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# **Independence Day Celebration at Sri Aurobindo University**









Uniting in Patriotism and Progress. Honoring Independence Day with our Chancellor, Dr. Manjushree Bhandari, and our visionary Founder, Dr. Vinod Bhandari, along with our esteemed faculty members at Sri Aurobindo University, Indore. Together, we celebrate the spirit of freedom and education that drives us forward.

#### **Independence Day Celebration at BHRC**







# Celebrating a Milestone at Sri Aurobindo University, Indore Convocation Ceremony MBBS Batch of 2017

On August 10, 2023, a momentous convocation ceremony took place at the prestigious SAMC & PGI to celebrate the achievements of the MBBS Batch of 2017. The ceremony was organised by esteemed Dean Student Welfare, Dr. Jaishree Tapadia a visionary in the field of education and healthcare. She played a pivotal role in mentoring students, and fostering a culture of innovation in student community.

She had a significant role in coordinating various aspects of the ceremony to ensure a seamless and memorable experience for the graduates and attendees.

The ceremony was graced by the esteemed presence of the Chief Guest, the Honourable Governor of Karnataka, Shri Thawar Chand Gehlot.

Alongside the Chief Guest, the ceremony was graced by the presence of notable personalities, Founder chairman Dr. Vinod Bhandari, Chairperson Dr. Manjushree Bhandari, Managing Director Dr. Mahak Bhandari, Pro-Chancellor, Dr. Mohit Bhandari, Pro-Chancellor, Dr. Shweta Bhandari, Dean Student Welfare Dr. Jaishree Tapadia, Dean SAMC & PGI Dr. R. R. Wavare, Registrar Dr. Anand Misra.

The convocation ceremony was a grand and dignified event, marked by a sense of accomplishment and anticipation. Graduates from the MBBS Batch of 2017, after years of dedicated study and rigorous training, were finally ready to step into the medical profession as qualified doctors. The event was a culmination of their hard work, dedication, and unwavering commitment to the field of medicine.



















The ceremony was conducted with great decorum, the atmosphere was electric with a palpable mix of excitement, nervousness, and pride. Families, friends, and well-wishers of the graduates were in attendance, adding to the joyous ambiance.

The ceremony started with address by the Chancellor Dr. Manjushree Bhandari, where she extended her warm welcome to the chief guest and heartiest congratulations to the graduates and encouraged them to embrace their roles as healers, caregivers, and lifelong learners.

Dean student welfare Dr. Jaishree Tapadia introduced hounarable chief guest to audience.

Certificates were conferred to the graduates by the Chief Guest, marking the transition from students to doctors. The symbolic gesture of donning the graduation gown and cap represented not just an academic accomplishment, but a pledge to uphold the principles of medicine and serve humanity.

The Honourable Governor, Shri Thawar Chand Gehlot, graced the occasion with his inspiring words and motivating speech. He highlighted the significance of medical professionals in society and commended the graduates for their dedication to the noble profession. His address emphasized the importance of empathy, ethics, and continuous learning in the journey ahead.

Oath ceremony was conducted by Dean SAMC & PGI Dr. R. R. Wavare and medals were distributed to the meritorious students by the respective head of the departments.

Distinguished student representative from the Batch of 2017 also delivered a speech that encapsulated the challenges, triumphs, and memories of their journey through medical school. It also highlighted the camaraderie among classmates and the gratitude they felt towards their mentors and professors.

The event ended on a celebratory note, with the tossing of graduation caps and a sense of optimism for the future.

In essence, the convocation ceremony held on August 10, 2023, at SAMC & PGI for the MBBS Batch of 2017 was a moment of immense pride and accomplishment. It marked the beginning of a new chapter in the lives of these newly minted doctors, who are poised to make significant contributions to the field of medicine and society as a whole.

The presence and active involvement of the Dean Student Welfare ensured that the convocation ceremony was not just an administrative event but a reflection of the institution's commitment to the overall development and well-being of its students. Their dedication to fostering a positive and memorable experience for the graduates contributed to the event's success and the lasting memories it created for all those in attendance.





### Inauguration of Sri Aurobindo Aushadhi Vatika at Ujjain

Plantation drive was conducted under the name of Sri Aurobindo Aushadi Vatika at Bhairavgarh, Ujjain. About 2000 medicinal plants were planted by students from all the streams MBBS, BDS, BPT/BOT, BASLP, Nursing. More than 300 students were a part of this massive plantation drive.

Chief guest Dr. PC Dubey explained the importance of various medicinal plants like giloy, vishnukanta etc to students. DFO Kiren Bisen explained the whole plantation project and encouraged the students to work in integrated manner and practice integrated medicine.

Founder Chairman Dr. Vinod Bhandari, encouraged and instilled the feeling of conserving the environment in the youth, who are the future of our world. Dr. Jaishree Tapadia, Dean student welfare highlighted the importance of working together with the allied fields like Ayurveda, which can give us many more and new treatment modalities for the diseases.





#### मेरी जिद है कि हर बीमारी का इलाज इंदौर में मिले... हम इसमें सफल हो रहे हैं इंदौर को मेडिकल हब बनाने में योगदान दे रहे डॉ. महक भंडारी की दास्तां

चिकित्सा एक ऐसा पेशा है, जो मानव जाति के लिए वरदान है। ऐक डॉक्टर वह व्यक्ति होता है, जो किसी मरीज को मृत्यु के जबड़े से खींचकर फिर जीवन में लौटा लाता है। इस काबिलियत को पैदा करने के लिए एक चिकित्सक अपनी युवावस्था से गहन अध्ययन और परिश्रम शुरु करता है और अपने जीवन के महत्वपूर्ण समय को चिकित्सा लेब और किताबों में खपा देता है। यही कारण है कि जब वह किसी मरीज को बचा लेता है, तो लोग उसे धरती भगवान का दर्जा देते हैं। मध्य भारत के मेडिकल हब बन चूके इंदौर में भी कुछ शख्स ऐसे हैं, जो अपनी काबिलियत, मेहनत और सुझबुझ से मरीजों के लिए हर उस इलाज को इंदौर में संभव कर रहे हैं, जिसके लिए पहले देश के अन्य शहरों या विदेश जाना पडता था। ऐसा ही एक नाम है डॉ. महक भंडारी। **आज नाम ही काफी है में इनके परिश्रम और शहर को दी गई चिकित्सा संबंधी सौगातों की** दिलचस्प दास्ता।

