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Sri Aurobindo Hospital launched “Aarogya Card” in presence of Health Minister & Water Resources Minister of M.P.



Sri Aurobindo Hospital participated in “Swasthya Mela - 2022” in Sanwer & Depalpur with District Government

Govt. of Madhya Pradesh had organized “Swasthya Mela - 2022” in various tehsil places like Sanwer & Depalpur. In these Health Camps the team of Doctors from Government & Private Hospitals was available for “Free Treatment of rural population. The Consultation with Doctor, Medicines, All pathology & Radiology Investigations was Free for all the registered patients of these camps. In both camps more than 6 thousand rural peoples benefited.

A Team of senior Doctors and other staff from **Sri Aurobindo Hospital, Indore** has also participated in these Camps including super-specialty departments like Neurology, Endocrinology, Oncology, Radiology, Pediatric Gastro., Pediatric Cardio., Pediatric Nephrology, Surgery, Orthopedics, Psychiatry, Dermatology etc. Sri Aurobindo Hospital provided the Free Pathology Services, Digital X-Ray, ECG, USG, Echo facility in Sanwer Camp on 23rd April 2022 including the consultation with Senior Doctors. SAIMS had also provided 2 ICU on Wheel & other vehicles for the transportation of patients for further treatment.

Our Founder Chairman **Dr. Vinod Bhandari** had announced “Aarogya Card” for all the rural population in Sanwer Camp on 23rd April 2022 in presence of Health Minister of Madhya Pradesh Dr. Prabhuram Chaudhary, Minister – Water resources & MLA of Sanwer Mr. Tulsiram Silawat & Mr. Manish Singh (IAS) District Collector of Indore. All these dignitaries liked the concept of “Aarogya Card” which is a key of Cashless treatment of financially weak rural population. With the help of this card the beneficiary will get Free Consultation from Doctors, Free Bed Charges (in General Ward), Free investigations like X-Ray, USG, ECG, regular pathology investigations etc. for a period of 6 months from date of issuance.

District Collector Mr. Manish Singh (IAS) has appreciated the concept of “Aarogya Card” on the stage during his speech; he told that “Sri Aurobindo Hospital always works in betterment of health sector. In Sri Aurobindo Hospital

every individual gets the better treatment on economic rates. In Covid-19 the contribution of SAIMS was excellent & remarkable. I really appreciate the new scheme of “Aarogya Card” of Sri Aurobindo Hospital; it will definitely helpful for all Aarogya Card Holders to get the follow-up and further treatment after this Health Camp”.

In Sanwer Camp more than 2,500 Aarogya Cards were issued for rural population, in whole crowd the Aarogya Card was the attraction of the event for all. Shri Tulsiram Silawat ji felicitated Dr. Vinod Bhandari sir, for his excellent contribution during COVID-19 & in betterment of health infrastructures in Madhya Pradesh.

Dr. Vinod Bhandari, Founder Chairman told that “in Sri Aurobindo Hospital, Indore we are starting a “Help Desk” for Aarogya Card Holder where the beneficiary will visit and our receptionist & PRO will guide them properly for further processing. For this Aarogya Card Help Desk a team of PRO will work in our hospital. Our entire team is always ready to provide better healthcare facility to all the income groups in our hospital.

The Dedication & efforts of our entire SAIMS Team was appreciated by Honorable Minister Mr. Tulsiram Ji Silawat & Team of Health Department from District, our Consultants & Residents had performed with 100% of Dedication & devotion to the registered patients during the camp. In the Health Camp in Sanwer a team of approx. 80 staff members including Consultants of Broad & Super-Specialty, Resident Doctors, Nursing Staff, PRO, Technicians were involved. PRO from Hospital & Community Medicine Dept of SAMC&PGI worked together for success of this event. For guidance & monitoring in camp Mr. Rajeev Singh, General Manager, SAIMS & Dr. Devendra Nayak, Medical Superintendent – Sri Aurobindo Hospital were also present in this event.

