



# SAIMS TIMES

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## Spiritual & Wellness Summit 2025



"Spiritual & Wellness Summit 2025" organized by Govt of Madhya Pradesh in Ujjain on 5th June 2025, Our Founder Chairman Dr. Vinod Bhandari was invited as "Guest of Honor" by Chief Minister of Madhya Pradesh. Our Founder Chairman Dr. Vinod Bhandari met with Hon'ble Chief Minister of Madhya Pradesh Dr. Mohan Yadav & Chief Secretary of Madhya Pradesh Shri Anurag Jain (IAS) and other ACS during One to One meeting for the future projects in Indore/Ujjain in Madhya Pradesh. He also addressed the audience and told about his vision and project plan with Ujjain & Indore to promote "Medical Tourism in Madhya Pradesh" with adding the World Class Medical Treatment Facilities for Cancer, Neuro Science, including newest technology enhancement in the field of Medical Science along with collaboration with naturopathy, Ayurveda too. Dr. Vinod Bhandari also shared some remarkable suggestions with all dignitaries to improve the services of "Spiritual & Wellness Industry" during future Mahakumbh being organised in Ujjain.

Chief Minister Dr. Mohan Yadav also appreciated & welcomed the suggestions and future Project interest of SAIMS Group. CM assured to provide the best of support from Govt. of MP.



## Congratulations



*Congratulations Dr. Vinod Bhandari & Dr. Mahak Bhandari for the prestigious Dainik Bhaskar Eminence Award at Delhi by the hands of Shri Jyotiraditya Scindia, Union Minister of Communications Govt. India.*

## Congratulations Dr. Mohit Bhandari



*Congratulations Dr. Mohit Bhandari for receiving THE INTERNATIONAL SURGEON AWARD. at Washington DC in June 2025. He is being awarded for his Self-Forming Magnetic Anastomosis Technique.*

**डॉ. महक भंडारी का जन्मदिन सेवा और समर्पण का उदाहरण**



आज श्री अरबिंदो इंस्टीट्यूट ऑफ मेडिकल साइंस के मैनेजिंग डायरेक्टर, डॉ. महक भंडारी ने अपना जन्मदिन भिक्षुक पुनर्वास केंद्र में हितग्राहियों के साथ मनाया और स्वादिष्ट भोजन भी उनकी तरफ से ही था। यह उनका सेवाभाव दर्शाता है।

इंदौर को भिक्षावृत्ति मुक्त बनाने के अभियान में अरबिंदो हॉस्पिटल और डॉ. विनोद जी भंडारी का योगदान अतुलनीय रहा है। इस अभियान के तहत संस्था प्रवेश के द्वारा रेस्क्यू किए गए भिक्षुकों में से 2000 से भी अधिक बीमार लोगों का निशुल्क इलाज हॉस्पिटल ने किया, जिनमें कई गंभीर बीमारियों से पीड़ित थे, कुछ के शरीर में असंख्य कीड़े थे लेकिन हॉस्पिटल ने महंगे से महंगा इलाज भी निशुल्क उपलब्ध कराया।

डॉ. विनोद जी भंडारी और डॉ. महक जी भंडारी ने हमें हमेशा आश्चर्य किया है कि इस पुनीत कार्य में उनका सहयोग सदैव बना रहेगा। उनका यह आश्वासन हमें और अधिक ऊर्जा और प्रेरणा देता है। साथ ही, अरबिंदो के डॉ. नीरज सेन का सदैव तत्परता से प्रदान किया जाने वाला समन्वय हमें तत्काल इलाज की सुविधा सुनिश्चित करता है, जिसके लिए हम हृदय से आभारी हैं।

**Congratulations**

**Dr Bhandari becomes Ratlam's surgical choice**

**Our Staff Reporter**  
INDORE

Renowned laparoscopic and bariatric surgeon Dr Mahak Bhandari has performed over 200 advanced surgeries in Ratlam within just a few months at Jain Diwakar Sri Aurobindo Hospital, operated by SAIMS Indore. Specialising in laparoscopic techniques, Dr Bhandari treated cases of hernia, gall bladder stones, appendicitis, acidity and complex gastro-intestinal disorders with precision.