मेडिकल हब के रूप में पहचाने जाने वाले इंदौर ने आज जो स्थान बनाया है, उसमें शहर के वरिष्ठ रोबोटिक्स चिकित्सक, भंडारी अस्पताल के डायरेक्टर व अरबिन्दो मेडिकल कॉलेज के मैनेजिंग डायरेक्टर डॉ. महक भंडारी का भी विशेष योगदान है। उनके परिवार में मॉ, पिता, भाई सहित अन्य सदस्य मेडिकल पेशे से ही जुड़े हुए हैं। नतीजन, अपने परिवार के सदस्यों के साथ मिलकर उन्होने शहर में बेहतर मेडिकल सुविधाएं विकसित करने का बीडा उठाया और इसी संकल्प के साथ आगे बढ रहे हैं। उन्होंने इंदौर में एमजीएम मेडिकल कॉलेज से एमबीबीएस किया और उसके बाद मुंबई से जनरल सर्जरी में पोस्ट ग्रेजुएट कोर्स किया। वे प्रदेश के पहले चिकित्सक हैं, जो मध्यप्रदेश में 100 से अधिक जनरल रोबोटिक सर्जरी कर चुके है। पोस्ट ग्रेजुएशन के बाद जब वे 2013 में इंदौर आए, तब उन्होंने पिता डॉ. विनोद भंडारी द्वारा शुरु किए गए भंडारी अस्पताल की जिम्मेदारी का संभाला। वर्ष 2017 में अपने बड़े भाई मोहित भंडारी से उन्होने एडवांस दरबीन पद्धति की सर्जरी का प्रशिक्षण लिया।

इसके बाद से वे एडवांस सर्जरी कर रहे है। वे बताते हैं, मेरा सपना था कि इंदौर शहर में ऐसा अस्पताल हो, जिनमें इतनी सविधाएं हों कि मरीजों को उपचार के लिए देश के अन्य शहर या विदेश जाना न पड़े। यही वजह है कि 1992 में पिता द्वारा शरु किए गए भंडारी अस्पताल के कार्य को बढ़ाते हुए हमने अरबिंदो अस्पताल में उच्च स्तर की स्वारथ्य सुविधाएं जुटाई। अब हमारे अस्पताल में कैंसर का भी उपचार हो रहा है।

#### विशेषज्ञ चिकित्सक व स्टाफ को कर रहे तैयार

डॉ. महक बताते हैं मैरा सपना है कि इंदौर के आसपास स्थित छोटे-छोटे गांव व कस्बों में जहां चिकित्सकों की कमी है, वहां के लोगों को भी बेहतर उपचार मिले। इसके लिए हमारे रेसिडेंड डॉक्टरों का गांवों में भेजकर मरीजों का उपचार करवाते हैं। जिन लोगों के पास आयुष्मान कार्ड है, उनका आयुष्मान योजना के तहत उपचार करते हैं जिन लोगों के पास पैसा नहीं होता. ऐसे जरूरतमंदों को बुनियादी जांच, दवाई व ऑपरेशन का खर्च अस्पताल प्रबंधन उठाता है। मेरी कोशिश रहती है कि पैसे के अभाव में किसी मरीज का उपचार प्रभावित न हो। वर्ष 202 में हमने अरबिंदो मेडिकल यूनिवर्सिटी बनाई ताकि ज्यादा से ज्यादा मेडिकल कोर्स व प्रशिक्षण का कार्य हम इंदौर मे ही कर सके। हमारे मेडिकल कॉलेज से हर साल एक हजार से अधित डॉक्टर व नर्सिंग स्टाफ प्रशिक्षित होकर निकल रहे हैं।

#### कोविड की चूनौती में 46 हजार मरीजों का किया उपचार

डॉ. महक भंडारी बताते है वर्ष 2020 में जब कोविड महामारी आई वो शहर का कोई भी अस्पताल मरीजों को भर्ती करने के लिए तैयार नहीं था। तब मैंने पिताजी से कहा कि हम अपने अस्पताल में कोविड के मरीजों का उपचार करना चाहिए। हमारे परिवार के सभी चिकित्सक सदस्यों ने मेरे इस सझाव पर सहमति दी क्योंकि हम इंदौरवासियों को उस महासंकट में अकेला नहीं छोड सकते थे। हम कोविड की चुनौती के लिये तैयार हुए और तत्कालीन कलेक्टर मनीष सिंह से इस संबंध में चर्चा की। इसके बाद राज्य शासन स्तर पर अरबिंदो अस्पताल को इंदौर ही नहीं बल्कि प्रदेश का पहला कोविड अस्पताल घोषित किया गया। कोविड में हमने करीब 46 हजार मरीजों का उपचार किया। उस दौरान गंभीर मरीजों के उपचार के लिए हमने 250 बिस्तरों का आइसीयू तैयार किया। कोविड संक्रमण व लाकडाउन के कारण जब हर जगह राशन की कमी हो रही थी, उस समय में अस्पताल के दो हजार कर्मचारियों व 1600 मरीजों को तीन समय के लिए भोजन का राशन जटाने के लिए काफी मशक्कत करनी पड़ी। मैं दोपहर में सांवेर के आसपास गांव में जाता था और हम वहां खेती में लगी सब्जियां, तरबूज व अन्य फल खरीदकर लाते थे। जिला प्रशासन की मदद से सूपर स्टोर से चावल, आटा, दाल व अन्य अनाज अस्पताल के लिए जुटाया ताकि कोविड मे उपचार के लिए आने वाले मरीजों व काम करने वाले स्टाफ के लिए भोजन की समस्या न हों। उस दौरान चिकित्सा सुविधाएं जुटाने के लिए मैंने अपनी टीम के साथ चार एम्बुलेंस औरंगाबाद भेजी और वहां से हमने वेंटिलेटर, आक्सीजन पंप, आक्सीजन कंसट्टेटर और आवश्यक दवाइयां बुलवाई।

#### नईदुतिया नाम ही,

#### मेरी जिद है कि हर बीमारी का इलाज इंदौर में मिले... हम इसमें सफल हो रहे हैं

आज नाम ही काफी है में इंदौर को मेडिकल हव वनाने में योगदान दे रहे डा. महक भंडारी की दास्तां

