy of the participants created a harmonious flow, bringing a sense of unity and inner peace.*

*As the participants immersed themselves in each pose, a beautiful symphony of tranquility and determination echoed through the air. The serene smiles and relaxed expressions on their faces were a testament to the transformative power of yoga.*

*The event concluded for everyone with gratitude in their hearts. The International Yoga Day celebration had not only brought the SAU community together but also ignited a desire to continue practicing and exploring the wonders of yoga.*

*The impact of this event will undoubtedly be felt long after the mats have been rolled up. It has fostered a sense of unity, well-being, and self-discovery among the students of SAU, empowering them to lead healthier and more balanced lives.*

*Let us carry the spirit of International Yoga Day within us as we continue to cultivate harmony, strength, and mindfulness throughout our journey.*









## *Drugs Awareness Program at Sri Aurobindo University*

*On 24th June 2023 the NCB Indore team conducted a highly informative drugs awareness program at Sri Aurobindo University. This event was organized under the guidance of the esteemed Dean of Student Welfare, Dr. Jaishree Tapadia, and we were honored to have the presence of Dean SAIMS as well.*

*The program was designed to educate students about the dangers and consequences of drug abuse. It emphasized the importance of making informed choices and leading a healthy, drug-free lifestyle. The NCB Indore team shared valuable insights, statistics, and practical tips to raise awareness and promote responsible decision-making among the youth.*

*Kudos to the speakers, and everyone involved in making this event a success! Let's spread the word and encourage others to make wise choices for a brighter future. Say no to drugs! Say Yes to Life.*





## भव्य उद्घाटन समारोह

**श्री दादा दरबार हॉस्पिटल, बड़वाह का संचालन करेगा इंदौर का श्री अरविंदो अस्पताल**

श्री दादा दरबार हॉस्पिटल का संचालन इंदौर के श्री अरविंदो अस्पताल द्वारा संभालने का सबसे बड़ा फायदा, बड़वाह और आसपास के क्षेत्रों के उन क्रिटिकल मरीजों को मिलेगा, जो इंदौर ले जाते समय, कई बार रास्ते में ही दम तोड़ देते थे। अब उन्हें अत्याधुनिक चिकित्सा सुविधाएं बड़वाह में ही मिलेंगी, जिससे उनकी जान बचने की संभावना बढ़ जाएगी।

**श्री ज्ञानेश्वर पाटिल** खंडवा के सांसद ने यह बात दादा दरबार हाल में आयोजित भव्य उद्घाटन समारोह में दी। उन्होंने कहा प्रधानमंत्री के स्वस्थ भारत का सपना पूरा करने में श्री अरविंदो अस्पताल उल्लेखनीय योगदान दे रहा है।

**श्री गजेंद्र पटेल** खरगोन के सांसद ने कहा की सिकल सेल बीमारी कोरोना से भी खतरनाक है। आदिवासी क्षेत्र का होने के नाते मैं स्वयं इसकी गंभीरता से परिचित हूँ। इस बीमारी को मात देने के लिए श्री अरविंदो अस्पताल द्वारा किए जा रहे प्रयास सराहनीय हैं। कोरोना काल के दौरान श्री अरविंदो अस्पताल ने जिस तत्परता से बड़वाह एवं आसपास के क्षेत्रों के मरीजों की जानें बचाई, उसके लिए मैं अस्पताल प्रबंधन के प्रति कृतज्ञ हूँ।

**डॉ. विनोद भंडारी** संस्थापक (सेम्स, इन्दौर) ने कहा कि अत्याधुनिक टेक्नोलाजी और अपने बेहद काबिल डाक्टरों की टीम के बलबूते पर हम क्षेत्र के गरीब से गरीब मरीज को भी बेहतरीन स्वास्थ्य उपलब्ध कराएंगे और पैसों की कमी की वजह से किसी का भी इलाज नहीं रुकने देंगे। 48 से 72 दिन के बच्चों की 'न्यू बॉर्न स्क्रीनिंग' कर उनमें होने वाली अनुवांशिक बीमारियों की जांच कर हम उन्हें स्वस्थ जीवन का उपहार देंगे और इस दौरान सिकल सेल जैसी जानलेवा बीमारी पर खासतौर पर फोकस करेंगे।

**श्री सचिन बिरला**, क्षेत्रीय विधायक ने कहा कि दादाजी के मानव सेवा संकल्प का सपना श्री अरविंदो अस्पताल के माध्यम से अब सही मायनों में पूरा होने जा रहा है। लगभग डेढ़ साल में इंदौर से बड़वाह फोरलेन का काम पूरा हो जाएगा और उसके बाद इंदौर से बड़वाह की आवाजाही महज 35 मिनट में होने लगेगी।

**डॉ. महक भंडारी**, सेम्स के महासचिव ने श्री अरविंदो अस्पताल के इतिहास और अब तक किए गए लाखों मरीजों के सफल इलाज के बारे में विस्तार से जानकारी दी। कमलेश बोरानिया ने दादाजी दरबार (छोटे सरकार) का संदेश उपस्थित जनसमूह तक पहुंचाया। कार्यक्रम का संचालन आशुतोष श्रीवास्तव ने किया। इस अवसर पर नगर पालिका अध्यक्ष राजेश गुप्ता, महिम ठाकुर, विनोद दीक्षित, देवेंद्र सिंह, डॉ. अनिल दशोरे, और डॉ. चौहान समेत बड़ी संख्या में गणमान्य अतिथि एवं सामान्य जन उपस्थित थे।



## Live Telecast of The Launch of Mukhyamantri Sikho-Kamao Yojana at SAU

Chief Minister of Madhya Pradesh Shri Shivraj Singh Chouhan inaugurated the registration portal of Mukhyamantri Sikho-Kamao Yojana on July 4, 2023, under which the students of Sri Aurobindo Medical College & P.G. Institute, Indore, participated in the live telecast of the launch of this program as well as Also took complete information about the registration process. Apart from this, Dr. R.R. Wavare, Dean of SAIMS College along with all the HODs, and Faculty Members marked their presence.

