



# SAIMS TIMES

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## Congratulations to our Chancellor DR MANJUSHREE BHANDARI for the prestigious “Naidunia Nayaka Award 2023”

इंदौर, रविवार 29 अप्रैल 2023

# नईदुनिया सिटी

नायिकाओं के रूप में सम्मानित हुआ  
**इंदौर का गौरव**

नईदुनिया नायिका सम्मान 2023 में 30 नायिकाओं का सम्मान

सम्मानित प्रत्येक नायिका का तृटिकोण अलग, पर तस्य एक- देश की सेवा

# इंदौर

स्मिता ठाकरे को स्टार नहीं अच्छे कलाकार चाहिए || [www.naidunia.com](http://www.naidunia.com)

पेज 3

सुपर शेफ में महक इंदौर का स्वाद






## Congratulations to Dr. Mahak Bhandari, Pro Chancellor for presenting Paper on Robotic Surgery at Seoul

#MedicalConference

दक्षिण कोरिया में डॉ. महक भंडारी का उद्बोधन

# रोबोटिक आर्म्स से बैरियाट्रिक सर्जरी आसान

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इंदौर. एक्यूरेसी रोबोटिक सर्जरी का सबसे बड़ा प्लस प्वाइंट है। दूसरा प्लस प्वाइंट है रोबोट्स की हाईली पॉवरफुल मेकेनिकल आर्म। जिसके जरिए डॉक्टर हैंवी चर्बी वाले पेट को भी आसानी से ऑपरेट कर सकते हैं। खासतौर पर बैरियाट्रिक सर्जरी के दौरान कई बार पेट की चर्बी की मोटाई 15 से 20 सेंटीमीटर तक भी देखने में आती है। कई बार तो ये चर्बी इतनी सख्त होती है कि ऑपरेटिंग इंस्ट्रुमेंट्स तक टूट जाते हैं। मगर रोबोटिक बैरियाट्रिक सर्जरी के दौरान हमें पॉवरफुल मेकेनिकल आर्म्स के चलते इस तरह की दिक्कतें फेस नहीं करनी पड़ती हैं। ये बात दक्षिण कोरिया में रोबोटिक

सर्जरी पर आयोजित इंटरनेशनल सिम्पोजियम में श्री अरविंदो अस्पताल के महासचिव डॉ. महक भंडारी ने कही।

उन्होंने बताया कि इंदौर स्थित उनके अस्पताल की सुपरस्पेशियलटी यूनिट मोहक बैरियाट्रिक्स एंड रोबोटिक्स

हॉस्पिटल में पिछले 10 सालों में 600 से अधिक रोबोटिक सर्जरी हो चुकी हैं, जो पूरे भारत में सबसे ज्यादा है। इसलिए हम अपने इस दीर्घ अनुभव और ज्ञान का लाभ अब भारत के दूसरे हिस्सों के डॉक्टरों तक पहुंचा रहे हैं और दुनिया के सभी देशों को अपने अनुभव से लाभान्वित करने के लिए तत्पर हैं। उल्लेखनीय है कि दक्षिण कोरिया की राजधानी सिओल में दि कोरियन सोसायटी ऑफ एन्डो-लैप्रोस्कोपिक एंड रोबोटिक सर्जरी (केसर्स) द्वारा आयोजित 52वां कांग्रेस और 13वें इंटरनेशनल सिम्पोजियम में पूरी दुनिया के रोबोटिक सर्जरी एक्सपर्ट में डॉ. महक भंडारी भारत के एकमात्र सर्जन थे, जिन्हें आयोजन में शिरकत के लिए विशेष रूप से आमंत्रित किया गया था।



## Inauguration ceremony of IHF Comprehensive Facial Defect Treatment Center at SAU

*We are proud to announce that on 26th of April 2023, Sri Aurobindo University, Sri Aurobindo Institute of Medical Sciences Indore and Inga Health Foundation, Bangalore have joined hands today to launch IHF Comprehensive Facial Defect Treatment Center at SAIMS Supported by Rajratan Foundation. The ceremony was inaugurated by Dr. Vinod Bhandari - Founder Chairman of University, Dr. Manjushree Bhandari - Chancellor of our University, Dr. Mohit Bhandari, Dr. Mahak Bhandari along with all the dignitaries was present and Also all veterans were honored with bouquets and Mementos.*

