



# SAIMS TIMES

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## CONGRATULATIONS



डॉ. विनोद भंडारी, फाउंडर चेयरमैन  
श्री अरंबिंदो इंस्टीट्यूट ऑफ मेडिकल साइंसेज  
डॉ. महक भंडारी, एम.डी.-प्रो चांसलर  
श्री अरंबिंदो यूनिवर्सिटी, इंदौर





### डॉ. विनोद भंडारी

फाउंडर, चेयरमैन  
श्री अरंबिंदो इंस्टीट्यूट ऑफ  
मेडिकल साइंसेज (SAIMS), इंदौर



Presents

## डॉ. विनोद भंडारी: एक विजन जिन्होंने मध्यप्रदेश को बनाया ग्लोबल हेल्थकेयर मैप का उभरता केंद्र

मध्यप्रदेश में स्वास्थ्य सेवाओं के क्षेत्र में यदि किसी नाम ने दूरदृष्टि, नवाचार और सामाजिक प्रतिबद्धता के साथ एक नई क्रांति की नींव रखी है, तो वह नाम है डॉ. विनोद भंडारी। इंदौर स्थित श्री अरंबिंदो इंस्टीट्यूट ऑफ मेडिकल साइंसेस (SAIMS) और अरंबिंदो हॉस्पिटल एंड रिसर्च सेंटर के संस्थापक के रूप में उन्होंने चिकित्सा, शिक्षा, अनुसंधान और मेडिकल टूरिज्म को एकीकृत करते हुए प्रदेश को राष्ट्रीय और अंतरराष्ट्रीय स्तर पर एक नई पहचान दिलाने का संकल्प लिया है।

**समग्र स्वास्थ्य संस्थान**

हर महान यज्ञ एक छोटे कदम से शुरू होती है, और डॉ. भंडारी की यात्रा भी एक साधारण परिवार से शुरू होकर असाधारण उपलब्धियों तक पहुंची है। चिकित्सा के क्षेत्र में कुछ अलग करने की इच्छा और समाज के लिए राष्ट्रकर्म योगदान देने की भावना ने उन्हें एक ऐसे संस्थान की स्थापना के लिए प्रेरित किया, जो आज लाखों लोगों के लिए जीवनदायिनी साबित हो रहा है। अरंबिंदो अस्पताल केवल एक उपचार केंद्र नहीं है, बल्कि यह एक समग्र हेल्थकेयर इकोसिस्टम है, जहां मरीजों का इलाज, मॉडर्न एजुकेशन और रिसर्च एक साथ संचालित होते हैं।

**सफलता के पीछे की मजबूत नींव**

डॉ. भंडारी की इस मेरुदात्मक यात्रा में उनके परिवार की महत्वपूर्ण भूमिका रही है। उनकी पत्नी, जो शिक्षा क्षेत्र से जुड़ी हैं, और उनके बच्चे, जो

चिकित्सा और प्रबंधन के क्षेत्र में सक्रिय हैं, उनके विजन को आगे बढ़ाने में महत्वपूर्ण योगदान दे रहे हैं। यह पारिवारिक सहयोग ही है, जिसने अरंबिंदो ग्रुप को एक मजबूत और विषयवस्तु हेल्थकेयर ब्रांड के रूप में स्थापित करने में मदद की है।

**चिकित्सा क्षेत्र से जुड़ा परिवार**

डॉ. विनोद भंडारी के छोटे बेटे लैटोस्कोपिक और रोबोटिक सर्जन और SAIMS के डॉक्टर डॉ. महक भंडारी ने अपने परिवार के बारे में बताते हुए कहा कि उनकी माता डॉ. मंजूश्री भंडारी, संस्थान की चेयरपर्सन हैं और एक अनुभवी स्त्री रोग विशेषज्ञ (मायनेकोलॉजिस्ट) भी हैं। इसके साथ ही उनके बड़े भाई, डॉ. महेश भंडारी, एक प्रसिद्ध वैद्यकीय सर्जन हैं, जिन्होंने इस क्षेत्र में विशेष पहचान बनाई है। उन्होंने आगे बताया कि उनके परिवार में अधिकतर सदस्य चिकित्सा क्षेत्र से जुड़े हुए हैं। भाभी डॉ. शिल्पा भंडारी आइवीएफ स्पेशलिस्ट और उनकी पत्नी डॉ. श्वेता भंडारी भी इस संस्थान से जुड़ी हुई हैं। डॉ. श्वेता भंडारी स्त्री-रिस्क प्रेनेंस और फेटल मेडिसिन की विशेषज्ञ हैं और उन्होंने एक (लंदन) तथा बार्सिलोना से फेलोशिप प्राप्त की है। इस प्रकार यह पूरा परिवार चिकित्सा सेवा में समर्पित है और संस्थान के संवर्धन में सक्रिय भूमिका निभा रहा है।