Chief Minister has implemented Mukhyamantri Sikho-Kamao Yojana for the skill development of the youth as well as for the facility of on-the-job training on the lines of learn and earn. More than 10 thousand establishments have registered under the scheme, and about 34 thousand 690 vacancies have been created.



## Congratulations Dr. Pooja Reddy

The South Asian College of Clinical Pharmacology (SAC-ACCP) & VNS, Group of Institution acknowledges Dr. Pooja Reddy (HOD, Dept. of Pharmacology), with Excellence Award for her significant contribution in the field of Clinical Pharmacology.

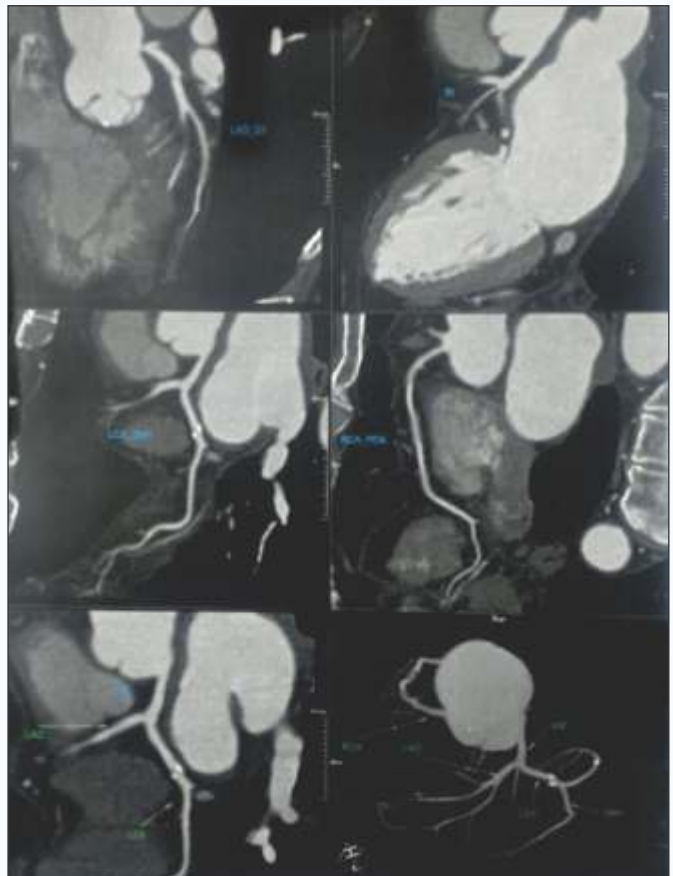
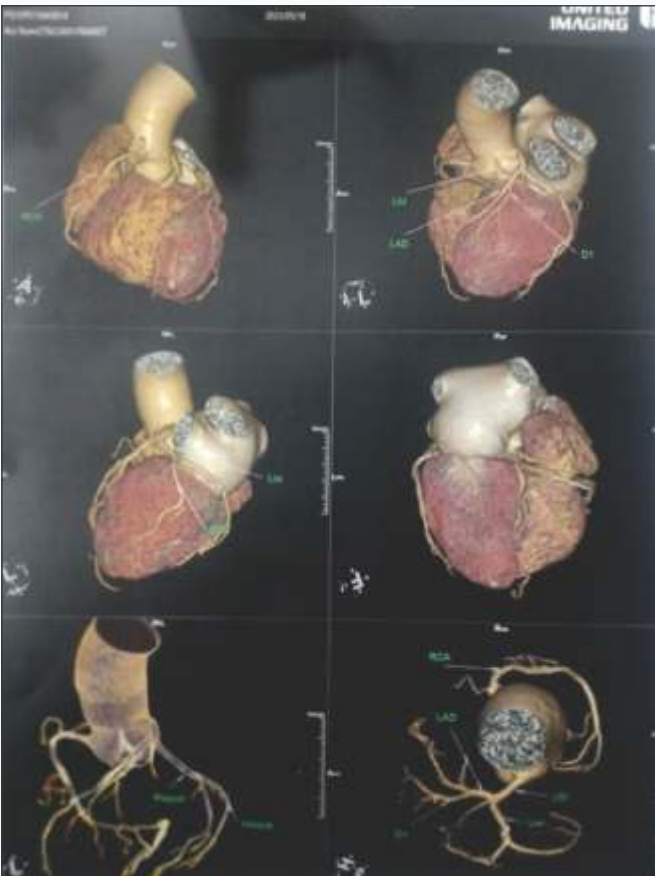
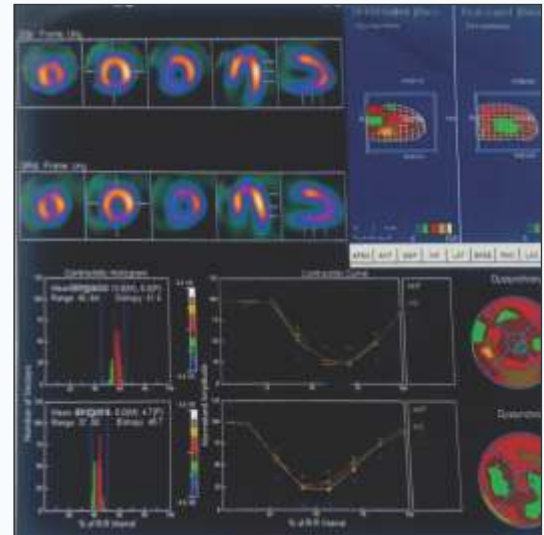