His expertise and trust in modern techniques have made him a preferred surgeon even for cases previously referred to bigger cities like Indore or Vadodra. With over 10,000 sur-



geries to his credit, Dr Bhandari now consults in Ratlam every Friday, offering OPD, endoscopy and surgical services. Grateful for the public's trust, he remains committed to delivering minimally invasive, fast-recovery treatments with utmost care and innovation.



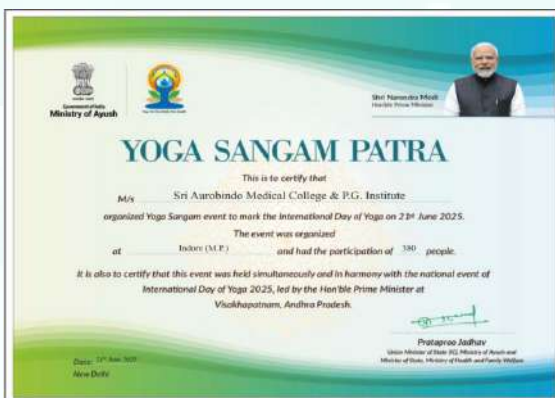
## Sri Aurobindo University Celebrates International Yoga Day with Enthusiasm

June 21: Sri Aurobindo University, Indore, celebrated International Yoga Day with great zeal and energy in the early hours of the morning. The event, organized under the leadership of the Dean of Student Welfare Dr Jaishree Tapadia, commenced at 6:00 AM and saw active participation from all the constituent colleges of the university.

Students, faculty, and staff joined together in a vibrant display of unity and wellness through yoga. The presence of the Hon'ble Chairman, Dr. Vinod Bhandari, added inspiration and encouragement to the gathering. His active participation reflected the university's strong commitment to promoting holistic health and traditional practices.

Renowned yoga guru Mr. Vinod Bamroliya conducted the session and guided students and faculty through various yoga asanas. The session included a series of yoga asanas and breathing exercises conducted in a serene atmosphere, emphasizing the theme of well-being and harmony. The celebration served as a powerful reminder of the importance of physical and mental health in today's fast-paced world.

The event was a grand success, reflecting the collective spirit and health consciousness of the Sri Aurobindo University family.



## Yoga Day



## World Blood Donor Day - 14 Jun 2025



*On the occasion of World Blood Donor Day, Sri Aurobindo Hospital, Indore, organized a special event to honor and celebrate the spirit of voluntary blood donation. The celebration highlighted the importance of safe blood availability and recognized the life-saving contributions of blood donors. With enthusiastic participation from doctors, staff, students, and volunteers, the event featured a successful blood donation drive,*

*awareness activities, and heartfelt appreciation for those who selflessly donate to save lives. This day served as a powerful reminder that every drop counts—and that together, we can build a healthier, more compassionate society. Together, we can ensure safe blood is always available when needed. Because "Donating blood is a gift of life." A heartfelt THANK YOU to all our donors, staff, and volunteers for making this day impactful.*



## Hands-on GYN Endoscopy Training Course



IRCAD India recently hosted a comprehensive 3-day Hands-on GYN Endoscopy Training Course from June 6–8, 2025, tailored for gynecologists seeking practical mastery in laparoscopic and hysteroscopic procedures. Under the direction of Course Director: Dr. Shilpa Bhandari, and with the support of Patrons: Dr. Manjushree Bhandari and Prof. Dr. Jyoti Bindal, the program delivered immersive learning through:

- First-assist experience in live surgeries
- Hysteroscopy simulation sessions
- Laparoscopic suturing on live tissue models
- Modules covering TLH, adhesiolysis, oophorectomy, salpingectomy, and diagnostic laparoscopy



Participants benefited from detailed case discussions, equipment orientation, ergonomic tips, and expert mentoring by a distinguished faculty including Dr. Namrata Kachhara, Dr. Hrishikesh Pandit, Dr. Nikita Rawal, Dr. Dhaval Baxi, and Dr. Shruti Paliwal. Set at the cutting-edge IRCAD India campus, the course also offered a premium on-campus stay, collaborative learning, and a strong academic environment aligned with global standards.