**विश्वस्तरीय सर्जिकल ट्रेनिंग का केंद्र**

अरंबिंदो ग्रुप द्वारा स्थापित IRCAD India सर्जिकल प्रशिक्षण के क्षेत्र में अंतरराष्ट्रीय मानकों का प्रतीक बन चुका है। यहां रोबोटिक सर्जरी, 4K विजन सिस्टम और अत्याधुनिक उपकरणों की सहायता से डॉक्टरों को उन्नत प्रशिक्षण दिया जाता है। यह केंद्र भारतीय डॉक्टरों को किफायती दरों पर विश्वस्तरीय प्रशिक्षण उपलब्ध कराता है, जिससे देश में सर्जिकल गुणवत्ता में उत्कृष्ट-गुणवत्ता सुधार हो रहा है। इसके अलावा, संस्थान में एक अत्याधुनिक 4-डायमेंशनल सर्जिकल ट्रेनिंग सेंटर भी विकसित किया गया है, जहां आधुनिक तकनीकों के माध्यम से सर्जिकल प्रशिक्षण दिया जाता है। संस्थान को एक उभरते हुए मेडिकल टूरिज्म डेस्टिनेशन के रूप में भी विकसित किया जा रहा है।

**विश्वस्तरीय चिकित्सा उपकरण**

- पहले सर्जरी में उपयोग होने वाले कई उपकरण विदेशों से आयात करने पड़ते थे, जिसे लागत अधिक होती थी। इस चुनौती को अक्सर में बदलते हुए अरंबिंदो ग्रुप ने भारत में ही चिकित्सा उपकरणों के निर्माण की दिशा में महत्वपूर्ण कदम उठाया है। यह पहल न केवल इलाज की लागत कम करेगी, बल्कि भारत को चिकित्सा उपकरण निर्माण में आत्मनिर्भर बनाने की दिशा में भी महत्वपूर्ण योगदान देगी।

**उन्नत तकनीक और विशेषज्ञ डॉक्टरों के समर्पण के साथ विश्वस्तरीय स्वास्थ्य सेवाएं प्रदान करना।**

Heartiest Congratulations Dr Vinod Bhandari, Founder Chairmen, SAIMS, Dr Mahak Bhandari, Managing Director, SAIMS & Bhandari Family for the prestigious Bhaskar Eminence Award received by the hands of Central Cabinet Minister Shri Chirag Paswan, Cabinet Minister for Food Processing Industries of India.

## Dr Mahak Bhandari Performs First Historic Robotic Surgeries in Shivpuri on 16th March 2026



*A historic milestone was achieved in Shivpuri with the successful performance of robotic surgery for the first time at Shrimant Rajmata Vijayaraje Scindia Medical College and Hospital. Renowned robotic and laparoscopic surgeon Dr. Mahak Bhandari conducted three advanced procedures including two robotic hernia repairs and one robotic gallbladder surgery during the First CME on Robotic Hernia and Gallbladder Stone with live surgical demonstration. Honorable Union Minister Jyotiraditya Scindia also witnessed the live robotic surgery from inside the operation theatre. The academic event was jointly organized by Sri Aurobindo University and the host institution on 16 March 2026 marking a significant step towards advancing surgical education and modern healthcare facilities in emerging medical institutions.*

*The surgeries were transmitted live from the operation theatre to the lecture theatre where more than 200 medical students and faculty members observed and gained exposure to advanced robotic surgical techniques. The procedures were performed using an Indian made robotic surgical system developed by SS Innovations reflecting India's growing strength in surgical technology.*