*It is estimated that approximately 60000 children are born with facial defects in India every year. With improvement of diagnostic and treatment facilities across the Indian subcontinent, the numbers are no longer as scary as they used to be around 5 decades ago.*

*However, for the treatment of facial defects apart from cleft lip and palate, parents still have to travel with their babies to bigger cities for treatment. This is often coupled with socio-economic burden on families and the attached social stigma to these congenital defects. To fill this existent gap in providing comprehensive care to children born with not only cleft lip cleft palate but also to the children born with craniofacial deformities due to syndromes and anomalies across central India.*



## National Mid Term Conference "BISICON"



A National Mid Term Conference Breast Imaging Society of India "BISICON" was organized in the CP Tiwari auditorium of SAU, on, 22nd & 23rd April 2023. USG intervention Workshop alongwith Vaccum assisted breast biopsy VABB was held on 22nd April.

IRIA MP State Branch organized the program in association with the Breast Imaging Society of India and SAU. The Chief Guest on the Occasion was Dr Vinod Bhandari, Founder Chairman, Saims.



Dr Bhagyam and Dr Varsha Hardas and other national faculties conducted workshop and delivered lectures related to breast pathologies. More than 200 delegates attended this national conference from all over India. "Indian Journal of Breast Imaging", was inaugurated in this conference, by Dr Vinod bhandari.

Dr. Manish Bhagat  
Dept of Radiology



## Guest Lecture on Stem Cell Therapy in Ophthalmology

On 21st of April, a guest lecture was hosted at our institute (SAMC & PGI) by Department of Ophthalmology under Sri Aurobindo University (SAU). Our esteemed guest faculty was none other than Dr Anil Tiwari with whom professor HOD of Ophthalmology Dr Shreya Thatte had trained for stem cell therapy. He is currently working with Shroff's Charitable Eye hospital in New Delhi. He specialized and is actively involved in stem cell research in field of Ophthalmology. Faculties and post graduates from departments of ophthalmology, regenerative medicine and ophthalmologists practicing in Indore participated alongwith active participation from other medical colleges and PG institutes. The event was successful with the blessings of our respected Chairman Dr Vinod Bhandari, SAU Chancellor Dr Manjushri Bhandari, pro chancellors Dr Mohit Bhandari and Dr Mehak Bhandari. The occasion was graced by presence of University Vice Chancellor Dr. Jyoti Bindal, Medical College Dean Dr R. Wavare, Registrar respected Anand Mishra, Head of student welfare Dr Jayshree Tapadia and Sushmit Kosta. The lecture elaborated the stem cell therapy in Ophthalmology and introduced the scope of hands on training to practitioners now in India. With this new dimension we hope to begin stem cell research at our institute too.

Dr. Shreya Thatte  
HOD Ophthalmology, SAMC & PGI





## WHO-World Health Day on 7th April 2023

*Sri Aurobindo University, IMA, API organized a live webinar on  
“H3 N2 Infection - Prevention & Management”.*

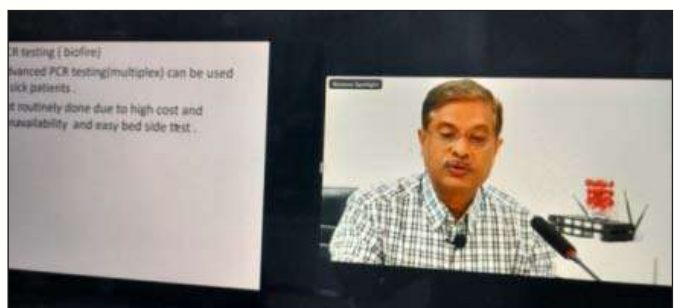


*Sri Aurobindo University, Indore in association with the Indian Medical Association Indore Branch and Association of Physicians of India-Indore Chapter organized a live webinar on H3 N2 Infection – Prevention & Management on the occasion of World Health Day on 7th April 2023.*

*Webinar was hosted and coordinated by Dr. Dilip Kumar Acharya, Dr. R. K. Jha HOD Dept of medicine shared his experience on “What is H3N2 infection, Why to worry?”. Dr. Manoj Indurkar, Dean-Rewa discussed the “Signs & Symptoms of H3N2”, Dr. Salil Bhargava-HOD Respiratory Medicine-MGM Medical College explained in detail the “Diagnosis & Treatment of H3N2”, while Dr. Hemant Jain, Prof Paediatrics at Aurobindo University talked about “ILI in Paediatric age group”. Dr. Arvind Pancholia, senior physician & Prof. discussed about the vaccination & the “Prevention from H3N2”. Dr. Acharya, introduced all the guest speakers. Interesting QA session followed.*