## श्री अरबिंदो यूनिवर्सिटी में “फ्रॉम व्हील टू विजडम” रोड सेफ्टी सेमिनार का आयोजन - 21 जून 2025

वाहन चलाते समय “विजडम” के सही इस्तेमाल से ही बचेंगे अनमोल जीवन

इंदौर। जब हम किसी वेहिकल पर होते हैं, तो अक्सर ओवरस्पीडिंग को एंजॉय करने लगते हैं और यही ओवरस्पीडिंग सड़क पर होने वाली दुर्घटनाओं का सबसे बड़ा कारण बन गई है। इसके सबसे अधिक संख्या में शिकार 18 से 45 आयु वर्ग के वाहन चालक होते हैं। इसलिए अगर आपको अपनी और दूसरों की जिंदगियों की जरा भी फिक्र है तो ओवरस्पीडिंग बिल्कुल न करें और हमेशा ये सूत्र याद रखें कि अगर आप हवील अर्थात वेहिकल पर हैं तो उस समय आपको अपनी विजडम की, अपनी समझ को बहुत अच्छी तरह इस्तेमाल करते रहने की जरूरत सबसे ज्यादा है।

ये बातें श्री अरबिंदो यूनिवर्सिटी में आयोजित रोड सेफ्टी सेमिनार में वक्ताओं ने स्टूडेंट्स को अलग-अलग तरीके से हुए बार-बार समझाई। इसके लिए कभी लघु नाटिका का सहारा लिया तो कभी लघु फिल्म का। सेफ ड्राइविंग की समझाइश देते पोस्टर भी रिलीज किए गए और एक्सपर्ट्स ने अपने विचार भी शेयर किए। “फॉरेंसिक मेडिसिन एंड टॉक्सिकोलॉजी” विभाग द्वारा “इमरजेंसी मेडिसिन” विभाग के सहयोग से आयोजित कार्यक्रम में मुख्य अतिथि डीसीपी (ट्रैफिक) अरविंद तिवारी ने बताया कि ट्रैफिक मुख्य रूप से तीन ई (इंजीनियरिंग, इन्फोर्समेंट और एजुकेशन) द्वारा नियंत्रित होता है तो विशिष्ट अतिथि डीसीपी (जोन-3) डॉ. हंसराज सिंह ने कहा कि सड़क पर चलते हुए हम थोड़ी सी अतिरिक्त सावधानी रखकर दुर्घटनाओं से बचाव कर सकते हैं। इसके लिए हमें अपने भीतर के एनिमल इन्स्टिंक्ट पर काबू रखना सीखना होगा।

सबसे सेफ ड्रिवाइस, रिस्पॉंसिबल ड्राइवर - कुलपति डॉ. ज्योति बिंदल ने कहा कि रिस्पॉंसिबल ड्राइवर, किसी भी वेहिकल का सबसे सेफ ड्रिवाइस होता है। सड़कों पर हर साल होने वाली लाखों मौतों को रोकने के लिए हमें सड़क पर चलते हुए पूरे अनुशासन के साथ ट्रैफिक नियमों का पालन करना ही होगा। इस अवसर पर डीन (स्टूडेंट्स वेलफेयर) डॉ. जयश्री तापड़िया, कार्यक्रम समन्वयक डॉ. प्रवीण अरोरा, डॉ. विशाल बी. सुरवडे, डॉ. महिमा नलवाया, आईपीएस सुदेश सिंह ने भी संबोधित किया। आभार डेंटल कॉलेज प्रिंसिपल डॉ. कांतेश्वरी आईके ने माना। स्टूडेंट्स को रोड सेफ्टी नियमों के बारे में जागरूक करने के उद्देश्य से आयोजित इस महत्वपूर्ण कार्यक्रम में मेडिकल कॉलेज डीन डॉ. आर.आर. वावरे, डॉ. संजय दीक्षित और लॉ कॉलेज डायरेक्टर डॉ. राजीव जैन समेत अनेक गणमान्य जन, डॉक्टर्स, फैकल्टीज और बड़ी संख्या स्टूडेंट्स उपस्थित थे।