## निशुल्क मेगा सुपरस्पेशलटी स्वास्थ्य शिविर का शिवपुरी में आयोजन



समाज के हर वर्ग को बेहतर स्वास्थ्य सुविधाएँ उपलब्ध कराने के उद्देश्य के साथ श्री औरोबिन्दो हॉस्पिटल इंदौर द्वारा रोटरी क्लब शिवपुरी के साथ मिलकर श्रीमंत माधवराव सिंधिया स्वास्थ्य सेवा मिशन के अंतर्गत 16 मार्च 2026 से 24 मार्च 2026 तक निशुल्क मेगा सुपरस्पेशलटी स्वास्थ्य शिविर का आयोजन नवनिर्मित संदीपनी विद्यालय प्रांगण शिवपुरी में किया गया। इस स्वास्थ्य शिविर में श्री औरोबिन्दो हॉस्पिटल के लगभग 150 से भी अधिक चिकित्सकों और स्टाफ ने गुना-शिवपुरी संसदीय क्षेत्र के लगभग 2,00,000 से भी अधिक मरीजों का स्वास्थ्य परीक्षण किया।

शिविर के उद्घाटन के अवसर पर पहले दिन समूह के फाउंडर चेयरमैन डॉ. विनोद भंडारी और मैनेजिंग डायरेक्टर डॉ. महक भंडारी उपस्थित थे। कार्यक्रम के मुख्य अतिथि के रूप में क्षेत्रीय सांसद एवं केंद्रीय मंत्री श्रीमंत ज्योतिरादित्य सिंधिया उपस्थित थे। जिन्होंने मंच पर श्री औरोबिन्दो हॉस्पिटल इंदौर और SAIMS समूह से संस्थापक डॉ. विनोद भंडारी का सम्मान कर उन्हें प्रशस्ति पत्र और स्मृति चिन्ह प्रदान किया।

शिविर का मुख्य आकर्षण शासकीय मेडिकल कॉलेज में आयोजित CME रही जिसमें SAIMS के मैनेजिंग डायरेक्टर और विख्यात रोबोटिक एवं बरिएट्रिक सर्जन डॉ. महक भंडारी द्वारा मध्य प्रदेश में एक नया कीर्तिमान स्थापित करते हुए शासकीय मेडिकल कॉलेज शिवपुरी के ऑपरेशन थिएटर से कॉलेज के 350 से भी अधिक विद्यार्थियों को "लाइव रोबोटिक सर्जरी" के साथ रोबोटिक सर्जरी की बारीकियां भी बताईं। डॉ. महक भंडारी ने मध्य प्रदेश में पहली बार यह कीर्तिमान स्थापित किया और सभी का ध्यान अपनी ओर फिर आकर्षित किया।

श्री ज्योतिरादित्य सिंधिया ने भी डॉ. महक भंडारी के साथ पहली बार ऑपरेशन थिएटर में लाइव सर्जरी देखते हुए ज्ञानार्जन किया।

केंद्रीय मंत्री श्री ज्योतिरादित्य सिंधिया ने डॉ. महक भंडारी की प्रसन्नता में कहा कि शिवपुरी क्षेत्र के लिए यह गौरव का क्षण है कि डॉ. महक भंडारी जैसे विश्वस्तरीय सर्जन यहाँ आकर अपनी सेवाएं दे रहे हैं। हमें इन पर गर्व है कि डॉ. महक भंडारी मध्यप्रदेश का नाम विश्वस्तर पर ले जाकर चिकित्सा जगत में मध्य प्रदेश को नयी पहचान दे रहे हैं।

इस स्वास्थ्य शिविर में श्री औरोबिन्दो हॉस्पिटल के कैंसर, हृदय रोग, हार्मोन रोग, न्यूरोलॉजी, किडनी रोग, मूत्र रोग, स्तन कैंसर, हड्डियों के कैंसर, महिला कैंसर, ओरल कैंसर, नाक कान गला, तवचा रोग, स्त्री रोग, शिशु रोग नेत्र रोग आदि महत्वपूर्ण विभागों के विशेषज्ञ डॉक्टरों ने सेवाएं दीं।

श्री औरोबिन्दो हॉस्पिटल द्वारा विशेष रूप से इको, सोनोग्राफी, लिवर की जाँच, ईसीजी, मेमोग्राफी, कॉल्पोस्कोपी, पेपस्मियर, बायोप्सी, डेंटल एक्सरे आदि महत्वपूर्ण जांचे भी इस शिविर में अपनी 04 उम्मीदों वाली बसों के साथ मुहैया करवायी गयी थीं।