Dr. Mahak Bhandari, General Secretary – SAIMS & Pro-Chancellor – Sri Aurobindo University also appreciated the efforts of all team members for this “Swasthya Mela - 2022”. From team of Hospital Administration Mr. Anupam Singh, Mr. Bhupendra Singh Rana, Mr. Neeraj Sen, Mr. Hoshang Masih & team of all PROs had served voluntarily in this Health Camp. For this Health Camp in Sanwer on behalf of SAIMS Management the camp was successfully leaded by Mr. Ashutosh Shrivastava to ensure the hassle free arrangement of Infrastructure & manpower during the Health Camp.

Life time Achievemets Award



Dr.J.S Kathpal & Dr.S.V Rege were honoured by Skull Base Surgery Society of India for their valuable contribution to the growth of Neurological Sciences in Indore in April 2022.

SAIMS is providing Hands-on Training on Ventilator & Critical Care Management for Government Nursing Officers of 25 districts of MP Government Nursing Officers are getting the skills of Critical Care & Ventilator Management in SAIMS



After the pandemic of COVID-19, the Central & State Government is now in Active Mode to upgrade the Healthcare Infrastructure in Madhya Pradesh. For the said cause State Government is providing the Training to all newly appointed Government Nursing Officers on “Critical Care Including Ventilator Management”. For this Advanced Training SAIMS has been received a Work Order to Train 250 Government Nursing Officers of 25 various districts in SAIMS. Which is a 15 days residential training programme and has already been started in SAIMS Campus with 4 Batches of approx. 120 Nursing Officers during 14th February 2022 till 24th March 2022 in different batches of 60 nursing officers. The 5th & 6th Batch of another 61 Nursing Officers is going on in SAIMS from 28th March 2022. We need to complete the trainings of all 250 participants by 1st Week of May 2022.

SAIMS had treated highest number of COVID patients during the pandemic and having extraordinary infrastructures, inhouse facilities and well qualified team of Doctors, Nursing Officers for conduction of these types of Programmes. The renowned Training for Critical Care Dr. Subodh Chaturvedi who is already associated with SAIMS is commanding the Training Sessions as “Chief Trainer”. Dr. Subodh

Chaturvedi is having vast experience to train the nursing officers/ doctors in field of Critical Care & Ventilator Management. In SAIMS these training sessions are being conducting by our prominent Faculty members like Dr. Sarita Modi (Physiology), Dr. Roopa Chhaparwal (Anatomy), Dr. Pankaj Nema (Forensic Science), Dr. Manish Sharma (Anaesthesia), Dr. Shahid Abbas (General Medicine), Dr. Shazi Ahmed (Gynaecology), Dr. Gunjan Kela (Pediatrics), Dr. Sanskar Pandey (Emergency Medicine) and many other eminent Faculty members from various departments and some ICU nursing Staffs including Ms. Neelu, Mr. Pradeep. Mr. Krishnapal, Mr. Vishnu etc. Ms. Kavita Pal (Nursing College) is working as an Accommodation Coordinator for this residential training session of Government Nursing Officers.

According to the desk of Founder Chairman Dr. Vinod Bhandari, he said that “it is a Golden opportunity to teach these Govt. Nursing Officers in SAIMS. After the pandemic of COVID 19 it is desired to upgrade the skill sets. With the help of the training we will able to help government to upgrade the skills and health care services in remote areas and various districts which are not promising in health care as on date”. In future too SAIMS will try to get other training programmes to help government for upgradation of skills and health care infrastructures.





After successful completion of 1st Training Batch on 28th February 2022, A participant Govt. Nursing Officer name Ms. Kavita Patidar said that: I have never worked in any ICU in my career. After this type of Advanced training in SAIMS I am 100% confident that I will able to save the precious lives of many serious patients in ICU or in my district Hospital without hesitation. Thank you Team SAIMS for such a wonderful experience & handon training”.

Ms. Pragya Tiwari who is working as Nursing Officer in a remote location of Alirajpur District said that: “We are from Tribal district and there the patients reach hospital only in case of critical condition or heavy injury. Most of the time we unable to provide the better treatment at initial level. But after this training in SAIMS I am now selfconfident and I can handle the critical patients immediately without waiting for doctor. I am very enthusiastic & excited to work in ICU now. I also request Government and SAIMS to conduct other advanced training programmes too for us which will help us to learn new procedures and skill sets.