## Colonoscopy Training Course Hands-On Gastrointestinal Endoscopy Workshop

*The Colonoscopy Training Course at IRCAD India, held on June 28–29, 2025, delivered an intensive hands-on experience tailored specifically for surgeons aiming to advance their gastrointestinal endoscopy skills. The program combined practical simulation modules with structured live sessions to offer participants a deep understanding of colonoscopy fundamentals and real-time procedural decision-making. The course was further enriched by expert faculty, including Dr. Mohit Bhandari, Dr. Mahak Bhandari, Dr. Manoj Kela, and Dr. Mohd. Talha Noor, who provided step-by-step training on scope handling, polyp detection, patient safety and complication management.*

*Highlights included:*

*Hands-on simulation-based training*

*Faculty-guided live modules*

*Comprehensive curriculum with assessment & reading resources*

*Certification upon successful completion*

*Hosted at IRCAD India, this two-day program upheld*

*IRCAD's global training standards, offering a blend of academic rigor and practical exposure in a world-class surgical learning environment.*



## **Sri Aurobindo Institute of Law organized an insightful and enriching Guest Lecture**

*Sri Aurobindo Institute of Law, Sri Aurobindo University, Indore, organized an insightful and enriching Guest Lecture on the topic “Child Protection Laws in India: A Deep Dive into the POCSO Act, 2012” on 24th June 2025. The event was aimed at sensitizing budding legal professionals about the vital aspects of child protection legislation in India, with a specific focus on the Protection of Children from Sexual Offences (POCSO) Act, 2012.*

*The lecture was graced by the Distinguished Guest Speaker, Prof. (Dr.) Priya Sepaha, Dean, School of Law and Public Policy, Avantika University, Ujjain, a renowned academician and legal expert in the field of criminal and child protection laws. The session commenced with a welcome speech by Prof. (Dr.) Rajiv Kumar Jain, Dean & Director of Sri Aurobindo Institute of Law, Indore. Dr. Jain highlighted the importance of understanding and applying child protection laws in today's legal practice and expressed the institute's commitment to providing students with exposure to contemporary legal issues through such academic engagements. Prof. (Dr.) Priya Sepaha delivered an engaging and deeply informative lecture, wherein she provided an in-depth analysis of the POCSO Act, 2012, discussing its key provisions, legislative intent, and implementation challenges. She also shed light on the roles and responsibilities of various stakeholders including law enforcement, judiciary, and educational institutions in safeguarding the rights of children. Dr. Sepaha's lecture was supplemented with real-life case studies, recent judicial trends, and interactive discussions that kept the audience intellectually engaged. The lecture was attended by the enthusiastic students of B.A. LL.B. (Hons.) and LL.B. (Hons.) programs, who actively participated in the Q&A session that followed. The interaction provided a platform for students to clarify their doubts and gain practical insights into the functioning of child protection mechanisms in India. The session concluded with a Vote of Thanks by Mr. Nagendra Chaturvedi, Assistant Professor, Sri Aurobindo Institute of Law, Indore. Mr. Chaturvedi expressed heartfelt gratitude to the esteemed speaker for sharing her valuable time and knowledge, and also appreciated the efforts of the faculty and student coordinators in organizing the event successfully. The guest lecture proved to be a significant academic initiative, enhancing the understanding of students on critical child protection laws and encouraging them to contribute meaningfully to the legal system with a sense of social responsibility.*



## MICRO-CAMP REPORT: HEALTH CHECK-UP AT ANGANWADIS (DEPARTMENT OF COMMUNITY MEDICINE)

The Department of Community Medicine at Sri Aurobindo Medical College & PG Institute, under the esteemed patronage of our respected Founder-Chairman, Dr. Vinod Bhandari, and our respected Chancellor, Dr. Manujshri Bhandari, successfully conducted micro-camps at various Anganwadi centres in the month of June.

The activities were carried out under the guidance and encouragement from Dr. R.R. Wavare, Dean of SAMC & PGI, and under the supervision of Dr. A.R. Deshpande, Head of the Department of Community Medicine. The entire initiative was spearheaded by Dr. Mayank Rahul, Professor, Community Medicine. The event was co-ordinated by Dr. Unnati Ambwani, Dr. Harshwardhan Singh and Dr. Shubham Jadhav, junior residents in Community Medicine.

The health camps were held at the Ganesh Nagar, Shivaji Nagar, Jeevan Ki Phel Anganwadi centres and few more areas. Attendees received free blood pressure checks, random blood sugar testing, and consultations from resident and intern doctors, along with provision of prescribed medications to ensure quality healthcare. A total of 547 patients benefited from these services. Out of which approx. 70 patients were referred to mega camp and Bhandari hospital, Pardeshipura.