चिकित्सा एक ऐसा पेशा है, जो मानव जाति के लिए वरदान है। एक डाक्टर वह व्यक्ति होता है, जो किसी मरीज को मृत्यु के जवड़े से खींचकर फिर जीवन में लौटा लाता है। इस कृविलियत को पैदा करने के लिए एक चिकित्सक अपनी युवावस्था से गहन अध्ययन और परिश्रम शुरू करता है और अपने जीवन के महत्वपूर्ण समय को चिकित्सा लैव और कितावों में खपा देता है। यही कारण है कि जब वह किसी मरीज को बचा लेता है, तो लोग उसे धरती के भगवान का दर्जा देते हैं। मध्य भारत के मेडिकल हव वन चके इंदौर में भी कुछ शखस ऐसे हैं, जो अपनी कार्विलियत मेहनत और सूझवूझ से मरीजों के लिए हर उस इलाज को इंदौर में संभव कर रहे हैं, जिसके लिए पहले देश के अन्य शहरों या विदेश जाना पड़ता था ऐसा ही एक नाम है डा. महक भंडारी। आज नाम ही काफी में है में इनके परिश्रम और शहर को दी गई चिकित्सा संबंधी सौगातों की दिलचस्प दास्तां।



माठकल हुव के रूप म पहचान जाने वाले इंटीर ने आज जो स्थान बनाय है, उसमें शहर के वरिष्ठ रीबेटिका चिकित्सक, पेडारी अस्पताल के डायरेक्टर व अर्रावंदी मेडिकल कालेज के मैनेजिंग अस्पताल के प्रशास्त्रक अर्थावे के अप अस्पताल व अस्पताल अस्पताल के अस्पताल के

ग्रेजुएशन के बाद जब ये 2013 में इंदौर आए, तब उन्होंने पिता दा बिनोद भंडारी डाग्र शुरू किए गए भंडारी अस्पताल व अर्थवंदे मेडिकल कालेज की जिम्मेदारी को

कोविड की चुनौती में 46 हजार मरीजों का किया उपचार क्वांचिड की चुनावी में 46 हर. इ. महक भारति बतावे हैं वर्ष 2020 में इब क्षेत्रिक महामारी आहे, की शहर का कोई भी अस्पाताल मंदिओं की भारति करने के हिल हैं देखार नहीं का 10 की नी दिख्यानी से कहा कि हमें आपने अस्पाताल में कोड़ित के मार्गिनों का उपचार करना चाहिए। हमारे परिवार के सभी विकित्सका सहस्यों ने मेरे इस स्वाह्य पर स्वस्ताती ही वाहींकि स्वाह्य सुझाव पर सहमति दी वधीकि हम इंदौरवासियों को उस महासंकट में अकेटन नहीं छोड़ सकते से 1 हम अकेटन नहीं छोड़ सकते से 1 हम कविड़ की चुनोती के लिए तैयार हुए और तकालीन कलेक्टर मनीप रिस्ह से इस संबंध में चर्चा की 1 इसके बाद राज्य प्राप्तन स्तर पर अरविद्ये अस्पताल को इंदौर ही नहीं बल्कि प्रदेश का घड़ता केविड अस्पताल चीहित किया गया। केविड में हमने करीब 46 हजार मरीजी का उपवार किया उस दौरान गगीर केविड मरीजों के उपवार के लिए हमने 250 बिरतने का आइसीबू तैयार किया।

ार मराजा को किया उपचार क्षित्र संक्ष्मण व लाकडाउन के करण जब हर जगह राहन वी कभी हो रही थीं, उस समय में अस्थाल के के हजार कमेजियों व 1600 मरीजों को तीन समय के हिए फोजन का राहन जुटाने के लिए काकी महाक्ष्म करनी पढ़ी । में दोसहर में सांक्ष के अस्थास गांव में जाता था और हम वहां खेती में लगी सब्जियां, तरबूज व अन्य फल खरीदकर लाते थे। जिल अन्य प्रकार खरीववर ताले से 15 मिला प्रणासना की महत्त ने सुप्तर करों में वावता, आटा, चाल व आन्य अनका अज्ञातना के दिए जुटावा तालिय क्षेत्रीय में उपार्थ के शिला आने वाले मरिजी व काम करने वाले स्टाफ के विरुप भीवना की समस्या मा हो। उस वीराम विक्रियमा मुख्या में हो। उस निरंप में में आपनी टीम के सम्ब बार पुलेस अंतरणाय के भी और वहां से हमने बेटिलेटर, आवर्तीकान पद्म. अध्यसीजन कस्पेट्रेटर और आवश्यक दवाहया बुलवाई ।

# विशेषज्ञ चिकित्सक व स्टाफ

डा , महक बताते हैं, मेरा सफत है कि इंदौर के आरम्पास रियत छोटें-छोटे गांव व करबों में जहां चिकित्सकों की कमी है, वहां के लोगों को भी बेहतर उपचार मिले इसके लिए हमारे रेसिडेट डावटरी की गांवी में भेजकर मरीजी का उपचार गांधी में भंजावार मरीजी का उपचार करवाते हैं। फिन लोगों के पास आयुष्प कार्ड हैं, उनका अयुष्पान चीजना के तहत उपचार करते हैं। जिन लोगों के पारा पैस्स नहीं होता, ऐसे जरूरतामधी व बुनियादी जान, दवाई व आपरेश बुनियादी जान, दवाई व आपरेश च अर्थाताल धर्मान उठाता है। मेरी धर्मीणा रहते हैं कि ऐसे के अन्यव में किसी मरीज का उपचार प्रभावित न हो। वर्ष 2020 में हमने अरविदो मेडिकल युनिवर्सिटी बनाई लांक ज्यादा से ज्यादा मेडिकल कोर्स व प्रशिक्षण का कार्य हम इयोर में ही कर सके। हमारे मंडिकल क्रांतेज से हर साल एक हजार से अधिक डाक्टर थ नसिंग स्टाफ प्रशिक्षित होकर निकल रहे हैं।



#### **Indian Orthopaedic Association - Bone and Joint Day**

Sri Aurobindo University Indore organized the Indian Orthopaedic Association Bone And Joint Day 2023 program on the 4th of August. This event was inaugurated by Dr. Mahak Bhandari, Pro-Chancellor, SAU Indore along with Dr. Jayashree Tapadia, Dean of Students Welfare and Dr R.R. Wavare the Dean of SAIMS College,

Every year Bone and Joint week is celebrated during the first week of August and 4th August is celebrated as Bone & Joint day. This year the Indian Orthopaedic Association along with Department of Orthopaedics, SAMC & PGI, Indore successfully conducted live seminars, demonstrations and tutorials with interactive sessions under the presidential theme - "Each One Train One Save One".