*Thanks to the founder chairman of SAIMS Dr. Vinod Bhandari for being a part of such a noble cause. Thanks to Dr. Anil Bhadoria-President IMA Indore, Dr. Abhyuday Verma-Secy. API Indore and Dr. Vijay Harlalka for their active participation. The webinar was successful with the presence of more than 80 participants on Zoom and Facebook Live streams, thanks to everyone for your patience and listening.*

*Dr. Acharya informed that we plan to organize webinars on regular basis under the banner of Sri Aurobindo University & IMA on relevant topics.*





## SAU organizes the Motivational event on the topic of Digital Detox by esteemed BK Mr. E.V. Gireesh

*We got a chance to hear from the esteemed BK Mr. E.V. Gireesh as he spoke at Sri Aurobindo University, Indore on 19th April 2023 on the topic of "DIGITAL DETOX".*

*Mr. E.V. Gireesh is a renowned speaker and spiritual guru who has dedicated his life to spreading the message of love, peace, and inner harmony.*

*On this motivational event Dr. Jyoti Bindal -Vice Chancellor, SAU, Dr. R.R. Wavare -Dean, Sri Aurobindo Institute of Medical Science & PGI, Dr. Jayshree Thapadia- Dean of Students Welfare along with all the HODs, Faculty Member and Students were present at this event.*

*During his talk, Mr. E.V. Gireesh shared insights and practical tips on how to live a more fulfilling life by connecting with our inner selves. He emphasized the importance of paying attention to our thoughts and emotions and learning to control them to lead a more positive and productive life.*





## Department of Orthopaedics

### Workshop on Suprapatellar Nailing – 22nd April 2023

The Department of Orthopaedics organised a workshop on Suprapatellar Nailing for fracture proximal tibia on 22nd April 2023 at SAU Auditorium. The event was inaugurated by respected founder chairman Dr Vinod Bhandari. In his speech Dr. Vinod Bhandari mentioned and highlighted the need for newer treatment modalities.

The guest speakers for the event were Dr. Gadegone from Chandrapur, Maharashtra and Dr. Shivashankar from Sholapur, Maharashtra who pioneered a newer GPS Nail for proximal tibia fractures with multiple proximal screws for increased stability. They shared their experiences with Suprapatellar Nail for treatment of proximal tibia fractures.

After lecture sessions, Dr Gadegone and Dr Shivshanakr also demonstrated surgeries of supra patellar Nailing technique on two patients where live streaming was done to SAU Auditorium. PG students were also given the opportunity to practice Suprapatellar Nailing on bone models. Workshop was attended by numerous Orthopaedic surgeons and PG students across the state.

The Workshop was a success due to full support by our head of department and Course Chairman Dr Pradeep Choudhary, Course Secretary Dr Rajeev Shukla and Course Co-secretary Dr Neeraj Jain. At SAMC & PGI, continued education and newer surgical modalities to improve results is the goal.

Dr. Pradeep Choudhary  
HOD Orthopaedics, SAMC&PGI



## Congratulations



Dr. Mansi Anand (JR3, Psychiatry) won the "Best Orator Award" in the National Level Debate competition as a part of the National Level Torrent Young Scholar Award held at Ahmedabad on 23rd April 2023.

She spoke on the notion "ICD better than DSM - NO". Her presentation and oratory skills were highly appreciated by the national jury from reputed institutes across the country.



## Point of Care Ultrasonography Workshop

Point of Care Ultrasonography Workshop was organized by the Pediatric and Adolescent Medicine Department, SAMC and PGI on 15th April. It is essential to acknowledge the efforts and hard work of the organizer Dr Prashant Agrawal.

I'm sure the delegates who attended the workshop found it informative and useful, and they were able to enhance their knowledge and skills in point of care ultrasonography. It's essential to recognize the efforts of everyone involved in organizing and conducting such workshops as they contribute to the betterment of the medical community and help improve patient care.

The excellent response from the delegates is a testament to the quality of the workshop and the hard work of the organizers and speakers.