For all these participants the A Handbook of Course Material has been launched in 1st Batch and the entire content published in handbook has created by our prominent team of doctors. SAIMS is also providing Training Completion Certificates to all participants in presence of Dr. Anand Mishra, Registrar, SAU, Dr. Devendra Nayak, Medical Superintendent, Dr. Subodh Chaturvedi, Chief Trainer, Mrs. Chintamani Chauhan, Principal, SAIMS Nursing College & Mr. Rajeev Singh, General Manager – Admin.

All these training sessions are principally coordinating by Mr. Ashutosh Shrivastava with his team members Mr. Varishu Chauhan in kind guidance of Mr. Rajeev Singh and Mr. Sachin Kale.



गम्भीर बीमारियों में जीवन की गुणवत्ता बरकरार रखता है पैलिएटिव केअर ट्रीटमेंट —शहर के लिए अपेक्षाकृत नए कॉन्सेप्ट पर काम कर रहे डॉ. पंकज सिंघई से खास मुलाकात

इंदौर। असाध्य बीमारियों से ग्रस्त मरीजों के इलाज के दौरान कभी-कभी ऐसी स्टेज भी आ जाती है कि उन पर सामान्य पेन किलर मेडिसिंस का प्रभाव बहुत कम हो जाता है। इसकी वजह ये है कि लगातार पेन किलर लेते-लेते शरीर उसका अभ्यस्त हो जाता है और फिर वो उन मेडिसिंस को सामान्य रूप से एक्सेप्ट करने लगता है। ऐसे मरीजों की परेशानियां बहुत बढ़ जाती हैं क्योंकि उन्हें असाध्य बीमारी के साथ-साथ असहनीय दर्द का भी सामना करना पड़ता है। मरीज ऐसे समय में मर्सी किलिंग तक की मांग करने लगता है। ऐसे मुश्किल समय में पैलिएटिव केअर के अत्याधुनिक वैज्ञानिक तरीकों की मदद से मरीज और परिवार की मुश्किल कम करता है।

ये जानकारी टाटा मेमोरियल हास्पिटल से प्रशिक्षित पैलिएटिव ट्रीटमेंट एक्सपर्ट डॉ. पंकज सिंघई से खास मुलाकात में दी। उन्होंने बताया कि इंदौर शहर के लिए ये कॉन्सेप्ट अपेक्षाकृत नया है मगर हमारे दिल्ली, मुंबई, बेंगलूर जैसे मेट्रो और केरल के कई शहरों समेत पाश्चात्य जगत के कई देशों में इस पर विगत कई दशकों से काम हो रहा है। इसकी सबसे बड़ी खूबी ये है कि इसके जरिये हम जीवन के अंतिम पड़ाव पर असहनीय दर्द से हलाकान, परेशान मरीज की जिंदगी काफी हद तक आसान बना देते हैं। जिससे वो और उसके परिजन मर्सी किलिंग की डिमांड नहीं करते हैं। हम मरीज को उसकी नेचुरल लाइफ सलीके से जीने में मददगार बनते हैं और उसके परिजन भी भारी परेशानी से बच जाते हैं।