Under the Guidance of Prof. Dr. Saket Jati and Prof. Dr. Devendra Nayak more than 6000 individuals in more than 10 institutes of Indore were trained on Bone and Joint day on Basic Life Support in an emergency life situation where for a patient lying unconscious or in need of primary aid, what all measures, precautions and maneuvers can be applied in order to provide primary care in the need of the hour and save a valuable life.

With this training session a record was created- 'Training the maximum number of persons in a single day with basic life support training' which was recognised and felicitated by India Books of Records and Asia Book of Records.













#### **Congratulatons**





Dr. Mohit Bhandari for chairing a scientific session of International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Conference 2023 at Napoli, Italy.

#### **Breastfeeding Week**

Department of Pediatrics and Adolescent medicine, SAMC and PGI celebrated Breastfeeding week from 1st to 7th August with very well orchestrated events by Division of Neonatology.

The week started with poster competition judged by Dr. Hemant Jain, Dr. Sunita Mishra and Dr. Prerna Pandey.

As a ritual, this year also we organised Intercollege Breastfeeding week PG quiz. Participants were from Choithram, Chacha Nehru(MY), Index and SAIMS. It was beautifully conducted by Dr. Apurva Kawdiya.









Proud to say that SAIMS team (Dr. Sumit Nigam and Dr. Divita Bhargav) won the quiz followed by CHRC as runner up. All participants gave a very tough fight. Overall it was a very knowledgeable and enjoyable event.

Breastfeeding week ended with Inter Departmental Role play by Pediatric and OBGY pgs for our ANC /PNC/NICU /KMC ward mothers. It was a huge success.

I thank the organizers and PG's for all their hard work and dedicated involvement.

Dr Gunjan Kela Head Of Dept,paediatrics



#### **Anti Ragging Week**

The Anti- Ragging week observed in the month of August from 12th to 18th witnessed gargantuan participation from the side of students and management alike.

The invigorating presence of our Dean Student Welfare, Dr Jaishree Tapadia was the reason behind the celebration and competitions held had a grandiosity of scale and opulence that reinforced life into the theme itself. Her firm commitment to the idea inspired trust and breathed confidence in both students and professors to combat ragging.

Dr. Jaishree Tapadia is a pioneer in the fields of healthcare and education. She was essential in developing a culture of innovation among students and in mentoring pupils. She played a vital role in organizing several components of the events to make sure everyone had a smooth and enjoyable time.

The Celebration of Anti-Ragging by the Sri Aurbindo University was an initiative by the college to create a safer and welcoming environment for all. The recent rise in the cases against ragging was appalling and a warning for the administration to create awareness and take firm steps to curb the practice.

Ragging is a punishable offence and against the values we promote here at Sri Aurbindo University. Throughout the Anti Ragging week various activities and awareness programs were scheduled to highlight the ill effects of ragging, legal consequences against it and to address any such occurrences at the earliest to the Anti ragging committee.

The event commenced with a poster making competition that was in SAIMS CON, in which B. Sc 4th year students took part enthusiastically. Judges for the event were Hon'able Dean, Student Welfare Dr Jaishree Tapadia and Respected Head of Department for Pharmacology, Dr Pooja Reddy. There were 8 posters at display beautifully demonstrated ragging and it's various forms with emphasis on a ragging free campus.

#### **WINNERS**

1<sup>st</sup> Ms Meenakshree Ningwal, 2<sup>nd</sup> Ms Sarita Pal, 3<sup>rd</sup> Ms Neha Patel and Mr Gaurav Pandey















Later to add icing on cake the Nursing students performed a Role Play about ragging and it's negative effects.

At Sri Aurbindo University's college of Speech and Hearing, the "Anti-Ragging"-themed Logo Design Competition was successfully held on August 16. The competition's goal was to promote awareness against ragging and advocate a sense of responsibility amongst all those who witness it but remain silent. The competition saw a huge turn out with each participant bringing something unique to the table. Dean Student Welfare, Dr. Jaishree Tapadia, and Dr. Kudrat Bhangu served as the competition's honorary judges. Based on the aesthetic impact, concept clarity, relevancy, and inventiveness, they graded the logos. Later, the developed logos were put on display in conspicuous areas of the college to increase public awareness of ragging and its drawbacks.

#### **WINNERS**

 $1^{st}$  Anushka Patil, Anushka Holkar, Aayush Nagdone,  $2^{nd}$  Shruti Pal, Sophie Wilson, Saurav Soni,  $3^{rd}$  Narendra Kurmi, Pawan Jadhav, Pooja Naughane.

Sri Aurbindo College of Allied Health and paramedical Sciences kept the traditions alive with the anti ragging themed Rangoli Making Competition held on the 17th of this month. The event witnessed a hefty participation from all the batches and the atmosphere filled with zeal and enthusiasm. The purpose of the event was to generate a consciousness against the practice of ragging and to observe the many perspectives held by students on it. The competition took place under the invaluable guidance of Dean Student Welfare Dr Jaishree Tapadia and Head of Department for Microbiology Dr Prachi Shaw. They also served as the competition's eminent judges and gave the youngsters some insightful advice. The event was coordinated by Dr Neha Sharma under the counsel of Dr Shekhar Modak and Dr Jaishree Tapadia.

#### **WINNERS**

1<sup>st</sup> Ms Khushi and Diksha, 2<sup>nd</sup> Ms Shewta and Kusum, 3<sup>rd</sup> Ms Mahi and Priya.

The first Antiragging Week at Sri Aurbindo University was cheerfully and enthusiastically observed. The students participated in a wide range of activities that led to the common learning outcome of avoiding and















discouraging the practice of ragging. The MBBS community's "Poster Making and Essay Writing Competition" was on the agenda for 17th of August. All of the batches participated in great numbers in the competitions, which really highlighted everyone's originality. The creative minds painted their concepts onto the paper to produce a poster that was alive with feeling. It was more difficult for the judges to select a winner because the writers delved deeply into the subject and produced moving articles. Dean of Student Welfare and Head of the Physiology Department Dr. Jaishree Tapadia and adored Professor of Anatomy Dr. Rupa Chapperwal served as the competition's respected judges. They gave us the gift of their presence while educating the pupils and denouncing the behavior of ragging.