We would like to thank Founder Chairman Dr. Vinod Bhandari and Chancellor SAU Dr. Manjushree Bhandari for their blessings and support. We thank all faculty (Dr Prashant Agrawal, Dr Sanjukta Bhargava, Dr Anshul Jaiswal, Dr Gaurav Mogra, Dr Nishant Bhargav) who spared their valuable time for sharing expertise and knowledge.

Dr. Gunjan Kela, HOD Paediatrics



## Sixth Teaching Course in Medical Physics and Radiobiology

Sixth Teaching Course in Medical Physics and Radiobiology was organized by department of Radiation Oncology, SAIMS on 22nd and 23rd April 2023. About 66 students from all over Central India including Rajasthan, Maharashtra, Gujarat, Chhattisgarh, Delhi and Madhya Pradesh attended the course. Basics of the two subjects were discussed in details during these two days with exhaustive lectures by Dr Virendra Bhandari. Dr Deepika Malik, Dr Ashar Iqbal Lodi, Mahendran, Om Prakash and Mrs Gomathi also took lectures on the subject. All the lectures were very informative and students went back home with some gained knowledge. Lot of feedback from Different professors from the Institutes came.

Dr Gautam, Director JNCH, Bhopal, sent his words of appreciation as "The Course appeared to be a very enriching experience for My students as the basic textual concepts were covered in exemplary details. The students have been benefitted immensely and have developed deep understanding of the subject." Dr Ankita, Head Department of radiation Oncology from GCRI, Ahemdabad and Dr Samir Batham from HCG Ahemdabad has also sent similar views for the course.

Dr Virendra Bhandari,  
Prof. & HOD Radiation Oncology





## Awareness for Autism

*To raise awareness for Autism and to sensitize our nursing students and postgraduate students, World Autism Awareness & Acceptance Month was celebrated on April 6th, 2023 at Sri Aurobindo Medical College, Indore.*

*To celebrate this event Department of Paediatrics (Division of Pediatric Neurology), Psychiatry, Speech and Audiology and Occupational therapy in association with Indian Academy of Pediatrics came together with wonderful program designed to suit our students and parents both.*

*We held educational small talks for early identification and early intervention by holistic team approach, followed by skit highlighting government schemes for them and the programme ended with an open forum question-answer session for parents and guardians.*

*A major call to continually acknowledge and bring about ongoing support into societies and workplaces for people with autism is need of the hour.*

*Autism awareness will accelerate actions to bring about acceptance in workplaces, arts, and other fields where people with autism are beginning to show interest and progress.*

*Policies need to be reviewed and adjusted accordingly as and when necessary.*

*Dr. Gunjan Kela  
HOD Paediatrics*





## Guest Lecture on Measures of Disease Frequency for Ph.D Scholars

On 12<sup>th</sup> April, 2023 a Guest Lecture arranged by Sri Aurobindo University, Indore. for Ph.D. Scholars during Ph D coursework. All the Ph.D Scholars, Ph.D. Guides, Faculty members, PG students, and M.Phil. students attended the Guest Lecture. Dr Dhruvendra Pandey was introduced to Audience by Dr Supriya. Dr. Dhruvendra Pandey started the lecture with the introduction of Topic "Measures of Disease Frequency". He explained that in epidemiology measures of disease frequency are used to describe how often a disease occurs in population. He discussed three measures to compare two or more groups are rate, ratio and proportion. Then he discussed in detail that morbidity measurement are in the form of incidence and prevalence of disease. Then Mortality rate was discussed in detail by Dr Dhruvendra. The mortality rate is in the form of number of deaths in particular population during a specified time. He described the types of mortality rate as Crude mortality rate, Age specific mortality rate, Cause specific mortality rate, Case fatality rate and Proportional mortality rate. Then the lecture was concluded by discussing on usefulness of mortality rate in monitoring trends in disease occurrence. The speaker was presented with Sapling by Dr Anand Misra and Certificate by Dr R R Wavre as a token of appreciation.



## Congratulations : Dr. Adwait Prakash

This boy was operated by Dr. Adwait Prakash 11 years ago for Fronto-nasal- Ethmoid Encephalocele at 18 DAYS of age. He dropped in as a surprise for surgery of one of his sibling. He is asymptomatic and growing well. No deficits. Some residual soft tissue swelling at root of nose although which will require correction at a later date. It gives you immense pleasure and satisfaction watching these children grow and leading normal lives .