## *Department of Nuclear Medicine & PET-CT*

*An important milestone - started routinely in Dept. of Molecular Imaging Calcium Score, CT Coronary Angiography and Stress MPI having an introductory offer package of Rs. 19,000 under one roof by subjecting the patient to go through these 3 procedures using our state of the art E Vists 160 slice digital dynamic PET-CT from United Imaging. Here it is 1st time in SAIMS (Aurobindo Institute of Medical Sciences), INDORE, M.P. in whole of Western India including Mumbai.*

*Prof. Dr. G.N. Mahapatra  
Director, Dept of Nuclear Medicine & PET-CT  
Chief of Cardiac Imaging, SAIMS, Indore (M.P.)*





## Advanced Cadaveric Shoulder Arthroplasty Course

Department of Orthopaedics SAIMS organised Advanced Cadaveric Shoulder Arthroplasty Course on 1st May 23 in SAU Auditorium.

The course was inaugurated by Founder Chairmen Dr. Vinod Bhandari. The Course was attended by more than 28 delegates from all across India. The eminent faculties were Dr. Ashish Babulkar from Pune and Dr. Didier Oudet from France.

Delegates were able to do Total shoulder Arthroplasty and Reverse Shoulder Arthroplasty on cadavers.

This event was organised under IOA, Central Zone IOA and MP chapter of IOA.



## Department of Pathology

Department of Pathology SAMC & PGI, is glad to share that with the blessings and whole hearted support of our Founder Chairman Dr. Vinod Bhandari, organized first CME cum Hands on workshop on **flowcytometry** on 7th May 2023. The workshop was inaugurated by Founder Chairman Dr. Vinod Bhandari. 85 delegates participated in the event and highly appreciated the event and our clinical lab setup.





## World NO Tobacco Day Activities

On the occasion of World No Tobacco Day, **Department of Public Health Dentistry** conducted multiple events including a Symposium on Tobacco Control, a Skit and Oral Health Education and Screening Camp. The "Symposium on Tobacco Control" was addressed by Dr. Dilip Kumar Acharya who talked in detail about the Health hazards of Tobacco & quitting methods. Dr. Virendra Bhandari covered the Tobacco epidemiology & Dr. N. Sandesh informed about the Tobacco Control facilities in the institute. Principal Dr. I.K. Kanteshwari graced the occasion.

The skit was performed by interns posted in the department to spread the awareness about harmful effects of tobacco use at Palasia Square, Indore followed by oral health education and screening camp conducted at GRP Lines, Indore for its staff members and families.

The award winners for the various competitions were :-

1. **Slogan Competition** : 1st price - Dr. Vidyanshi, 2nd Prize - Priya, 3rd Prize - Saloni Sharma
2. **Poster Competition** : 1st Prize - Himanshi, 2nd Prize - Ishita, 3rd Prize - Abhiman
3. **Reels/Short Videos** : 1st Prize - Somya, Vanshika, Vandana, 2nd Prize - Dr. Sunaina Verma, 3rd Prize - Anubhav.





## *Skill Lab Training*

*An exciting and comprehensive skill lab training {On wheel Training Bus} was organized on 22.5.23 to 24.05.23 at SAIMS in Indore, inaugurated by Dr. Vinod Bhandari, the Founder Chairman of SAIMS, and Dr. Mahak Bhandari, the Pro Chancellor of Sri Aurobindo University, was aimed at postgraduates from the Department of Surgery, Orthopaedics, and Obstetrics and Gynecology. The participants received supervision from faculty and trainers throughout the training.*

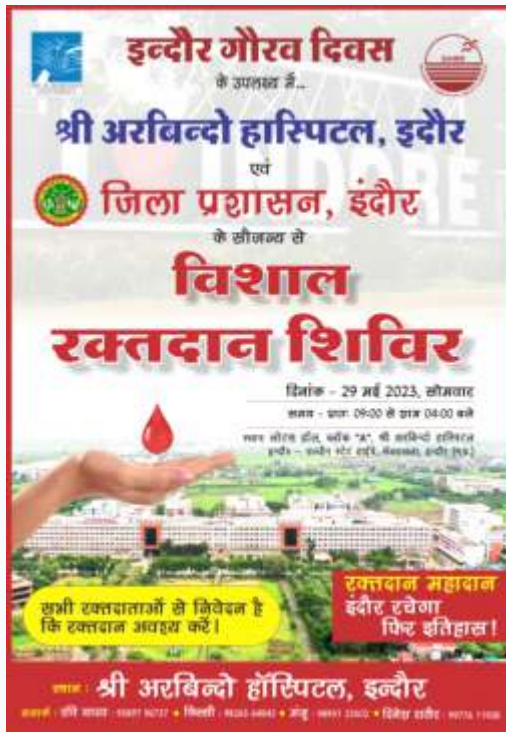
*The SAIMS management expressed gratitude to the Ethicon team, particularly Mr. Abhishek Pal and Mr. Prabhakar Deshmukh, for organizing this training. The training involved a mix of lectures, videos, and hands-on training on laparoscopic module providing residents with a well-rounded learning experience.*





## Mega Blood Donation Camp

A Mega Blood Donation Camp was organized by SAIMS, Indore & District Administration on 29th May, in which blood was donated by the Doctors, Staff & General Public.