Keeping up with the pacing and digital savvy world the "E- poster Presentation" Competition was on point with its agenda held on the 18th of August. The participants ushered in newer ideas and delved deeper into the theme to understand its core. Through their posters, the winner presented a variety of views, including the negative impacts of ragging, the need to create a safe space for victims, and the obligation for seniors to serve as mentors rather than abusers. The competition was well orchestrated by the council members and the anchors, who kept the audience and competitors' fervor and enthusiasm high. Hon'able Dean, Student Welfare Dr Jaishree Tapadia and Principle, Sri Aurbindo college of dentistry Dr Kanteshwari I.K. were the esteemed judges for the competition, who provided the students with their knowledge and experience. The event came to an end with a projection of all the posters in the lobby of the dental college. The event was a success and raised awareness of ragging as a criminal behavior and its repercussions among college-bound students.

#### **WINNERS**

1<sup>st</sup> Mr Alok Mittal, 2<sup>nd</sup> Mr Sanchit Mishra, 3<sup>rd</sup> Ms Ananya Jhaketiya.

The event concluded in with a synonymous outcome of aversion towards ragging and understanding that: The ultimate tragedy is not just the oppression and cruelty by the bad people but the silence over that by the good people.

Martin Luther King.



























#### E Poster Competition for BDS Students during Anti-Ragging Week

At Sri Aurobindo University, Indore, we believe in fostering a safe and welcoming environment for every student. That's why we've dedicated this week to raising awareness about the negative impact of ragging within our college premises.

Through a series of enlightening sessions and engaging activities, we've come together to send a powerful message – that ragging has no place in our academic family. Our aim is to create an atmosphere of respect, friendship, and collaboration among students.

Remember, it's not just about a week of awareness; it's a lifelong commitment to creating a positive and nurturing educational space. Together, we can make a difference.

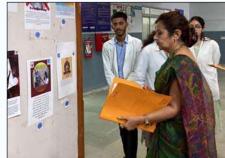




#### Anti Ragging Week Slogan Competition Held in BSLP Department













## **Trauma Awareness Campaign**

Association of Oral and Maxillofacial Surgeons of India "Guardians of the Face" conducted a nationwide Trauma Awareness Campaign - "Saving Lives, Saving Faces" on 26th August 2023.

The Lecture was conducted by The Department Of Oral and Maxillofacial Surgery under the able leadership and guidance of Dr. Geeti Vajdi Mitra, Head of the department. The speaker was Dr. Rahul Chhajlani Professor at the Department of Oral and Maxillofacial Surgery at Sri Aurobindo Institute of Dentistry.

The main agenda of this lecture was to spread awareness about the Road Traffic Accident and Trauma prevention and safety measures. It was a highly informative and engaging lecture and was very helpful for the students and staff members from the Dental college, Physiotherapy college, Sri Aurobindo University.







#### **Neonatal Simulation Course on USG & ECHO**

1st NEOSIM (Neonatal simulation) course on USG and ECHO started in SAMC and PGI on 13th August.



It is a eight weeks course designed with lectures, simulator lab training and adequate hands-on well suited for postgraduate students, practising Pediatricians and Neonatologists. It is planned by trained faculty like Dr. Gaurav Mogra, Dr. Abha Jain, Dr. Prashant Agrawal and Dr. Rajkumari Rawat.

> Dr. Gunjan Kela Head of Dept Paediatrics SAMC & PGI, Indore (M.P.)

#### Congratulation Dr. Shweta Bhandari & Dr. Gunjan Kela

Congratulations, Dr. Shweta Bhandari and Dr. Gunjan Kela on receiving the NaiDunia's Doctor Award!. Your dedication, expertise, and tireless efforts have made a significant impact on the lives of countless mothers and their babies.





# जिनके हाथों में मनुष्य को बचाने का हुनर... उनके सम्मान में झुका शहर

माती है, तो वे तुरंत उसे खचाने भूमिका में आ जाते हैं। ऐसे मका में आ जात है। एस के मंगलवार को होटल ग्रेंड फैलेस में नहंदुनिया सक सम्मान से सम्मानित गया। आयोजन के मुख्य । जल संसाधन मंत्री हुलसी ।ट और महापौर पुष्पमित्र

भागंव रहे।

महावीद ने संबोधित करते हुए

महावीद ने संबोधित करते हुए

कहा कि जाहर में कही चिकित्सक

का सम्मान ही और मैं न जाले, तो

मुद्दे लगाता है कि अपनी जावजदारी

मुद्दे राजा हा है। चिकित्सकों का

मामान करना मेरे लिए सीभाग की

माम है। जब भी इंटीर की

आवादकता पड़ी, तो अपन स्वी

सर्देव मदद के लिए तैवार रहते हैं। सदय मदद के लिए तैयार रहत है। णाहै वह कोर्रोना संक्रमण का समय हो या फिर अन्य कोर्ड विकट परिस्थिति। नर्ड्यूनिया का पन्यकर करता हूं कि आपने डाक्टरों को सम्मानित किया। समारोह में श्री नृत्य आराचना केंद्र को सक्तिकाओं नृत्यं आगाना कर का सामकाश्रम हो। न सांस्कृतिक कार्यक्रम की प्रस्तुतिका टेकर सम्मान समाग्रित का ग्रेतर और क्या दिव्या आकोशन में औमसम पुर, श्री अर्थियो वृत्रिवर्सियों, सार्थक सिंगापुर पुर, रहेकस पुर आक इन्स्टोर्स्ट्रांस का सहयोग रहा।



लाइफ टाइम अधीवमेंट डा. शुक्ला को कार्यक्रम में तहरू टाइम अवीवमेंट अवार्ड से डा. सतीश शुक्ला की सम्मानित किया गया । इस दौरान नई दुनिया के सीईओ संभव शुक्ला. राज्यं संयादकं सदृरः शरण अंवस्थी व अन्य पदाधिकारी मौजूद रहे।

विरत्त समावार कल के अंक में

विकित्सको के सेवा के अञ्चे को प्रणाम करते हुए नईदुनिया ने मंगतवार को विकित्सक सम्मान वर आयोजन किया। इसमें शहर के विभिन्न क्षेत्रों में कार्यरत विकित को को जल संस्कृपन मंत्री कुलसी रिप्त्ववट और महापोर पृथ्यपित धर्मव ने सम्मानित किया। राज प्रवार