## SAU Indore Organized an Anti-Ragging Orientation Program



The Anti-Ragging Committee of SCD, SAIMS Indore organized an Anti-Ragging Orientation Program on April 29th, 2023 to educate students on the importance of anti-ragging and how to prevent it. The event was attended by Dr. Jyoti Bindal, Vice-Chancellor, Dr. Anand Mishra, Registrar SAU, Dr. Kanteshwari I.K., Principal, SCD, Dr. Anup Vyas Chairman Anti-Ragging Committee, Dr. Shraddha Jaiswal Secretary Anti-Ragging Committee and As part of the program, sessions were held for faculty members, students in

order to create awareness and ensure a safe educational environment.

Dr. Ashok Khandelwal, Honorable Vice-Chancellor MPMSU Jabalpur & EC Member DCI were given special honor's as the Chief Guest of this program as well as they were felicitated with a shawl and coconut along with ACP Mr. Dhairysheel Yewale and Thana Prabandhak Banganga Mr. Rajendra Soni were also Presented as the chief guests and felicitated with the flowers.

The oath-taking ceremony was aimed at ensuring that students were aware of the laws governing the prevention of ragging in universities, promoting a safe learning environment, and how to address complaints if they arose. It also provided tips on developing self-confidence, sensitizing peers on the issue, and sharing experiences and suggestions on how to ensure an incident-free campus. The Vice-Chancellor also addressed the audience and reminded them of the hazardous effects of ragging on both physical and psychological well-being. He further reinforced the commitment of the university to its zero-tolerance policy on ragging. The topics covered by the program included understanding the concept of ragging and its far-reaching implications, identifying and reporting ragging acts, and what to do when faced with ragging.



## Congratulations :

Congratulations Dr. R.K. Jha and Dr. Subodh Banzal for delivering guest lecture at 13th World Congress of Diabetes 2023, Indore.





## Guest Lecture on “Qualitative Research Methods” By Dr. Richa Nigam, Vidisha

**Sri Aurobindo University Indore hosted a guest lecture on Qualitative Research Methods**

On April 21st April 2023, Sri Aurobindo University Indore hosted a guest lecture on “**Qualitative Research Methods**” by Dr. Richa Nigam, Asst. Professor, Department of Community Medicine, ABV GMC, Vidisha (M.P.). The lecture was attended by Dr. Jyoti Bindal, Vice Chancellor of the University, Dr. R.R. Wavare, Dean of Medical College, PG students, HODs, and faculty members. Qualitative research is ideal for understanding behavior, opinions, and experiences in depth.

It can provide information on customer motivations, experiences, and psychological archetypes. Qualitative research is essential for a better understanding of the customer and for identifying new customer segments and opportunities. Qualitative methods of research capture information that measures or captures precise details or categories of data, such as talking to people to understand their motivations, experiences and opinions. There are a variety of research methods that fall under the umbrella of qualitative research, these include participant observation, interviews, and focus groups.



## Sri Aurobindo University organized a Guest Lecture in the Department of Endocrinology

Sri Aurobindo Medical College and Sciences Indore SAIMS, on 14th April 2023 organized a “Guest Lecture” in the Department of Endocrinology and Metabolism.

Dr. R.K. Jha Prof. & HOD Department of Medicine SAMC, Dr. Manoj Geedam Department of Endocrinology, Dr. Jayshree Tapadia along with all HODs and experts were present in the lecture.

Dr. Rakesh Sahay Guest of Honor Prof. & HOD Dept. of Endocrinology Osmania Medical College, Hyderabad on the topic of Overview of Endocrine, Dr. N.K. Singh Sr. Physician and Diabetologist Dhanbad on the topic of Future Prospective of Diabetes in Coming Decade and Dr. Krishna Sheshadri Professor Endocrinology Chennai on the topic of Endocrine Hypertension case-based discussion and they are Felicited with the Mementos & Buckeyes. The purpose of this course is to educate students on Endocrinology and Metabolism in diabetes, obesity and heart diseases. Endocrine diseases keep a check on our blood sugar levels and also regulate the body's energy level. Diabetes mellitus (DM) is a metabolic disorder that results in elevated blood glucose levels. It is extremely important to stop its progression from onset to prevent blindness and kidney failure in later years.