## ORS Day

Department of Pediatrics and Adolescent Medicine, SAMC and PGI celebrated ORS day on 29th July, Saturday.

It was a very interactive and fruitful session organised by Dr K.K. Arora. We held patient and nursing staff awareness talk with question answer session with pgs, nursing staff and ward patients emphasizing the importance of Oral rehydration therapy in acute diarrhea.

Also we had group discussion with postgraduate students on Diarrhoea, dehydration and its treatment.

Dr. Gunjan Kela  
Head, Dept. of Paediatrics





## CME - Cardiology

The Department of Cardiology organized a CME on Cardiology Updates at Sri Aurobindo University, SAIMS, Indore on 27th of June. This event provided with the latest updates and advancements in the field of cardiology, allowing enhancing the knowledge and skills.

This occasional day was inaugurated by Dr. Jyoti Bindal Vice-Chancellor SAU, Dr. Jayshree Tapadia Dean of Students Welfare, Dr. R.K. Jha, Head of Medicine Department along with all the Faculties, HODs, PGs and Students had access to expert speakers who were sharing their insights into new techniques, procedures, and treatments. Participants also had the chance to network with other healthcare professionals who are passionate about improving patient outcomes in cardiology speciality.



## World ORS Day

Satellite unit of SAIMS, i.e Urban Health and Training Center, Pardeshipura sensitized awareness among the locals, the only vocals of India, on the ORS preparation. The above event was organised with the support of our HOD, Dr. A. Deshpande along with all faculties of our department.

**ORS Day 2023 : Theme** - Know how to protect your children from Diarrhea by giving them this life-saving solution.

World ORS Day, celebrated on July 29 every year, is the day when benefits of oral rehydration solution are highlighted. As the name suggests, ORS is the solution to the dehydration problem. We did Nukkad natak on ORS preparation and its benefits to our various nearest Anganwadis. Along with anganwadi workers and various Health Workers we made them aware regarding ORS preparation.

The whole event was graced by our Dr. Manju Bandhary, Chancellor, Sri Aurobindo University. The Interns involved in the above activity were - Dr. Manish, Dr. Rishi, Dr. Anurag, Dr. Isha, Dr. Aman, Dr. Abhishek, Dr. Aditi, Dr. Divya, Dr. Chitkiran, Dr. Anchal, Dr. Mehtab, with the guidance of Dr. Mayank Rahul, Incharge UHTC, Pardeshipura.





## ***Rheumatology CME***

*Sri Aurobindo University Indore organized Indian Rheumatology Association CME. It was a momentous occasion for the trainees and clinicians of rheumatology in India, as the prestigious Sri Aurobindo University Indore organized a special CME event dedicated to this field. The purpose of the CME was to enhance the skills and knowledge of trainees and clinicians in rheumatology and to create a platform for sharing the latest updates and techniques.*

*The event began with a grand inauguration ceremony by Dr. Vinod Bhandari, the Founder Chairman, Sri Aurobindo University Indore. He addressed the audience with his inspiring words and encouraged the participants to make the most of this opportunity to enrich their learning experience. The CME comprised various lectures and presentations by experts in the field of rheumatology, both from India and abroad. They discussed the latest developments, advancements and techniques in rheumatology, which can help clinicians and trainees in better understanding and managing the disease.*

*In addition to the scientific program, the event also featured an exhibition, where different pharmaceutical and medical device companies showcased their products and services related to rheumatology.*

*The CME event was a huge success, with participants from all over the country actively engaging and sharing their insights. The attendees lauded the organizers for the seamless execution of the event and for providing a unique learning opportunity to all the trainees and clinicians in the field of rheumatology.*

*Dr. R.K. Jha  
HOD, Department of Medicine*





## ***Digital Locker Conference at Sri Aurobindo University, Indore***

*Introduction about Digital locker at SAU Indore is here to give you the convenience and security you need. With its cutting-edge digital technology, it ensures that your belongings stay safe and secure while you have total access whenever you require it. Keep all your important documents in one secure place, accessible from anywhere and anytime. Our Digital Locker is the perfect solution for busy students, faculty, and staff who require easy access to their documents.*

*This event was attended by Dr. Jyoti Bindal, Vice-Chancellor, SAU, Dr. RR Waware, Dean, SAIMS, Dr. Anand Mishra, Registrar, SAU along with all the members were presented and took knowledge about the digital technology*