इन दिग्गजों का हुआ

उच्चाराज के बाज शीवकाशी आयोजन में मेरायाज वंद राममान क इस्त गारवभया आवाजन म मररनार एड फिटेल मेडिसिन डा. श्वेता महिरा हुत्ते, रूत्री रोग विशेष्ट्र डा. नीरजा शीवास्तव, रूत्री रोग विशेष्ट्रह्म डा. ज्येति रिमलोट, प्रस्तुत, रूत्री रोग एवं निरस्तानता विशेष्ट्रह्म डा. मोनिका वीचरी मरेडिया, देत रोग विशेष्ट्रह्म डा. सुरेंद्र दिल्लीवाल, दंत रोग विशेष्क्र डा. कुलदीप रिष्ट

නගා සහනා මින්නය හා ප්රියාධන හැස සහ राणा, दत्त रागा वारायका हा. त्यारता रख्त एका हार्य भारत विविक्तसक डा. गमता रिक्ट, न्यूरोत्वाजिस्ट अयुर्व पीराणिकः श्वासन तंत्र विशोधक डा. गीरव गुद्धा, न्यूरो सर्जन डा. राकेश गुद्धा, गस्ट्रोइट्रोत्वाजिस्ट डा. हरिग्रसाद यादव, गेरट्रोइट्रोलाजिस्ट डा. अमित अग्रवाल, एमडी

प्रेरिकिया वा आहेर खेला लाग्यिका शिव्योशियात वा भाडारान डा. धमद झरर, करकार रा घरणाहावन राजय कुमार जैन, शिशुरोग विशेषज्ञ डा. गुंजन केरल, शिशुरोग विशेषज्ञ डा. निर्भय मेहला, किंकियोधेरीयस्ट डा. रोहित सुमेदार, किंकियोधेरीयस्ट डा. रोहित सुमेदार, डा. नयन गप्ता. फोरॅसिक मेडिसन डा. पीएस

टाकुर, आयुर्वेदावार्य डा. अजीतवाल रिक्ष चीहरून, अस्पियोग सर्जन डा. मनीव स्व्हानिया, आयोग्रीडक स्वर्जन डा. अनिल अमाराद, फिजनी रोग विशेषक्ष डा. हिंग्स शंकर पाना, मनीविधितस्का डा. कृष्णा मित्र चर्च रोग विशेषक्ष डा. राहुल नागर, मुमुक्त स्वर यागराइड विशेषक्ष डा. राहुल नागर, मुमुक्त स्वर

विभोगवर का वर्गर प्राथमिका केंग्र गोरा विभोगवर का रवशका डा. एक प्रवास्था, नव राग वशका डा. टीना अप्रवास, नेव रोग विशेषका डा. आदित्य अग्रवास, एमडी होन्योचित्री डा. अवित वोचडा, वेटरनरी सर्जन डा. भगवान सिंह कराड़ा, रेडियोलाजिस्ट डा. हितेश गोवास और ज्यूरी सदस्य डा. शेखर डी . राव को सम्मानित किया गवा



#### **Starbisums Hand-On Workshop**

On 19th August 2023, a strabismus hands-on workshop was organised at the Sri Aurobindo University campus by the Department of ophthalmology under the guidance of Dr. (Professor) Shreya Thatte, well coordinated by Dr. Aashi Bansal, Dr. Amisha Jain, Dr. Pragya Prakash, Dr Sonam Verma and Dr. Lalita Gupta.

The workshop was inaugurated by Respected Dr. Vinod Bhandari Founder Chairman, SAIMS, Dr. Manjushee Bhandari Chairperson, SAIMS & Chancellor – Sri Aurobindo University, DR. Mahak Bhandari

General Secretary and Pro- Chancellor SAU - SAIMS, Prof. (Dr) Jyoti Bindal Vice-Chancellor SAU, Dean Dr R. Wavare and Dean Student welfare, Dr. Jayshree Tapadia.

The workshop was graced by the presence of Dr. Professor Zia Chaudhuri, (Director-Professor Lady Hardinge Medical College and associate hospital and a well reputed strabismus surgeon of India).

Other guest faculty from the state included Dr. (Professor) Ulka Shrivastava, Head Department of ophthalmology, Chirayu Medical College, Dr. (Professor) Shweta Walia, Professor, MGM medical College - Dr Birendra Jha, Medical Director, Indore India Eye Care, Dr Seemee Kapadia, Assistant Professor, LNCT Medical college, Dr Aashish Kumar Gangrade Consultant, Sankara eye hospital, Indore, Dr. Rishika Mutha, Visiting Consultant SRJ Nethralaya and Nihar Nethralaya, Indore, Dr Anagha Chawhan, Assistant Professor, Chirayu Medical College Bhopal.

With 67 registered participants, the workshop was well attended and praised by delegates from all over the state that included post graduate students, private practitioners and faculty from various institutes of Madhya Pradesh.

In our first session, that was Video Interactive case discussion the delegates actively participated in and got a chance to discuss squint cases with our guest faculty and learnt all about the approach, diagnosis and management of patients in a very interesting manner.

After that, in the hands-on session, they got a chance to interact with each and every mentor and learn the diagnostic test including corneal reflex test, sensory and motor examination of strabismus and diplopia assessment by hess charting by performing on patients under their supervision. Demonstration of vision therapy, a new modality for amblyopia management was given to all the participants.

Also all the delegates performed squint surgery on model eyes prepared by artists of our organisation.

The first of its kind in the state, this hands-on strabismus workshop was a great learning opportunity for the post graduate students and young ophthalmologists of Madhya Pradesh.















# **IPC-NABH Workshop-cum-Training Programme on 'Pharmacovigilance' for NABH Accredited Hospitals**

Department of Pharmacology of SAMC & PGI under the aegis of SAU with direct supervision & guidance of founder chairman Dr. Vinod Bhandari, has conducted a one-day National level Workshop-cum-Training Programme on Pharmacovigilance for NABH Accredited Hospitals on 24th August 2023 at Shri S.M. Bhandari Auditorium, SAU, SAIMS Indore, in collaboration with Indian Pharmacopoeia Commission (IPC), Ghaziabad, ministry of Health & family welfare, Govt. of India.