## **WORLD LABORATORY WEEK (23-29 APRIL)** **(Observed on 29th Apr., 2023)**

The Department of Biochemistry, SAMC & PGI hosted an event to celebrate World Laboratory Week (23-29 April) on April 29 2023 between 4 and 5.30pm at Central Clinical and Molecular Laboratory by conducting lectures, skill games related to the clinical laboratory for the in-house Technicians. The theme of this year's World Laboratory Week was "The future is lab". The purpose of this event was to enhance the understanding of the importance of clinical laboratory in medicine and up-skilling of occupational skills. Around 30 staff and technicians from Central Clinical Laboratory participated in the event. Dr Kavitarati Dharwadkar, HoD Biochemistry welcomed the gathering. The technicians were motivated to work hard and smart by words of Wisdom from Dr. Amit Varma, HOD Pathology and Dr Prachi Shaw ,HOD Microbiology. This was followed by lectures from Dr. KC Sreevalsan, Assistant Professor, Department of Biochemistry, on "Future is Lab Medicine" and Dr. Mythily S., Associate Professor, Department of Biochemistry, on "Upskilling of occupational skills". Mr. Sandeep Khare, QuidelOrtho Corporation enlightened on "Evolution and updatation of clinical laboratory". After the lectures, skill games related to the clinical laboratory were played for in-house Technicians and the winners were awarded prize. The event was a grand success and the organizers received positive feedback from the participants.





## Health Camp

*The Department of Community Medicine of Sri Aurobindo Medical College and PG Institute, under the Patronage of our Respected Founder Chairman -Dr. Vinod Bhandari and Respected Chancellor of Sri Aurobindo University -Dr. Manujshri Bhandari, successfully conducted a Health Camp in a village in Sanwer Block on 19<sup>th</sup> April 2023.*

*The activities were planned under able guidance and encouragement of Dr. R.R. Wavare, Dean SAMC & PGI, and supervised by Dr A. R. Deshpande, HOD Community Medicine, and support from the entire Department of Community Medicine. The village where the camp was conducted was Shahda with free consultation from specialty doctors and medicines in view of quality healthcare. The services of the camp were availed by 50 patients due to keen efforts of the resident doctors of SAMC & PGI with immense response and gratitude from the patients. Patients with serious ailments were then referred to SAIMS Hospital for further management.*

*Valuable support was provided by The Departments of Surgery, Medicine, Ophthalmology, Pediatrics, Obstetrics & Gynecology and Sri Aurobindo College of Dentistry.*

*The entire venture was headed by Dr. Apurv Thakur, Associate Professor Community Medicine, and Dr. Sana Afrin, Senior Resident Community Medicine with tireless efforts and perseverance of the MSW of the Department of Community Medicine, Mr. Mohsin Khan.*



## Central India's First Digital PET CT Scan now at SAIMS, Indore



*Digital PET-CT Diagnosis with the digital PET-CT provides a higher understanding of the disease progression including the detection of smaller diseases at lower PET isotope doses.*



## स्वास्थ्य मंत्री डॉ. चौधरी ने अरविंदो अस्पताल में आयुष्मान योजना के तहत इलाजरत मरीजों तथा परिजनों से की वीडियो कॉल से की चर्चा



**डॉ. प्रभुराम चौधरी**  
स्वास्थ्य मंत्री — म.प्र. शासन

इंदौर 24 अप्रैल, 2023, प्रदेश के स्वास्थ्य मंत्री प्रभुराम चौधरी ने इन्दौर के अरविन्दो मेडिकल कॉलेज जो की आयुष्मान भारत निरामयम म.प्र. के अंतर्गत चिन्हित है उसमें भर्ती आयुष्मान के मरीजों से वीडियो काल के जरिये सीधा संवाद किया। उन्होंने उपचारत मरीजों, उनके परिजनों व चिकित्सक अस्पताल प्रबंधन, मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी जिला इन्दौर डॉ. बी.एस. सैत्या से चर्चा कर आयुष्मान योजना के क्रियान्वयन, मरीजों को मिलने वाली सुविधा, किसी भी तरह की होने वाली कठिनाई तथा योजना के लाभ के बारे में विस्तार से चर्चा की।

उन्होंने अनेक परीजों से वीडियो काल के तहत चर्चा की। मरीजों ने बताया कि उनका आयुष्मान योजना के अंतर्गत निःशुल्क इलाज हो रहा है। एम्बुलेंस से लेकर दवाई, जांच, इलाज और ऑपरेशन सब निःशुल्क हुआ है। इस योजना से हमें नया जीवन मिला है। हम आर्थिक रूप से कमजोर हैं।