## ***Congratulations Dr. (Colonel) Prakash Chitalkar***

*The Indian contingent led by Dr. (Colonel) Prakash Chitalkar Professor & Head Department of Medical Oncology SAIMS Indore, participated in the 5th Global Adolescent & Young Adults Cancer Congress held in Long Beach, California USA, from 20-23 June 2023. Dr. Chitalkar presented in the plenary on Global Initiatives in AYA Cancer and also presented a total of six posters on behalf of the Indian AYA cancer community. India is now ready to host a Global Cancer Congress in this niche area, important to aspirational young persons across the world!*



*Dr. (Colonel) Prakash Chitalkar & Dr. Purna Kurkure, Professor Emeritus Pediatric Oncology presenting a Poster on Survivorship in India.*



## ***SAU Organized Virtual Obstetrics & Gynaecology Program on 7th June 2023***

*It is with great pleasure that the Virtual Obstetrics and Gynaecology program in regard to the upcoming surgical demonstration on Vaginal Hysterectomy surgical This event, which was held on the 7th of June at Sri Aurobindo University Indore is a groundbreaking milestone in advancing medical knowledge and skills in the field of Gynecology.*

*More than 100 participants connected virtually. This program was the brainchild of Dr. Kawita Bapat and Dr. Manjushree Bhandari, along with Dr. Jyoti Bindal. A knowledge extravaganza which comprises infinitive lectures and beautiful demonstration of live vaginal surgery in a Minimally invasive way.*

*Special thanks to Dr Anil Sakhre , Dr Ashish Kubde, Dr Archna Dwivedi*



## ***Sri Aurobindo University Indore Hosted a Ph.D. Guest Lecture***

*SAU Indore hosted a Ph.D. Guest Lecture on 22nd June 2023, on the following topics Formulating Research Questions, Hypothesis and Objective & Responsible Conduct of Research and Publication Ethics by Dr. Kapil Sharma Professor (Finance & Accounting) Institute of Management Studies DAVV Indore. The event was attended by the Dean of Medical College Prof. Dr. R.R. Wavare, PG students, HODs and Faculty members. Expert speakers conducted a highly informative, engaging lecture where to help to create winning research proposals. With the knowledge and insights gained from the lecture, will be able to craft clear, concise research questions that will guide your study towards success*





## Congratulations

*Istanbul Rhinoplasty course over 1200+ delegates , also many online delegates, one of the largest gathering I have seen , honoured to be invited for conducting Master class for such a huge gathering from all over the world*

*Dr. Brajendra Baser.*



## ENDS Ban in India

*Participated in a webinar on “ENDS ban in India”. Gujarat has done real good work in implementation of PECA 2019 (Prohibition on Electronic Cigarettes Act). Discussed about my earlier presentations against e cigarettes at 1. Asia Pacific Conf on Tobacco- Japan in 2013 2. World Conf on Tobacco Or Health- ABH Dhahi 2015 3. World Cancer Congress- Malaysia in 2019.*

*Dr. Dilip Kumar Acharya*



## Department of Gastroenterology

*World IBD day was celebrated on 19th May 2023 at the Department of Gastroenterology. On this occasion patient awareness program was organized. IBD information booklets and diaries were distributed to patient for better understanding about their disease.*





## *Knee Arthroplasty Cadaveric Workshop at Sri Aurobindo University*

*The knee Arthroplasty Cadaveric Workshop was organized by the Dept. of Orthopedics at Sri Aurobindo University, Indore, on the 22nd & 23rd of July which was 2 days workshop. The cadaveric workshop was particularly beneficial as it provided a hands-on approach to learning. The main agenda was to train new surgeons to deal with patients coming with complex sports trauma and injuries through arthroscopy. It was an intensive hands-on course under the guidance of renowned and experienced faculty at SAU.*

*This event was inaugurated by Dr. Vinod Bhandari, Founder Chairman, SAIMS, Dr. Manjushree Bhandari, Chancellor, SAU. The dignitaries were marked by their presence, and were felicitated with the mementos.*





## Abdominal Cancer Update

An online “ABDOMINAL CANCER UPDATE” was organised on 28th May in which Dr. Manoj Kela was a panellist for case discussion and Dr. Dilip Kumar Acharya, was the Chairperson for the Lectures on GI & GU Cancers. The program was organised by Indore & Bhavnagar Surgeons Association jointly with Superspeciality Guru. It was an interesting thought provoking session with good updates on latest in Oncosurgery.




**Abdominal Cancer Update**  
28th May

IN ASSOCIATION WITH  
THE ASSOCIATION OF SURGEONS OF INDIA  
Indore | Bhavnagar

Invites you for the Virtual Scientific Meeting on  
**Abdominal Cancers**

**PANELIST**  
**Dr Manoj Kela**  
Consultant General and Gastrointestinal & Laparoscopic Surgeon  
Pro. Head Department of Surgery  
SAIMS Medical College, Indore

**ENGLAND of MEDICINE**  
2022 & 2023

therapy versus Surgery Alone  
retroesophageal Cancer

Chemotherapy	Surgery (n=253)
5cm	5cm
37%	37%
23%	23%

PIC-COLLEGE

## Reflection of Nurses of Palliative Department of SAIMS got Published in Newsletter of Indian Association of Palliative Care



It is proud moment for us that their work is getting recognised at national level. Maya Nair and Deepali Rajesh Kumar, are nurses from the Palliative Care team at Sri Aurobindo University in Indore. Through this article, we would like to share our transformative journey (both professional and personal) in the field of Palliative Care. Interestingly, the both of us firmly believe in Mark Bezo's words, “Not every day is going to offer us a chance to save somebody's life, but every day offers us an opportunity to affect one”.