क्वालिटी ऑफ लाइफ बरकरार रखने में कारगर पैलिएटिव ट्रीटमेंट

डॉ. सिंघई के मुताबिक पैलिएटिव केअर मेडिसिन असाध्य बीमारियों में पेशेंट की क्वालिटी ऑफ लाइफ को बरकरार रखने में कारगर होती है। इसमें हम पेशेंट्स को दवाओं के साथ-साथ नर्सिंग केअर, साइकोलॉजिकल काउंसिल और रिहैबिलिटेशन थेरेपीज सहायक चिकित्सा के रूप में प्रदान करते हैं, ताकि उसे असहनीय पीड़ा और दर्द में पर्याप्त आराम मिल सके। मसलन, कैंसर के केसेस में पेशेंट्स को दर्द बहुत ज्यादा होता है। ऐसे, बहुत लंबे समय तक रहने वाले क्रोनिक प्रॉबलम में बायोसाइकोसोशल पेन का असर हमारे शरीर के साथ-साथ मनोमस्तिष्क पर भी होने लगता है। इसके लिए कई बार नारकोटिक मेडिसिन और काउंसिलिंग आदि की भी जरूरत होती है। जिन्हें स्पेशल एक्सपर्ट डॉक्टर ही प्रिस्क्राइब कर सकते हैं। स्पेशल मेडिसिन का लाइसेंस भी सभी डॉक्टरों को नहीं मिलता है इसलिए इसे स्पेशलिस्ट ही यूज कर सकते हैं। अलग-अलग पेशेंट्स में भी इन दवाओं की रिक्वायरमेंट अलग-अलग होती है।

फैमिली मीटिंग्स, पैलिएटिव ट्रीटमेंट का हिस्सा

असाध्य बीमारियों से जूझ रहे मरीजों को दर्द के अलावा और भी कई तरह की चिंतायें और दिक्कतें परेशान करती हैं। जिससे उसकी तकलीफ को बढ़ने लगती है। इसलिए नॉर्मल मेडिसिन से उसका पेन कम नहीं हो पाता है। इस तरह की बीमारियों में कैंसर के अलावा ब्रेन स्ट्रोक, किडनी संबंधी समस्याएँ, हार्ट फेलियर, पार्किंसंस और डिमेंशिया, सीओपीडी— (एडवांस स्टेज में दमा की बीमारी) शामिल हैं। इन बीमारियों के पैलिएटिव ट्रीटमेंट के लिए हमें पेशेंट्स के रिश्तेदारों से फैमिली मीटिंग्स भी करनी पड़ती हैं। हम उन्हें बताते हैं कि पेशेंट को किस तरह अनाश्यक चिंताओं और दिक्कतों से मुक्त रख सकते हैं। सिर्फ हॉस्पिटल्स में ही नहीं डॉक्टर पेशेंट्स की घर पर भी अच्छे से देखभाल कर सकते हैं।

इंदौर में शुरुआत पैलिएटिव ट्रीटमेंट स्पेशलिस्ट केअर की

इंदौर में पैलिएटिव ट्रीटमेंट की शुरुआत हो चुकी है लेकिन इसकी स्पेशलिस्ट केअर अभी भी उपलब्ध नहीं है। जबकि केरल के कई शहरों समेत दिल्ली, मुंबई, बेंगलूर चेन्नई आदि बड़े शहरों में इस तरह का ट्रीटमेंट शुरू हुआ है। सेंट्रल इंडिया में सिर्फ अरबिंदो में इस तरह के स्पेशलिस्ट केअर ट्रीटमेंट की शुरुआत की जा रही है। फिलहाल देश की गिनी-चुनी यूनिवर्सिटीज में ही इसकी टीचिंग हो रही है। जल्द ही अरबिंदो कॉलेज में भी ये कोर्स शुरू किया जायेगा। जिसमें डॉक्टर MBBS के बाद Palliative मेडिसिन में MD या फेलोशिप कर सकते हैं।

Department of Paediatrics BLS and ALS workshop



We are very delighted to inform that Department of Pediatrics ,SAMC and PGI with Indian academy of Pediatrics has conducted workshop on BLS(basic life support) and PALS (Pediatric advanced life support) on 8th ,9th and 10th April at SAMC and PGI institute which was attended by Pediatric post graduate students and faculty from different medical colleges in Madhya Pradesh.



This was a hugely successful academic feast for all .

As a part of early clinical exposure ,even the 1st year MBBS students were given a training of Basic life support.



Esteemed faculties all over Madhya Pradesh spared their valuable time to impart these skill to our students.

BLS faculties were Dr Sanjeev Rawat,Dr Shachi Taran,Dr Ram Shukla,Dr Jagdish Mandliya,Dr Anshul Jaiswal,Dr Manish Sharma.

PALS faculties were



Dr AK Rawat,Dr Anant ketkar,Dr Girish Bhatt,Dr Sanjeev Rawat,Dr Shachi Taran, Dr Shweta Anand.