The camps were successfully conducted with tireless efforts and perseverance of Mr. Sanjay Patel (MSW) and Mr. Sumit Jirati (PRO). Valuable support was provided by Mr. Rajendra Mandloi, Health Inspector; Ms. Santoshi Bhalse, Staff Nurse at UHTC; and Ms. Sunita Mungelwal, Ms. Kalpana Shinde, Ms. Sangeeta Vaidya (Anganwadi workers).



## REPORT ON BCME (JUNE- 2025)

*“Education is not preparation for life; education is life itself.” -John Dewey*

BCME-(Basic Course in Medical Education) workshop was conducted from 23<sup>rd</sup> to 25<sup>th</sup> June, 2025 under the aegis of Sri Aurobindo Medical College & PG Institute, Indore, Founder Chairman Dr. Vinod Bhandari, Chairperson Dr. Manjushree Bhandari.

Venue: Reginal Training Centre, Medical Education Unit, SAIMS, Indore.



### NMC Regional Center for Medical Education Technologies

Sri Aurobindo Medical College & P.G. Institute Indore (M.P.)  
Basic Course in Medical Education (BCME) Workshop for M.P. State & Raj. State  
**23<sup>rd</sup> to 25<sup>th</sup> June 2025**





**Left to Right Sitting** (1) Dr. Deepa Ravindranath Nair (2) Dr. Kavita Dharwadkar (3) Dr. Bandita Medhi (4) Dr. Pooja Reddy (5) Dr. Nitin Nema (**Convener, NMC, RTC, SAIMS**) (6) Dr. Vinod Bhandari (**Founder Chairman, SAIMS**) (7) Dr. Manjushree Bhandari (**Chairperson, SAIMS & Chancellor, SAU**) (8) Dr. R.R. Wavare (**Dean**) (9) Dr. K. K. Arora (**MEU Coordinator**) (10) Dr. Manjunath Motagi (11) Dr. Vishal Surwade (11) )Dr. Apurva Bhupendra Thakur

**Standing 1<sup>st</sup> Row:** - (1) Dr. Pranay Dhurvey (2) Dr. Ruchika Sharma (3) Dr. Priyanka Joshi (4) Dr. Varuna Pathak (5) Dr. Nisha Panwar (6) Dr. Aruna Singh (7) Dr. Sunil Agrawal (8) Dr. Rajesh Gaur (9) Dr. Sunita lakhwani (10) Dr. Kalpana Saxena (11) Dr. Priti Verma (12) Dr. Manisha Shrivastava (13) Dr. Hanni Vasudev Gulwani (14) Dr. Mihika Dube (15) Dr. Raksha Huvor (16) Dr. Neetu Purohit

**Standing 2<sup>nd</sup> Row:** - (1) Dr. Anant Pawar (2) Dr. Shyam Dhakiata (3) Dr. Swati Agrawal (4) Dr. Swati Jain (5) Dr. Ankita Chouksey (6) Dr. Sweta Kumari (7) Dr. Jyotsana Jain (8) Dr. Parag Sharma (9) Dr. Gaurav Acharya (10) Dr. Mahesh Raibore (11) Dr. Shariq Ul Hasan (12) Dr. Sandeep K. Sorte (13) Dr. Dinesh Kumar Meena (14) Dr. Pankaj Kumar (15) Dr. Ramanath Karicheri (ACME Observer)

BCME-(Basic Course in Medical Education) workshop was, attended by 30 participants from faculty of some new medical colleges across Madhya Pradesh as well as GMC Banswara (Rajasthan). The inauguration session was conducted by Dr. Nitin Nema, Convenor, RTC, MEU, SAIMS, Indore in the presence of Dean Dr. R.R. Wavare and Dr. Praveen Arora, Co-convenor, Dr. KK Arora, Coordinator, MEU, RTC, SAIMS, Indore.

The routine of beginning the workshop with blissful morning prayer was followed religiously at the beginning of each day's session.