## **SAIMS College of Nursing, Department of Mental Health Nursing On 18th and 19th July 2023**

*SAIMS College of Nursing is a unit of SAIMS Medical College and PG Institute, Sir Aurobindo University, Indore M.P. All the activities which are being conducted by Mental Health Nursing Department are done under the guidance of Dr. Prerna Pandey, Principal SAIMS College of Nursing, Dr. Basil Varghese, Vice Principal SAIMS College of Nursing and Dr. Saroj Singh, HOD Mental Health Nursing Department, Mrs. Synthia Singh George, Professor, Mrs. Ramya Pillai, Assistant Professor, Miss Ruchika Sharma, Nursing tutor and Miss Rashmi Kanade, Nursing Tutor of Mental Health Nursing Department. Their meritorious support has laid various activities, in and out of the premises. Here we are sharing few glimpses of intensified visit.*

*Manovruddhi Kendra is an educational and training centre for special children run by Manovruddhi Samiti, Indore and it is registered society under M.P. Society Registration Act. since Sept-2006. Currently mentally challenged children are receiving education and vocational training. The curriculum includes self-care, social skill, speech training etc.*

*The main mission is to provide children with special needs appropriate educational services within the mainstream of basic education. Through constant professional endeavours empowering the children with mental retardation to access the state of the art rehabilitation intervention by qualified people like Educational, Therapeutic, Vocational, Employment, Leisure and Social Activities, Cultural Services and full participation.*

### **The objectives are :**

- (I) To assess the teaching learning and skills of children with disabilities in the classroom.
- (ii) To identify physical and academic adaptations for systematic reading and writing of children's with disabilities in regular classes.
- (iii) To identify and rehabilitate the persons with mental retardation.
- (iv) To provide the vocational training and job placement for the persons with mental retardation.

**Dr. Saroj Singh**  
Professor

*HOD, Mental Health Nursing Department  
SAIMS College of Nursing*

**Dr. Prerna Pandey**  
Principal

*SAIMS College of Nursing  
SAU, Indore, M.P.*





## **Report On : Self - Developing Meditation**

*SAIMS College of Nursing, Medical Surgical Nursing Department Mrs. Mamta Rathore, Professor & HOD, Medical Surgical Nursing Department and all the Department Faculty has organized, Self-Developing Meditation training program on 19th June 2023 to 24th June 2023, under the guidance of Prof. Dr. Purna Pandey, Principal SAIMS College of Nursing, Dr. Basil Varghese, Vice Principal SAIMS College of Nursing.*

*In this program Mr. Ramakanth Agrawal, Mrs. Archana Pandey, Ms. Shobhni Malviya, Vinod Sathe, Ravi Soni, Lokesh Jain, HEARTFULLNESS NGO Indore, has invited as a trainer for self-development training program.*

*HEARTFULLNESS NGO is a non-profitable organization of Indore spreading health and peace to the community.*

*Self-developing meditation training program were organized for developing meditation skills such as mindfulness or focusing the mind on a particular object, thought, or activity to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state, followed by various activities such as living library, focus on breath, Origami. Also, we learnt Benefit of Meditation, Awareness about the Posture, Self-Realization, and Body Mind Relationship.*

*Prof. Mrs. Mamta Rathore, HOD, Mr. Balram Patidar (Assistant Professor), Mr. Mukesh Prajapati (Assistant Professor), Mr Vipin Chouhan (Tutor), Ms. Pragati Verma (Tutor), Ms. Kiran Yadav (Tutor), Ms. Anjali Raikwar (Tutor), Medical Surgical Nursing Department, provide support and guidance to students to make event successful. The session was effective, relaxing & peaceful for all the participants; indeed, it is important to observe & know the importance of meditation in a day-to-day life.*



## **Ph.D. Guest Lecture at Sri Aurobindo University, Indore**

*Sri Aurobindo University Indore hosted a Ph.D. Guest Lecture on 15th July 2023, on the following topics Uses of software in writing health research hands on two SPSS, MS Word and Introduction to the Open office or Latex, Creating presentation in MS PPT & Introduction to Internet-based search, use of advanced research techniques by Dr. Amit Sharma, Director of Department of Physiotherapy, R.K. University, Rajkot (Gujarat). The event was attended by Dr. Jyoti Bindal, Vice Chancellor SAU, Indore and Dr. Anand Misra, Registrar SAU, HODs, PG's, Students and Faculty Members. Expert speakers conducted a highly informative, engaging lecture were help to create winning research proposals. With the knowledge and insights gained from the lecture, will be able to craft clear, concise research questions that will guide your study towards success.*







## ***Congratulations Dr. R.K. Jha***

*Congratulations Prof. R.K. Jha for achieving top ranked award for medical fraternity IMA Dr. B.C. Roy National Doctors Day award in Academic Category in Delhi on 1st July 2023. Proud moment for SAIMS and Dept of medicine.*



## ***Congratulations Dr. Virendra Bhandari***

*It was a day for joy to see a (left) Parietal Astrocytoma Grade III patient who was treated by me by post operative radiation in 2003. She had about 3 c.m. residual disease post operatively. She was treated on cobalt machine using Arc Therapy at Aurangabad. She is disease free till now after 20 years and in good general condition.*