Dr. Chhaya Goyal welcomed all the virtual - offline workshop delegates and speakers.

Dr. Vinod Bhandari founder chairman SAIMS inaugurated the workshop with cultural custom of lamp lighting and Saraswati Vandana.

Dr. Jai Prakash Officer-in-Charge PvPI, IPC, Ghaziabad discussed about the current status of PvPI & he also mentioned that in world ranking we are 8th in position among 185 member countries of WHO-UMC (Uppsala Medical Center) for international drug monitoring.

Ms. Varsha Srivastava, Assistant director NABH, New Delhi explained about the Significance of ADR reporting for NABH Accredited Hospitals in India. She appreciated SAIMS being an NABH Accredited Hospital with capacity of 1400 bed strength.

Dr. Chhaya Goyal, Professor & Coordinator of pharmacovigilance department, SAIMS Indore explained importance of pharmacovigilance, ADR monitoring & how to report it to authority (PvPI).

Dr. Ratinder Jhaj, Professor & Regional training centre (RTC) Coordinator AIIMS Bhopal, guided the delegates about Setting up of a Pharmacovigilance System in Hospitals.

Dr. Pooja Reddy professor & head department of pharmacology, organising secretary & her team efforts were well appreciated by one & all. She concluded the event with vote of thanks.

We had an overwhelming response from participants all over India as there were more than 130 offline and 111 virtual participants. Overall it was a fruitful & successful event.























# Report On BCME & CISP-III (August 2023)







The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires. -William Arthur Ward

BCME-(Basic Course in Medical Education) workshop was conducted from 17th to 19th August, 2023 and CISP-III (Curriculum Implementation Support Program) was conducted from 24th -25th August, 2023 under the aegis of Sri Aurobindo Medical College & PG Institute, Indore, Founder Chairman Dr. Vinod Bhandari, Chairperson Dr. Manjushree Bhandari & Dr. Mrs. Bose, Director Medical Education and Ex-Convenor of MEU.

Venue: Reginal Training Centre, Medical Education Unit, SAIMS, Indore.

BCME-(Basic Course in Medical Education) workshop was attended by 27 participants from various medical colleges across Madhya Pradesh. The inauguration session was conducted by Dr.Nitin Nema, Convenor, RTC, MEU, SAIMS, Indore in the presence of Dean Dr. R.R. Wavare and Dr. Praveen Arora, Coconvenor.







Morning prayer at the beginning of each day's session instilled positive vibes in the minds of all the participants as well as all the resource faculties.

The three-day long BCME workshop was lectures full of knowledge and the participants were kept on their toes with the help of regular group discussions and group activities. Every participant was overwhelmed at the end of their three day long journey at this Regional Training Center (RTC). Lectures were conducted by resource faculties Dr.NitinNema, Dr. RR Wavare, Dr. Praveen Arora, Dr. K.K. Arora, Dr.Chhaya Goyal, Dr. R K Jha, Dr.Manjunath Motagi, Dr.Kavitarati Dharwadkar and Dr. Pooja Reddy.

Dr. Apurv B. Thakur, Dr. Deepa Nair & Dr. Vishal Surwade, as newly inducted resource faculty, took active participation in various responsibilities given to then during the workshop, under the able guidance of senior resource faculties of the MEU.

In addition to it, some Medical Interns also helped in demonstration of some important topics.

CISP-III (Curriculum Implementation Support Program) was conducted on 24th& 25th August,2023 with participation of 28 senior faculty including some Deans, Heads of Departments and senior professors of the Medical Colleges of Madhya Pradesh. The participants had discussion regarding implementation of the new curriculum at their respective institution keeping the goal of making better IMGs(Indian Medical Graduates). CISP was also a thought provoking instrument among the senior faculties, who attended the workshop. It also saw the knowledge sharing by Resource Faculties of MEU, SAIMS, Indore.



# SAIMS College of Nursing, Report on World Breast Feeding Week

"Theme: Enabling Breast Feeding: Making a Difference for Working Parents"

The department of Obstetrics & Gynecological Nursing Department & Pediatrics Nursing department hosted an event to celebrate breast feeding week (1st August to 7th August 2023) in SAIMS College of Nursing Indore, under the valuable guidance of Prof. Dr. Prerna Pandey, Principal SAIMS College of Nursing. The participation from student's side were B.Sc. Nursing IIIrd Year and GNM IInd year. They have participated in this breast-feeding week and also contributed in making Posters, Health education, Rangoli, Quiz, Skit, & Slogan competition was organized by Pediatric Nursing Department and Obstetrics & Gynecological Nursing Department under the guidance of HOD Pediatric Department, Dr. Mansi Choudhary (HOD of OBG Department) & all Faculty members Mr. Narendra Kumar, Mr. Rahul Kumar, Ms. Sonali Patel, , Ms. Trupti Shukla, Ms. Supriya Rai, Ms. Swati Oswal, Ms. Surbhi, Mr. Jeremy, Mr. Shubham Pindlaya, Ms. Shivangi, Ms. Vijita Joseph, Ms. Sonali Khade.

On 1st of August 2023 Poster Competition was organized, different posters with creative art were displayed by B.Sc. Nursing 3rd year and GNM 2nd year Students from SAIMS College of nursing near OPD entrance area SAIMS Hospital. The total number of groups that participated in the Poster Competition was 30 with 25 group from B.Sc. Nursing IIIrd Year and 5 groups from GNM IInd year. The judges were Dr. Deshpande (HOD Community Medicine, SAMC & PGI), Dr. Gunjan Kela (HOD of Pediatrics, SAMC & PGI) for poster competition, on 01.08.23 result was declared.











Poster Competition Winner:1st Prize Winner (B.Sc. N. IIIrd Year): Group 22 1. Ankit Gupta, 2. Vaibhav Tiwari. 2nd Prize Winner (GNM IInd Year): Group 28 1. Nivedita, 2. Manish Dewda. Consolation Prize (B.Sc. N. IIIrd Year) 1. Vishal Raj Nagar, 2. Vishnu Dev Patidar.

On 2nd August 2023 Health Education was given to antenatal and postnatal mothers.