## निशुल्क मेगा सुपरस्पेशलटी स्वास्थ्य शिविर का शिवपुरी में आयोजन

स्वास्थ्य शिविर के सफल आयोजन लिए समूह प्रबंधन की ओर से सीओओ राजीव सिंह, DGM आशुतोष श्रीवास्तव के साथ भूपेंद्र सिंह राणा, डॉ अरविन्द सिंह, कृष्णकांत, जीतेश्वरी एवं सभी PRO टीम ने महत्वपूर्ण भूमिका निभाई ।



## Congratulations

On 08 March 2026 Dr. Jyoti Bindal, Provost, SAU being honoured on "Women's day" by Gwalior Collector.



## Congratulations - Dr. Shreya Thatte

Delighted to share about receiving of the Indian Journal of Ophthalmology (IJO) Reviewers Appreciation Certificate Award from All India Ophthalmology society (AIOS) at the national Ophthalmology conference at Jaipur 2026



## Congratulations

Dr. Mansi Choudhary for chairing session on topic Bibliometric analysis and VOS viewer and as Chairperson at National Virtual Faculty Development programme held on 28th March 2026 at Bombay Hospital College of Nursing Indore

## Viksit Bharat Yuva Connect Programme



The Viksit Bharat Yuva Connect Programme was successfully organised at Sri Aurobindo University, under the guidance of Dr Jaishree Tapadia madam , Dean student welfare, where students actively participated in discussions Centered on India's vision of becoming a developed nation by 2047.

The session was led by speaker Rishita Patel, who engaged students through an interactive and thought-provoking address.

She highlighted the importance of youth participation in nation-building and emphasized how students can contribute meaningfully to the Viksit Bharat @2047 vision.

During the programme, various activities such as youth dialogues, idea-sharing sessions, and discussions on governance and policy awareness were conducted. Patel encouraged students to take initiative, develop leadership skills, and actively involve themselves in community and national development efforts.

The event witnessed enthusiastic participation from students across different faculties, reflecting a strong interest among youth in shaping the country's future. Faculty members and organizers noted that such initiatives play a crucial role in bridging the gap between policy and youth engagement.

The programme concluded with a call to action for students to become responsible citizens and proactive contributors toward building a self-reliant and progressive India.



## Fetal Edge 2026 CME



*Fetal Edge 2026 CME at Sri Aurobindo University, held at IRCAD India marked a dynamic and impactful beginning to this prestigious academic gathering. The inauguration ceremony was graced by Dr. Vinod Bhandari Founder, Chairman, Dr. Manjushree Bhandari, Chancellor of Sri Aurobindo University and Dr. Shweta Bhandari from Aayushyaa Fetal Medicine along with esteemed dignitaries setting an inspiring tone for the event. The day brought together leading experts and enthusiastic learners for an enriching exchange of knowledge focusing on key areas such as Foundations of Fetal Imaging, First Trimester Screening, and Systematic Anomaly Scans. Through insightful lectures live demonstrations and interactive case based discussions participants gained in depth understanding of fetal cardiac screening thoracic anomalies genetics and advanced imaging techniques. The opening day reflected a strong commitment to academic excellence collaboration and innovation laying a solid foundation for deeper learning and clinical advancement in the sessions ahead.*



## Fetal Edge 2026 CME



## Congratulations



Congratulations Dr. Shruti Paliwal for participating at Cerviscreen project of Technology Translation in Digital Healthcare (SETU-2026) held at Nalanda Auditorium IIT Indore on 27-28 March 26.

## Workshop on Basic Mechanical Ventilation



The Department of Pediatrics, SAMC & PGI, Sri Aurobindo University, Indore, in collaboration with IAP Indore, successfully organized a one-day Workshop on Basic Mechanical Ventilation on 1st March 2026 at the Pediatric Teaching Hall, SAIMS Building.



The workshop was conducted from 9:00 AM to 5:00 PM and was designed to strengthen foundational knowledge and practical skills in mechanical ventilation among pediatricians and our residents.

The academic sessions focused on principles of ventilation, ventilator modes, monitoring, troubleshooting, and hands-on case-based discussions to enhance clinical application in pediatric intensive care settings.

The program witnessed enthusiastic participation from all delegates.

The workshop emphasized practical orientation, evidence-based protocols, and real-time ventilator management strategies.