*Dr. Virendra Bhandari  
Prof. & HOD Radiation Oncology*

## ***Publications***

*The thesis work done by Dr. Manan Jhavar, (3rd year resident) in Neuro Otology 'Vertigo Clinic' of Superspeciality ENT is published in International Egyptian Journal, under the guidance of Dr. Vishal Ratan Munjal. HOD, Dept of ENT.*


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Published: 26 June 2023

### Evaluation and assessment of roles of neurootological examinations, vestibular tests, and videonystagmography in patients with dizziness

[Manan Jhavar](#), [Anurag Srivastava](#), [Nirnay Kumar Keshree](#), [Vishal Rattan Munjal](#) & [Ramji Pathak](#)

[Show fewer authors](#)





## World Environment Day

Beautifully planned, organized and implemented by the URC Metro (Railroad) Project Indore, in collaboration with the SAMC & PGI (Sri Aurobindo University Indore), June 5th 2023, the World Environment Day, was observed at the Safety House URC, in the shape of daylong activities including a plantation drive and a blood donation camp.

From the SAMC and PGI, Professor Sudhir Chandra Joshi (Department of Community Medicine) and Mr Vikas Dogra Manager Adm. participated in these activities, which were coordinated by Mr Ravi of SAMC & PGI, Mrs Mitali Ghosh, Senior Executive Safety URC and Environment Managers URC Mr. Pawan and Mr. Rahul. The Inaugural Session (72 participants) with Prof. Joshi as Orator and Director Mr. Murgan (URC) as Chief Guest was very admirably led, coordinated and conducted by Mr P.C. Ghosh, Deputy General Manager (URC).



## Decision Reasoning Innovation and Learning in Liver Diseases (DRILLS)

Had the honour to be invited as faculty at brainstorming Decision Reasoning Innovation and Learning in Liver Diseases (DRILLS) seminar by world renowned Hepatologist Prof S K Sarin at ILBS New Delhi, shared stage with stalwarts of Hepatology as panelist during session on NAFLD.

Dr. Mohd. Talhanoor  
HOD, Gastroenterology





## **SAIMS College of Nursing, Department of Mental Health Nursing On 26th and 27th June 2023**

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*Aastha Vrudh Seva Ashram was established in Pardesipura, Indore in 1992 listed under NGOS for Senior Citizen in Indore with one and only singular mission is to offer a happy home to the elderly men and women of the country. The objectives are To provide comprehensive and quality care and to ensure that the resident senior citizens live with respect and dignity in a secure, compassionate, congenial environment and surroundings.*

*100 students from B.Sc. Nsg. 3rd year were divided in two groups. 50 students and 2 teachers were taken on 26th June and remaining 50 students with two went to 27th June. They were greeted by a representative of the Old Age home who gave a brief description of the home and those residing there. Interacting with them made the students know about their past. The students carried pre-packed biscuits, snacks and fruits for old peoples. They soon realized that all that the elderly needed was a little understanding, a sympathetic ear to listen to their stories and some amount of care. The students got huge blessings and gratitude from senior citizens for visit them. The visit was interesting, students actively participate, Enthusiastically met with senior citizens. Intensified visits was coordinated under the guidance of Dr. Saroj Singh, HOD Mental Health Nursing Department, Mrs. Cynthia Singh George, Professor, Department of Mental Health Nursing, Mr. Hritik and Miss Vidhya, B.Sc. Trainee, had been successfully organized all the activities with the help of departmental faculties.*

*Dr. Saroj Singh  
Professor & HOD, Mental Health Nursing Department,  
SAIMS College of Nursing*



## ***SAU Hosted an Informative Session on the EBSCO Host Dental Research Database***

*Sri Aurobindo College of Dentistry, SAIMS, SAU hosted an informative session on the EBSCO Host Dental Research Database on July 25th 2023. This session was specifically designed for faculties and PG students, providing them with a wealth of knowledge on the latest dental research and trends. With this database, our students and faculty members can stay up-to-date on the latest research, making our institution a leader in the field of dentistry.*

*On this occasion, Dr. Kanteswari I.K, Principal of Dental College along with HOD, faculty members, and PG's students marked their presence.*



## **इंडियन मेडिकल एसोसिएशन, इन्दौर की झलकियां**

इंडियन मेडिकल एसोसिएशन की इंदौर स्थानीय शाखा वर्ष 1951 से कार्यरत है जिसकी विभिन्न गतिविधियां वार्षिक कार्यकारिणी तथा मूर्धन्य पदाधिकारी चिकित्सकों के माध्यम से संपन्न होती रही हैं इसी क्रम में एम.ओ.जी. लाइंस पर भूमि आवंटन तथा भवन निर्माण भी 1990 के आसपास संपन्न हुआ है।

आधुनिकता के इस बदलते दौर में किसी भी एसोसिएशन के लिए वैधानिक स्तर पर पंजीकृत होना अब अनिवार्य है जहां देश में लागू कानूनों के अंतर्गत वित्तीय शुचिता का समुचित पालन हो और आय के स्रोतों का अंकक्षण हो. इस संदर्भ में संगठन का पंजीयन नहीं होने से जटिल समस्याएं उत्पन्न होती थी।