The three-day long BCME workshop was alike a grand gala festival of knowledge and the participants were overwhelmed at the end of their three day long journey at this Regional Training Center (RTC). Lectures were conducted by resource faculties viz. Dr. Nitin Nema, Dr. RR Wavare, Dr. Praveen Arora, Dr. K.K. Arora, Dr. Kavitarati Dharwadkar, Dr. Manjunath Motagi, Dr. Vishal Surwade, Dr. Apurv B. Thakur, Dr. Deepa Nair and Dr. Bandita Medhi, under the able guidance of senior resource faculties of the MEU. Apart from lecture, there were hands-on workshops in which the participants learned the various nitty-gritty of the medical education and how to implement it. During the workshop, some of the candidates of the Advanced Course in Medical Education (ACME) also participated as one day observer as part of their mandatory exercise.



INDORE INTERNATIONAL  
CONVENTION CENTER

# Indore International Convention Center (IICC) Indore (M.P)

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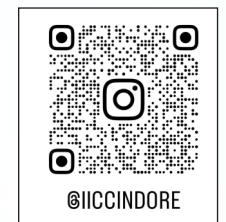
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INDORE INTERNATIONAL  
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# Indore International Convention Center (IICC) Indore (M.P)

## **ROOH – A Refreshing All-Day Dining Experience**

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Start your morning with a colourful breakfast buffet featuring nutritious, immune-boosting options. As the day continues, the space transforms into a lively yet comfortable setting, ideal for business lunches or casual meetups. In the evening, **ROOH** takes on a more refined atmosphere, perfect for enjoying a relaxed dinner with an innovative menu that caters to global and Indian tastes.

## **In-Room Dining – Comfort Meets Cuisine**

Available 24/7, our in-room dining service brings a blend of homestyle comfort and contemporary flavors straight to your doorstep. Choose from a thoughtfully curated menu featuring regional Indian specialties alongside popular international dishes—all served with warm hospitality, right in the privacy and comfort of your room.



## **Friends & Froth – Brewed for Great Conversations**

At **Friends & Froth**, every cup comes with a side of connection. Designed as a welcoming space to gather, laugh, and unwind, this charming café is perfect for **heartfelt catch-ups, casual meetings, or solo moments of peace**. With its relaxed vibe and inviting décor, it feels just like your favorite neighborhood hangout. Enjoy a selection of coffees, refreshing teas, and delicious light bites—all served with a smile. Whether you're reconnecting with old friends or making new ones, **Friends & Froth** is where great conversations and good times begin.



## **Boardroom – Crafted for Visionaries**

Step into a space where innovation meets professionalism. Our sophisticated Boardroom is thoughtfully designed to foster clarity, creativity, and collaboration—making it the perfect venue for executive meetings, strategic planning sessions, and high-impact presentations. Featuring cutting-edge audio-visual systems, ultra-fast Wi-Fi, and ergonomic seating, the environment is built to support seamless communication and decision-making. With customizable dining options and dedicated service, every element is tailored to elevate your meeting experience, ensuring that ideas don't just take shape—they thrive.



## Congratulations Dr. Virendra Bhandari (HOD, Dept. Radiotherapy)



*Received the Most Iconic Healthcare Award 2025 at Hotel Marriott on 11th June.*

*Dr. Virendra Bhandari  
HOD Dept. of Radiotherapy*

## CONGRATULATIONS



*Organised the eighth teaching course in medical physics and radiobiology on 21 and 22 June at Sri Aurobindo medical college. About 85 students from all over the country attended the course.*



## CONGRATULATIONS

*Dr Kavitarati Dharwadkar, Prof & HOD Dept. of Biochemistry, on completing clinical course on WGS interpretation*



## CONGRATULATIONS

*Presented a Guest Lecture in my Alma Mater, Gauhati Medical college and hospital, Guwahati, Department of Physiology Topic : Sleep : a novel realm for Physiologists Guided them on setting up a Sleep Lab , sleep research and showcased our Level 1 Sleep Lab.Regards*

*Dr. Razakkur Rehman  
Dept. of Physiology*



## Congratulations

*Dr Swapnil Sharma Jr 2 received third prize in Central India Haematology Summit 5 - 2025 held at Brilliant Convention Centre today.*