अगर हमारा निःशुल्क इलाज नहीं होता, तो हम आज जीवित नहीं रह पाते। इसी तरह एक मरीज की माताजी ने बताया कि उसकी बेटी की पूरी तरह निःशुल्क इलाज हुआ है। युवती की नस में ब्लड का थक्का जम गया था। इस वजह से दाहिना हाथ और चेहरा काम नहीं कर रहा था। इलाज हो गया, ऑपरेशन हुआ, अब वह पूरी तरह स्वस्थ है। इसी तरह एक मरीज का कैंसर का इलाज हुआ। उसके पुत्र ने बताया कि मेरे पिताजी अगर आयुष्मान कार्ड नहीं होता तो शायद वे बच नहीं पाते। आयुष्मान कार्ड होने से ऑपरेशन हुआ और वे स्वस्थ हो गये। इसी तरह के कुछ विचार अन्य मरीजों और उनके परिजनों ने भी व्यक्त किये। चर्चा के दौरान सभी मरीजों को मंत्री जी ने शीघ्र स्वास्थ्य लाभ की शुभकामनाएं दी। इस अवसर पर मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी डॉ. बी.एस. सैत्या, जिला विस्तार एवं माध्यम अधिकारी डॉ. मनीषा पंडित, अस्पताल प्रबंधक अरविंदो अस्पताल श्री राजीव सिंह सहित अन्य चिकित्सक मौजूद थे।

## IMA Indore Activities

आपातकाल की स्थिति में हृदय गति रुक जाने पर प्राण रक्षक है, सी.पी.आर. की क्रिया, इसे कोई भी कर सकता है, बस जरूरत है थोड़े से प्रशिक्षण की। समय पर दी गयी सहायता किसी की जान बचा सकती है। चिकित्सकों की संस्था इंडियन मेडिकल एसोसिएशन की इंदौर शाखा ने इस मुहिम को आरम्भ किया है। इसी कड़ी में प्रत्येक माह की 23 तारीख को सुबह 8:30 बजे इंडियन मेडिकल एसोसिएशन के एम.ओ.जी. लाइंस में स्थित ऑडिटोरियम में सी.पी.आर. का प्रशिक्षण दिया जाता है। यह कार्यक्रम इंडियन मेडिकल एसोसिएशन कॉलेज ऑफ मेडिकल प्रैक्टिशनर्स, चेन्नई तथा इंडियन मेडिकल एसोसिएशन, इंदौर शाखा द्वारा आयोजित किया जाता है जिसमें मुख्य प्रशिक्षक हैं डॉ. सौरभ मालवीय तथा डॉ. सुबोध चतुर्वेदी।

आमजन के लिए आयोजित इस प्रशिक्षण कार्य में आप भी भाग ले सकते हैं। इसके लिए आयोजक डॉ. सतीश जोशी, संयुक्त सचिव IMA CGP, Chennai, डॉ. विजय हरलालका मानद सचिव IMA, Indore से सम्पर्क कर सकते हैं।

इंडियन मेडिकल एसोसिएशन इंदौर शाखा तथा ब्रह्मा कुमारी ज्ञान शिखर इंदौर के तत्वावधान में क्मेपहद ल्वनत क्मेजपदल (डिजाइन योर डेस्टिनी) पर एक व्याख्यान आयोजित है जिसे डॉ. मोहित गुप्ता (हृदय रोग विशेषज्ञ) जी.बी. पंत हॉस्पिटल नई दिल्ली संबोधित किया। ब्रह्माकुमारी ज्ञान शिखर ओम शांति भवन न्यू पलासिया इंदौर कार्यक्रम समय दिनांक-30 अप्रैल 2023 रविवार को सम्पन्न हुआ।



**सही समय पर सीपीआर देने से 100 में से 7 जान बचाई जा सकती हैं**



इंदौर | इंडियन मेडिकल एसोसिएशन, इंदौर शाखा द्वारा द्वारा एक स्कूल में स्टूडेंट्स और स्टाफ को जीवनरक्षक कार्डियो पल्मोनरी रिससिटेशन (सीपीआर) का प्रशिक्षण दिया गया। आईएमए के डॉ. प्रमोद जैन, डॉ. राजकुमार सिसोदिया और डॉ. मोहित दशारे ने प्रशिक्षण का डमी पर प्रदर्शन भी किया। डॉ. सिसोदिया ने बताया कि 100 में से 7 जान सही समय पर सीपीआर मिलने से बचाई जा सकती है।





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