जुलाई 1, डॉक्टर्स डे के रूप में मनाया जाता है और इस दिन इंदौर नगर के महापौर श्री पुष्पमित्र भार्गव के आह्वान पर विजयनगर स्थित चार्टर्ड अकाउंटेंट भवन में चिकित्सकों का सम्मान समारोह आयोजित किया गया जिसमें इंडियन मेडिकल एसोसिएशन के द्वारा सक्रिय सहभागिता प्रदर्शित की गई। इसी दिन 1 जुलाई 2023 को इंडियन मेडिकल एसोसिएशन की इंदौर शाखा का मध्यप्रदेश शासन के सोसाइटी एवं फार्म रजिस्ट्रेशन विभाग के अंतर्गत पंजीयन हुआ जो लगभग 70 वर्षों से लंबित था। इस हेतु डॉ. विनोद भंडारी तथा डॉ. सतीश जोशी सर ने विशेष सहयोग किया। अब हमारी इंडियन मेडिकल एसोसिएशन की इंदौर शाखा सभी वैधानिक उद्देश्यों के लिए इंडियन मेडिकल एसोसिएशन के नाम से पंजीकृत है। इसके पश्चात हमारे संगठन का परमानेंट अकाउंट नंबर जो इनकम टैक्स विभाग द्वारा प्रदत्त होता है, भी प्राप्त कर लिया गया एवं आगामी वर्षों में वित्तीय संहिता का संपूर्ण पालन हो इस हेतु जी.एस.टी. क्रमांक प्राप्त करने हेतु भी कार्रवाई आरंभ की गई है तथा वार्षिक ऑडिट के लिए भी समुचित कार्रवाई की जा रही है।



इंडियन मेडिकल एसोसिएशन द्वारा इंदौर के नागरिकों को आकस्मिकता की स्थिति में हृदय गति रुक जाने पर प्राणरक्षक सी.पी.आर. विधा के प्रशिक्षण के शिविर निरंतर प्रत्येक रविवार को प्रातः 8:30 बजे से आयोजित किए जा रहे हैं जिसमें स्कूलों के शिक्षकगण सी.पी.आर. संबंधी प्रशिक्षण प्राप्त कर रहे हैं।

इस ज्ञान चर्चा में डॉ. विजय हरलालका के साथ डॉ. प्रमोद जैन और डॉ. राजकुमार सिसोदिया विशेष प्रशिक्षण प्रदान कर रहे हैं। 1 जुलाई डॉक्टर दिवस पर सोडानी संपूर्ण डायग्नोस्टिक के तत्वावधान में इंडियन मेडिकल एसोसिएशन के सहयोग से रक्तदान शिविर का भी आयोजन किया गया।

इसके अतिरिक्त शारीरिक स्वास्थ्य के साथ-साथ वित्तीय स्वास्थ्य को बेहतर बनाने के लिए इंडियन मेडिकल एसोसिएशन की आपकी इंदौर शाखा के द्वारा 23 जुलाई को मुंबई की प्रख्यात वित्तीय संस्थान फिनोवेट के द्वारा आनलाइन वित्तीय स्वास्थ्य के संबंध में कार्यक्रम आयोजित किया गया जिसे मुंबई के प्रसिद्ध वित्तीय सलाहकार नेहल मोटा द्वारा संबोधित किया गया. इस वित्तीय सत्र में शेयर बाजार, म्यूचुअल फंड से संबंधित जानकारी चिकित्सकों को दी गई जिसमें लगभग 110 चिकित्सक सम्मिलित होकर आनलाइन हिस्सा लेकर ज्ञानवर्धन किया।



## IMA, Indore Activities

**IMA working hard for social awareness regarding medical fitness and preventive medicine.**

**4th May 2023:** Sudden Deaths in Gym : Every individual is different as far as body, profession and needs are concerned. IMA organised a CME at IMA Bhawan, Indore, a session well taken by Dr. A.K. Pancholia. Dr. Pancholia informed about how much physical activity a person should do and what are precautions a person should take while engaging in vigorous physical activities. There was a suggestion by Dr. A.D. Bhatnagar to make a defibrillator available at each and every gym, with a trend staff having at least basic CPR knowledge. This function was attended by many dignitaries and physician of city. There was facilitation of our newly elected chairman of M.P. Youth Commission Dr. Nishant Khare, who is also a renowned plastic surgeon of city.

**21st May 2023:** CPR (Cardio Pulmonary Resuscitation) Program was organised by IMA Indore to train the Gym Trainers. Program was facilitated by Dr. Pramod Jain. It was followed by another scientific session on hypothyroidism Dr. Subodh Banjhal and Asthenia by Dr A.K. Bhadoriya. This program was attended by many city physicians and general public and was a big success.

**31st May 2023:** World NO tobacco day: Tobacco is a global threat and it a social evil too, causing many deaths worldwide. It's a main cause for lung cancer, mouth cancer and many lung related chronic illnesses like COPD & asthma. A public awareness rally was organised by IMA Indore, which was attended by Member of Parliament, Indore Shri Shankar Lalwani, Indore Municipal Corporation Mahapore Shri Pushyamitra Bhargava, President IMA Dr. A.K. Bhadoria, Secretary Dr. Vijay Harlalka, All office bearers and many physician of the city.





# Sri Aurobindo University

Under the aegis of Sri Aurobindo Institute of Medical Sciences (SAIMS)



**Sri Aurobindo  
Hospital**



**Sri Aurobindo Medical College  
& Postgraduate Institute**



**Sri Aurobindo College  
of Dentistry**



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**Sri Aurobindo Hospital  
INDORE | RATLAM | BARWAHA**

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