### Faculty & Leadership

We extend our sincere gratitude to our esteemed faculty members for their valuable contributions:

Dr. Anand Bhutada (Course Director), Dr. Nitesh Upadhyay

Dr. Anshul Jaiswal, Dr. Gunjan Kela (Course Coordinator)



Their expertise, dedication, and commitment to academic excellence made this workshop a great success.

The Department of Pediatrics remains committed to conducting such academic initiatives to promote quality pediatric critical care and continuous medical education.



## Congratulations - Dr. Manish Bhagat



Dr. Manish Bhagat, Head of Department Radiology SAIMS, President IRIA MP state 2025, received an Appreciation Award from IRIA Indore, along with a Certificate of Meritorious Services from IRIA MP State for his meritorious services towards Radiology field and Indian radiological imaging association in 41st annual IRIA conference.

## World Obesity Day



*Department of Pediatrics at SAMC & PGI Indore with IAP Indore, observed World obesity day on 5/3/26 Highlights Parent awareness: the nutritionist enlightened the parents about healthy eating patterns and simple dietary habits to combat obesity*

*Fun with learning : fun board was made with kids choosing what to eat and what should not be eaten.*

*Healthy snacks : healthy eating was reinforced by the distribution of fruits to kids*

*Holistic approach to obesity : A discussion was done by dr Ankita Maheshwari on obesity when and how to intervene with the active participation of Dr Gunjan Kela, Dr Swati Mulye, Dr KK Arora, Dr Devendra Barua, Dr Nandini Sodha and all faculties and post graduates of the department Sensitisation of UG and PGs: they were sensitised about the double burden of nutrition (mal & mall) in India and simple steps to prevent obesity in children and the family approach for a better future.*



## Congratulations



*Dr. Dilip Kumar Acharya honoured with Life Time Achievement Award by Indore Surgeons Research Foundation*

*Indore Surgeons Research Foundation honoured Dr. Dilip Kumar Acharya with Life time Achievement Award during Annual Conference of Indore City Chapter of Association of SAurgeons of India on 22nd March, 2026.*

*The award was given away by Dr. RK Mathur-Chairman Trustee, Dr. Narendra Patidar-Secretary Trustee of the foundation, Dr Rakesh Shivhare- president MP Chapter, Dr Akshay Sharma-Secretary - MP Chapter of Association of Surgeons of India, Dr. Manish Khasgiwala-Chairman, Dr. Nikunj Jain -Secy. Indore City Chapter, ASI, Dr. Apoorva Choudhary, Incoming Chairman & Dr. Pranav Mandovra-incoming Secretary were also present. Dr Advait Prakash was the master of ceremony*

## World Kidney Day Celebration – Department of Pediatrics

*On the occasion of World Kidney Day (12th March), the Department of Pediatrics organized a two-day celebration aimed at promoting awareness about kidney health among postgraduate students, patients, and their families.*

*The program began with an academic activity for postgraduate students, which included a stimulating talk on Renal Replacement Therapy (RRT) followed by a hands-on demonstration of Peritoneal Dialysis, providing valuable practical exposure and interactive learning.*

*The celebrations continued with a special patient-centered program held at Lotus Hall, where several engaging activities were organized to spread awareness in an interactive and joyful manner. The event featured an educational role play on kidney care, dietary guidance by the dietician, and a magic show for children, creating a lively and encouraging atmosphere for patients and their families.*

*A highlight of the program was an inspiring patient story, where the journey of a child battling kidney disease was shared, motivating families with a message of hope, resilience, and the importance of timely treatment and follow-up.*

*The audience was also enlightened by a wise and motivating address by Dr. Shraddha Goswami, who shared valuable insights on kidney health, early detection of kidney diseases, and the importance of coordinated care between pediatric and adult nephrology teams.*

*The event witnessed enthusiastic participation from the Department of Pediatrics, the Adult Nephrology team led by Dr. Shraddha Goswami, and the Pediatric Surgery team including Dr. Advait Prakash and Dr. Pankaj Shastri.*

*Special thanks to the organizing team from Pediatric Nephrology – Dr. Akanksha Singh, Dr. Anuja Sapre, and Dr. Suman Choyal for their dedicated efforts in making the celebration meaningful and impactful. Appreciation is also extended to our postgraduate students for their active participation and support.*