On 3rdAugust 2023, Rangoli Competition was organized on Theme- Enabling Breast Feeding: Making a Difference for Working Parents in which a huge participation was made by B.Sc. Nursing 3rd year and GNM 2nd year Students from SAIMS College of Nursing on 4th floor corridors. The total number of groups that participated in the rangoli competition was 26 with 21 groups from B.Sc. Nursing 3rd year and 5 group GNM 2nd year. The Rangoli Competition was judged by Dr. Jaishree Tapadia (Dean, Student & Welfare), SAU &Dr. Neeta Natu (HOD of Obstetric & Gynecology).

Rangoli Competition Winners: 1st Prize Winner (GNM IInd Year): Group -26 1. Nivedita Sunhare, 2. Manisha Devda, 3. Ayush Chouhan. 2nd Prize Winner (B.Sc. N. IIIrd Year): Group-10. 1. Priti Parihar, 2. Sakshi Khertiya, 3. Himanshi. Consolation Prize (GNM IInd Year): Group-25 1. Amit, 2. Nandini, 3. Piyush Ghorse







# SAIMSTIMES



On 4th August 2023, Quiz Competition was organized. Total 6 teams 5 team from B.Sc. Nursing 3rd year and 1 team from GNM 2nd year. Quiz Competition Winners. 1st Prize Winner (B.Sc. N. IIIrd Year): Group – Nightingale 1. Ankit Gupta, 2. Vaibhav Tiwari, 3. Rishi Solanki. 2nd Prize Winner (B.Sc. N. IIIrd Year): Group – Roy's 1. Vandana Choudhary, 2. Rajni Chauhan, 3. Shivani Khertiya

**On 5th August 2023,** Skit was organized the Skit was presented near CSSD (Gynec teaching area), Ground floor of SAIMS Hospital in presence of antenatal and postnatal mothers.

**On 6th August 2023**, Slogan Competition was organized. It took place in Daffodil Hall, 4th floor of SAIMS College of Nursing, Indore. The Slogan Competition was elegantly orchestrated in the esteemed presence of Dr. Chintamani Chouhan. The total No. of participant 13

Slogan Competition Winners: 1st Prize Winner (B.Sc. N. IIIrd Year): Shivani Kushwaha, 2nd Prize Winner (B.Sc. N. IIIrd Year): Teena Dhoulakoti Nepali, Consolation Prize (B.Sc. N. IIIrd Year): Vaishali Rathore.

















#### **New Cutting Edge Technologies Available in SAIMS**

Super specialty division of Sri Aurobindo Medical College and PG Institute has become the first in central India to have many newer and latest technologies available in various departments with highly trained team of doctors and other technical staff in the hospital.

ROBOTIC SURGERY- First center to have robotic surgery available for urological, gynaecological, orthopaedic and gastric surgeries.

MRI-3 TESTA with facilities to get a functional MRI done, MR tractography and perfusion studies, spectroscopy and whole body diffusion to be done including cardiac perfusion studies.

Halcyon Linear Accelerator - The highest technological linear accelerator in central India which can treat all cancer with specifically targeted and daily imaging facility and treat the cancer within a very short period of time on this LINAC . We can treat by SBRT, SRS, IMRT, IGRT which will take very less time in treatment along with PIN POINT delivery of radiation to the tumor sparing all the normal organs at risk around or which come in the path, which helps in increasing the control rates along with reduction in radiation toxicities. Department of radiation oncology is also the only department in central India where all types of Interstitial, Intraluminal, Intracavitatory Brachytherapy and Surface Mould Brachytherapy is being done giving much better cosmetic results along with better control of the disease.

PET CT SCAN - The 4MI Vistas 160 slice digital PET CT scanner available in SAIMS has light burst detector for delivering highest sensitivity enabling excellent image quality with higher sensitivity to detect hidden lesions. Besides Oncology it also helpful in assessing myocardial viability and ischemia, assessing epileptic syndrome and is useful in detecting few cognitive disorders and dementia and useful in detecting some unknown infections and guided biopsies can be done through solid areas of tumor.

Symbia EVO EXCEL Dual Head SPECT Gamma camera enables very high quality functional images in very short time because of two camera heads in this unit.

The vision of Dr. Vinod Bhandari had made it possible that highly trained and qualified faculties are available in all departments and everyone is devoted for giving ultimate and timely care to the needy patients. He has also seen that all the latest and best technological equipments are available in this institute for giving best possible care to all the patient and people of central India.

Presently this college is the only center in Central India to have all newer facilities for total patient care within the state.

Dr. Virendra Bhandari, Professor & Head, Radiation Oncology







# **Congratulations**



Dr. Mohit Bhandari for nomination in the Organising Comittee of 4th IBC Oxford University World Congress 2023 being organised in September 23, UK.





#### **IMA Indore Activities**



स्वतंत्रता दिवस पर आईएमए भवन पर कार्यवाहक प्रेसिडेंट डॉक्टर वल्लभ मूंदड़ा एवं उपस्थित सभी सम्माननीय सदस्यों के द्वारा ध्वजारोहण का कार्यक्रम संपन्न हुआ।

#### **IMA Indore Congratulates its Following Members**

for being unanimously elected as



**Dr. Shekhar Rao**Vice President
IMA MP: Year 2023-24.



**Dr. Jay Pariyani**Zonal Chairman : Year 2023-24
Vice President : Year 2024-25



**Dr. Bhupendra Shekhawat**Zonal Chairman
Year 2024-25

#### **Congratulations**





**Indian Medical Association, Indore Congratulates** Dr. Arvind Pancholia for Chairing the Session on Hypertension in the ESC Congress, Amsterdem.



# Sri Aurobindo University

Under the aegis of Sri Aurobindo Institute of Medical Sciences (SAIMS)



Sri Aurobindo Hospital



**Sri Aurobindo College of Dentistry** 



Sri Aurobindo Medical College & Postgraduate Institute



**Sri Aurobindo Institute of Allied** Health & Paramedical Sciences



Sri Aurobindo Institute of Speech & Hearing



Sri Aurobindo Institute Of Law



Sri Aurobindo Institute of Medical Sciences College of Nursing



Sri Aurobindo Institute of Journalism & Mass Communication

Other Hospitals & Institutions of the Group ····



Bhandari Hospital & Research Centre



Bhandari Hospital Pardeshipura



6 BHRC School of Nursing





Mohak Hitech Speciality Hospital



Bhandari Group of Hospitals & Institutions



Shri Dada Darbar Hospital, Barwaha Run by :-Sri Aurobindo Hospital, Indore



Jain Diwakar Sri Aurobindo Hospital, Ratlam



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