## IMA Activities

### 1st June 25 - IMA & WHO Workshop on Smoking and Smokeless Tobacco

“आईएमए मीडिया वर्कशॉप ऑन स्मोकिंग एंड स्मोकलेस टोबैको” का सफल आयोजन

इंदौर में इंडियन मेडिकल एसोसिएशन (IMA) इंदौर शाखा द्वारा “आईएमए मीडिया वर्कशॉप ऑन स्मोकिंग एंड स्मोकलेस टोबैको” का आयोजन किया गया। कार्यक्रम में देशभर के विशेषज्ञों एवं जनस्वास्थ्य के क्षेत्र से जुड़े प्रतिनिधियों ने भाग लिया।

कार्यक्रम की शुरुआत में शहर के विभिन्न डॉक्टरों ने, उनके द्वारा तंबाकू नियंत्रण में किए कार्यों को साझा किया गया।

वर्कशॉप के प्रमुख आयोजक, व आईएमए के कैंसर और तंबाकू नियंत्रण कमेटी के राष्ट्रीय चेयरमैन डॉ. दिलीप कुमार आचार्य, जो पिछले 30 वर्षों से तंबाकू निषेध कार्य में सक्रिय हैं, ने विस्तार से तंबाकू से शरीर को होने वाले नुकसान व इसे छोड़ने वाले तरीकों को बताया और बताया कि स्थानीय स्तर पर समाज में कैसे इस बुराई को कम किया जा सकता है।

डॉ. जगदीश कौर,, रीजनल एडवाइजर, तंबाकू नियंत्रण, विश्व स्वास्थ्य, संगठन साउथ ईस्ट रीजन, जो दिल्ली से विशेष रूप से इस अवसर पर उपस्थित रहीं, ने तंबाकू की लत से मुक्ति के लिए आवश्यक कार्यनीतियों और सरकारी रूपरेखाओं की जानकारी दी व इस वर्ष की थीम पर भी चर्चा करी। उन्होंने बताया कि किस प्रकार व्यक्तिगत, सामाजिक और नीति स्तर पर सहयोग द्वारा इस समस्या से निपटा जा सकता है।

श्री मुकेश सिन्हा, ने राज्य सरकार द्वारा लागू तंबाकू निषेध संबंधी विधियों और जनजागृति अभियानों की विस्तृत जानकारी दी। उन्होंने बताया कि सरकार किस प्रकार इस दिशा में ठोस कदम उठा रही है और आमजन को भी इसमें भागीदारी निभानी चाहिए।

श्री रवि मेहरोत्रा ने अमेरिका से ऑनलाइन माध्यम के द्वारा इस स्मोकलेस तंबाकू व सुपारी के विषय पर अपनी विशेषज्ञता साझा की और वैश्विक अनुभवों को भी उदाहरण स्वरूप प्रस्तुत किया।

आईएमए इंडिया के राष्ट्रीय अध्यक्ष डॉ. दिलीप भानुशाली, जो विशेषरूप से हैदराबाद से पधारे, ने इंडियन मेडिकल एसोसिएशन की भूमिका एवं प्रतिबद्धता पर प्रकाश डाला और भविष्य में ऐसे कार्यक्रमों की निरंतरता का आश्वासन दिया। उन्होंने यह भी कहा की (IMA) किसी भी विद्या द्वारा इलाज के विरुद्ध नहीं है परंतु मिक्सोपेथी का विरोध करती है।

कार्यक्रम के शुभारंभ के अवसर पर प्रेस क्लब आफ इंदौर के अध्यक्ष श्री अरविंद तिवारी द्वारा तंबाकू नियंत्रण के क्षेत्र में डॉक्टरों के सहयोग से विशेष कार्यक्रम आयोजित किए जाएंगे।



कार्यक्रम के द्वितीय सत्र में उपस्थित सभी प्रतिनिधियों एवं पत्रकारों ने विचार व्यक्त किए कि किस प्रकार सामूहिक प्रयासों द्वारा तंबाकू जैसी सामाजिक बुराई से समाज को मुक्त किया जा सकता है और एक स्वस्थ राष्ट्र का निर्माण संभव है। आईएमए इंदौर के अध्यक्ष डॉ वल्लभ मूंदड़ा व सचिव डॉ सुनील बांठिया ने बताया कि इस अवसर पर लगभग 100 से अधिक प्रतिभागियों ने भाग लेकर कार्यक्रम को सफल बनाया और भविष्य में भी ऐसे जनजागरणकार्यक्रमों के आयोजन की आवश्यकता पर बल दिया।