*The program successfully highlighted the importance of kidney health awareness, patient education, and multidisciplinary collaboration in improving outcomes for children with kidney diseases.*



## POCUS (point of care ultrasound and Echo) a Resounding Success in Pediatric Medicine!



*We are thrilled to announce the triumph of the "Pocus" workshop(5th edition) on 27th March 2026 organized by the Department of Pediatrics ,SAIMS and IAP! Led by esteemed experts including pediatric cardiologists, neonatologists, and pediatric intensivists(Dr Prashant Agrawal ,Dr Gaurav Mogra,Dr Abha Jain,Dr Anshul Jaiswal ,Dr Ankur Joshi)the workshop provided invaluable insights into point-of-care ultrasound and echocardiography.*

*Under the meticulous organization of Dr. Prashant Agrawal, the event attracted a diverse audience, including faculty, postgraduate students, and pediatricians from medical colleges across the city.*

*This gathering not only facilitated knowledge exchange but also fostered collaboration among healthcare professionals, ultimately enhancing pediatric care standards.*

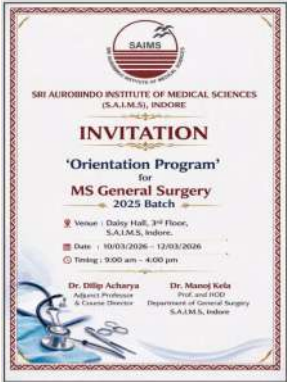
*We extend our heartfelt gratitude to all attendees for making this workshop a resounding success and look forward to more enriching experiences in the future!*



**Dr Prashant Agrawal**  
Pediatric Cardiologist  
Department of Pediatrics

**Dr. Gunjan Kela**  
Professor and Head  
Department of Pediatrics

## Deptt. of Surgery Organises 1st Year Residents Orientation & Surgical Skill Course



A three day Surgical Skill Course & PG Orientations course was organised by Deptt of Surgery on 10-11-12 March 2026. Dr. Manoj Kela as HOD oriented the new 1st yr PG about the College 7 Dept. working while Dr. Dilip Kumar Acharya as the Course Director highlighted the planning, methodology & importance of the course.

Dr. Mahak Bhandari, Pro Chancellor & MD SAIMS talked about the details of College and all facilities available in SAIMS. All Professors-Dr. Rajesh Sharma, Dr. Sanjay Datey, Dr. Advait Prakash, Dr. Abishek Kansal & Dr. Rohan Chhapekar also guided the students while other staff members helped in hands on training also.



## Congratulations

I am delighted to share that I got an opportunity to Chair a session in a prestigious conference of Transplant Update held in Gurugram on 7-8 March 2026.

Dr. Shraddha Goswami  
HOD, Nephrology Dept., SAIMS

## Interventional Pulmonology Workshop



*We are pleased to inform that the Department of Respiratory Medicine, SAIMS Medical College successfully conducted Interventional Pulmonology Workshop at IRCAD, SAIMS, aimed at enhancing knowledge and practical skills in advanced Interventional procedures.*



*The workshop included hands-on workstations on Bronchoscopy (Adult and Paediatric), EBUS, and*

*Rigid Bronchoscopy, providing participants with valuable practical exposure and interactive learning.*

*The academic sessions were enriched by the presence of Dr. Harikishan Gonuguntla from Yashoda Hospital, Hyderabad, who joined as the esteemed guest faculty and shared his expertise and insights in the field of Interventional Pulmonology.*

*We express our sincere gratitude for the constant encouragement, support, and visionary leadership of our Founder Chairman, Dr. Vinod Bhandari, whose commitment to academic excellence continues to inspire such initiatives.*

*We also thank all respected faculty members, chairpersons and participants for their enthusiastic involvement in making this academic activity a great success.*

**Dr Piyu Jain**  
Interventional Pulmonologist  
Associate Professor, Department of Respiratory Medicine

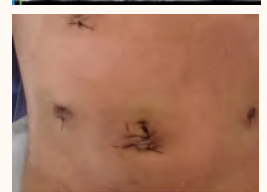
## Congratulations

*Pleased to share the successful outcome of this 2 years old child who had dysphagia and recurrent vomiting for 2 years. The patient was on exclusive milk feed for two years resulting in severe malnutrition and failure to thrive. Parents ran from pillar to post across various centres in MP and Gujarat but it all in vain as the disease could not be diagnosed. The child was diagnosed Achalasia Cardia at SAIMS by pediatric Gastroenterology team by imaging and endoscopy*

*The child underwent LAPAROSCOPIC HELLER'S CARDIOMYOTOMY WITH TOUPET FUNDOPLICATION. The child recovered uneventfully. The child is asymptomatic and rapidly gaining weight in post op period. This is youngest child to undergo such a supra major surgery laparoscopically in central India. We express heartfelt gratitude to our visionary chairman Dr Vinod Bhandari. Sincere thanks to pediatric gastroenterology (Dr Gunjan Kela, Dr Sumit Singh and team) and Anesthesia (Dr Sarita Gohiya and team) along with post graduates of general surgery and pediatrics departments. We could not have asked for a better gift from the Almighty on Holi.*

*May our institution keep spreading vibrant colours of health and happiness in the society.*

**Dr Advait Prakash, Dr Pankaj Shastri**  
Department of Pediatric Surgery,  
Pediatric Urology & Pediatric MAS Division SAIMS





## World Glaucoma Week Celebration A Step Towards Saving Sight



We are delighted to share that with the blessings of Chairman sir and under the guidance of Dr. Shreya Thatte (Professor and HOD Ophthalmology) following activities were conducted during World Glaucoma Week from 8th March to 14th March 2026 by the Ophthalmology department in our institute.

Glaucoma Awareness Skit (must watch short movie) performed by our enthusiastic postgraduate students beautifully highlighted the importance of early detection of glaucoma – the “Silent Thief of Sight.” with special support of Mr. Himanshu, Miss Oshin, Mr. Alok and their team from multimedia department

Glaucoma Awareness Videos were also created to educate patients and the community about risk factors, symptoms, and the need for regular eye check-ups.

Glaucoma Screening Camps were organized through our state-of-the-art, well-equipped Divya Drishti Bus, in which we screened almost 400 patients in a week with advanced eye screening facilities.

Sharing a few glimpses of these awareness and screening activities and Link of the Skit, aimed at promoting early diagnosis and preventing avoidable blindness.

**Dr. Pragya Prakash**  
Associate professor Department of Ophthalmology

## World Sleep Day -13th March

To mark the observance of World Sleep Day (13th March), the Department of Pediatrics conducted a recent academic activity aimed at enhancing awareness of sleep health among postgraduate students.

The program featured an engaging session led by Dr. Rahul Sharma, Pediatric Pulmonologist, who highlighted the importance of sleep in children, focusing on the diagnosis and management of sleep disorders and the role of good sleep hygiene.

The discussion was further enriched by Dr. Razakkur Rehman, Professor, Department of Physiology and Incharge of the Level 1 Sleep Lab, SAIMS, who provided insights into the functioning of the sleep lab and the facilities available at the institute. The program was graced by senior faculty members from the department and witnessed active participation from postgraduate students, fostering an interactive academic environment. The session successfully emphasized the importance of early recognition and management of sleep disorders in children.



## Poster Competition on the Occasion of Vikramotsav 2026 at SAIMS College of Nursing



SAIMS College of Nursing successfully organized a poster competition on the occasion of Vikramotsav 2026 under the guidance of Prof. Dr. Reshmi Siby Principal. The event witnessed enthusiastic participation from students who creatively presented their ideas on the theme Indian culture and heritage. The competition was judged by Dr. Jayshree Tapadia, Dean Students Welfare Sri Aurobindo University

Indore Prof. Aruna Lele Principal IIMS College of Nursing and Dr. Amita Joseph Professor SAIMS College of Nursing.

The program was coordinated by Mr. Dharmendra Verma Associate Professor and Dr. Tulshi Shringi Professor SAIMS College of Nursing. Ms. Laxmi Pawar BSc Nursing First Semester secured the first prize Ms. Lakshita Shende BSc Third Semester secured the second prize and Mr. Sohan Solanki GNM First Year secured the third prize. The competition reflected the creativity knowledge and active involvement of students



### Congratulations

I am happy to share the news that JR -2 of Community Medicine, Dr. Shivam Astonkar with his team members has won the first prize in the state level quiz competition conducted by State Task Force, DTO and IAPSM MP & CG chapter at Bhopal to celebrate World T.B. day today.