## IMA Activities

7th/8th June IMA INDORE has participated in central India haemetology summit

आईएमए इंदौर द्वारा आयोजित संगीतमयी संध्या में चिकित्सा जगत ने महसूस की तरंगें

29 जून 2025 को इंडियन मेडिकल एसोसिएशन, इंदौर शाखा द्वारा एक भव्य संगीत संध्या का आयोजन आनंद मोहन सभागृह, इंदौर में किया गया, जिसमें शहर के चिकित्सकों एवं गणमान्य अतिथियों ने उत्साहपूर्वक भाग लिया।

कार्यक्रम का शुभारंभ सायं 7:00 बजे डॉ. भाग्यश्री जोशी द्वारा प्रस्तुत सरस्वती वंदना से हुआ, जिसने संपूर्ण वातावरण को भावमय कर दिया। इसके पश्चात पैथोलॉजी टीम द्वारा प्रस्तुत कबीर भजन ने श्रोताओं को अध्यात्म की अनुभूति कराई।

कार्यक्रम का औपचारिक उद्घाटन नव नियुक्त मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी (CMHO) डॉ. माधव हसानी द्वारा दीप प्रज्वलन के साथ हुआ। इस सत्र में विभिन्न स्पेशलिटी की लगभग 10-12 टीमों द्वारा सामूहिक गीतों की शानदार प्रस्तुतियाँ दी गईं, जिसे उपस्थित जनसमूह ने अत्यंत सराहा।

संगीत कार्यक्रम के उपरांत एंडोर्फिन इन्वेस्टमेंट कंपनी प्राइवेट लिमिटेड द्वारा निवेश एवं वित्तीय नियोजन पर प्रस्तुति दी गई। कंपनी के प्रतिनिधियों ने बताया कि भारत में वर्तमान वित्तीय संभावनाओं का चिकित्सक वर्ग किस प्रकार लाभ उठा सकता है एवं अपनी अतिरिक्त आय को सुरक्षित निवेश द्वारा भविष्य के लिए सुदृढ़ कर सकता है।

कार्यक्रम के अंतिम चरण में तंबोला का आयोजन किया गया, जिसमें उपस्थित सभी अतिथियों ने बढ़-चढ़कर हिस्सा लिया और भरपूर आनंद उठाया। इस गरिमामय आयोजन में डॉ. निर्मल लखोटिया, डॉ. नटवर शारदा, डॉ. सतीश जोशी, डॉ. विवेक जोशी, डॉ. राजकुमार सिसोदिया, डॉ. राजकुमार अग्रवाल, डॉ. दिलीप बालानी, डॉ. सौरभ मालवीय सहित इंदौर के चिकित्सा समुदाय के कई प्रतिष्ठित सदस्य उपस्थित रहे।

आईएमए इंदौर शाखा की ओर से सचिव डॉ. सुनील बाँठिया ने सभी अतिथियों का धन्यवाद ज्ञापित करते हुए कहा कि ऐसे सांस्कृतिक आयोजन चिकित्सकों को एक मंच पर लाकर आपसी सौहार्द एवं मानसिक स्फूर्ति प्रदान करते हैं।



## CME on adult Vaccination

CME on Adult Vaccination (GlaxoSmithKline के सहयोग से आयोजित) - जिसमें बिना fellowship के बाबजूद 180+ सदस्यों ने भाग लेकर कार्यक्रम को सफल बनाया।



डॉ सुनील बाँठिया  
सचिव आई एम ए इंदौर



# Sri Aurobindo University

Under the aegis of Sri Aurobindo Institute of Medical Sciences (SAIMS)



**Sri Aurobindo Hospital**



**Sri Aurobindo Medical College & Postgraduate Institute**



**Sri Aurobindo College of Dentistry**



**Sri Aurobindo Institute of Allied Health & Paramedical Sciences**



**Sri Aurobindo Institute of Speech & Hearing**



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**Sri Aurobindo Institute of Medical Sciences College of Nursing**



**Sri Aurobindo Institute of Journalism & Mass Communication**



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**Institute of Nuclear Medicine & Radiopharmaceuticals (INMR)**

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