**Dr. Ajit Deshpande**  
HOD, Community Medicine, SAIMS

## Health Camp by Department of Community Medicine

*Health Camp Organized on World Tuberculosis Day at Kulkarni Nagar, Indore. The Department of Community Medicine, Sri Aurobindo Medical College & Post Graduate Institute (SAMC & PGI), Indore, under the patronage of the Respected Founder Chairman Dr. Vinod Bhandari and the Respected Chancellor of Sri Aurobindo University Dr. Manjushri Bhandari, successfully organized a health camp at Mali Samajh Dharmashala, Kulkarni Nagar, Indore, under the health activities of Urban Health Centre, Clerk Colony, Indore, on the occasion of World Tuberculosis Day 2026 (24th March 2026).*

*Prior to the initiation of the camp, street-to-street announcements were made using loudspeakers by Junior Residents and Intern Doctors to create awareness and ensure maximum community participation.*

*The activities were conducted under the guidance and encouragement of Dr. R. R. Wavare, Dean, SAMC & PGI, and was inaugurated by Dr. A. R. Deshpande, Professor & Head, Department of Community Medicine, along with. The camp was spearheaded by Dr. Mayank Rahul along with postgraduates Dr. Srishti Sakhi and Dr. Shivendra Kumar Patel. The program was supported by Mr. Sanjay Patel (MSW), Mr. Sumit Jirati (PRO), interns, and the entire Department of Community Medicine.*



*The camp was inaugurated with an awareness speech by Dr. A. R. Deshpande, Professor & Head. This was followed by a health talk on tuberculosis under the guidance of Dr. Mayank Rahul, Professor, which was coordinated by junior residents.*

*During the camp, interns conducted weight measurement, blood pressure monitoring, and random blood sugar testing for the attendees. Senior doctors provided detailed clinical examinations and consultations. Free medicines were distributed to the beneficiaries.*

*In addition, counselling sessions were conducted to educate patients about the causes, symptoms, prevention, and treatment of tuberculosis. Information regarding various Government initiatives to combat TB and the importance of timely health-seeking behavior was also shared.*

*A total of 53 beneficiaries availed services at the camp, including 41 females and 12 males, among whom 7 patients were referred for further evaluation and management.*

*The local community participated enthusiastically in large numbers, making optimal use of the services provided and contributing to the overall success of the camp.*

## IMA Indore Activities March 2026

*In the first event, we have completed the cricket tournament, IMA-IDPL for the year 2026. It has been completed in a very good manner enjoyed by all members.*

*Second event was organised on 15th of March. It was an obesity Conclave. In this event, three credit points has been given by the MCI for attendance. This has been a great success for IMA Indore because this credit points in a conference is after 10 years and it is a milestone in the history of IMA Indore*

*Third event on 22nd March, IMA celebrated Fag Utsav 2026, attended by more than 450 doctor also it has been attended by respected Cabinet minister, Mr Kailash Vijayvargiya, and our Past, national president of IMA and present treasurer of the World medical Association, Dr. Ravi Wankhedkar. All present doctors enjoyed the program.*



**Dr. Vallabh Mundra**  
President, IMA

**Dr. Sunil Banthia**  
Hon. Secretary, IMA



# Sri Aurobindo University

Under the aegis of Sri Aurobindo Institute of Medical Sciences (SAIMS)



**Sri Aurobindo Hospital**



**Sri Aurobindo Medical College & Postgraduate Institute**



**Sri Aurobindo College of Dentistry**



**Sri Aurobindo Institute of Allied Health & Paramedical Sciences**



**Sri Aurobindo Institute of Speech & Hearing**



**Sri Aurobindo Institute Of Law**



**Sri Aurobindo Institute of Medical Sciences College of Nursing**



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**Bhandari Hospital & Research Centre**



**Bhandari Hospital Pardeshipura**



**BHRC School of Nursing**



**Mohak Hitech Speciality Hospital**



**Bhandari Group of Hospitals & Institutions**



**Jain Diwakar Sri Aurobindo Hospital, Ratlam**



**Sri Aurobindo Institute of Nuclear Medicine & Radiopharmaceuticals (SAINMR)**



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CHILD & ADOLESCENT MENTAL HEALTH AND NEUROSCIENCES CLINIC



**USHA DIVYA BAL MANDIR**  
A SCHOOL FOR CHILDREN WITH SPECIAL NEEDS

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