Organising team for this workshop were



Dr Gunjan Kela(Prof and head)

Dr KK Arora (Asso Prof)

Dr Apurva Kawdiya(Asst Professor)



DR GUNJAN KELA

HEAD OF DEPT,PAEDIATRICS
SAMC & PGI



ALICE IN WONDERLAND-2022



SAIMS College of Nursing, IIMS College of Nursing, BGHI College of Nursing and BHRC School of Nursing have organized 'Alice in wonderland-2k22' for welcoming freshers (Batch 2021-22) at C.P Tiwari Auditorium on 07/04/2022. The event was inaugurated by Dr. Chintamani Chauhan, Principal, SAIMS College of Nursing, Dr. Reshmi Siby, Principal, BGHI College of Nursing, Mrs. Aruna Lele, Principal, IIMS College of Nursing and Mr. Hemant Chaurasiya, Principal, BHRC School of Nursing. A total of 319 freshers received welcome from their seniors.

The programme was filled by many cultural activities by both freshers and seniors. The programme was ended up at 02:30 with the blessing words by principals. An excellent buffet lunch was served at the end.

Department of Orthopaedics

Dear all glad to share that Sri Aurobindo Medical College & PG Institute's Department of Orthopaedics in association with Depuy Synthes organised a Cadaveric Workshop on Advanced Foot and Ankle Training at our state of art Cadaveric Lab. World renowned faculties were a part of it. This Course chairman was Dr Rajeev Shah Vadodara and faculties were Dr Gurinder Bedi New Delhi,



Dr Balvinder Rana New Delhi, Dr Ajoy S Bangluru and Dr Pradeep Choudhari & Dr Hemant mandovra from Indore. More the 25 delegates all across india attended tne hands on cadaveric workshop. Good exposure to all our students & orthopaedic fraternity.



Anatomy Model Exhibition- SAIMS College of Nursing



On 4th of April 2022, BSc nursing 1st year students had prepared an anatomy model exhibition in the form of increasing education and practical knowledge of the students.

The Exhibition was organised under the direction of Dr Chintamani Chauhan , Principal SAIMS College of Nursing and Mrs Mamta Rathore HOD medical surgical nursing department.



The program was inaugurated by doctor Shekhar modak director physiotherapy and doctor Manju Nath HOD of anatomy Department of science Medical College and PG institute.

Students explain wonderfully about anatomy and physiology of all systems.

Mrs Vinaya Vijayan assistant professor and Devendra Dalmia nursing tutor of medical surgical nursing department provided support and guidance to students to make the event successful.



SAIMS College of Nursing organised Anatomy Lab Visit



On 4th to 6th April medical surgical Department of SAIMS College of Nursing organised anatomy lab visit in department of anatomy SAIMS COLLEGE AND PG INSTITUTE under the guidance of doctor Chintamani Chauhan and HOD of medical surgical nursing department Mrs Mamta Rathore ,Associate Professor.

As per curriculum BSc nursing 1st year students have educational visits for the practical exposure . Our students got the posting for educational visits at anatomy department SAIMS Medical College and PG institute .



Dr Manju Nath HOD of the anatomy department and their staff showed and explained very well about each system of the human body . All the practical exposure helped students to gain knowledge about anatomy and physiology of humans.

Mrs Vinaya Vijayan assistant professor, Shefali Das nursing tutor and Devendra Dalmia nursing tutor has been successfully organised all the activities.



अंतराष्ट्रीय महिला दिवस 2022



हमारे देश में नारी को शक्ति का रूप माना गया है और जब यह नारी स्पेशल बच्चों की माँ हो तो, यह शक्ति और सशक्त हो जाती है। इसी नारी शक्ति के सम्मान में श्री अरबिंदो इंस्टीट्यूट ऑफ ऐलाइड हेल्थ एण्ड पेरामेडिकल साइन्सेस द्वारा 8 मार्च 2022 को अंतराष्ट्रीय महिला दिवस के उपलक्ष्य में महिला शक्ति को प्रोत्साहित करने हेतु कार्यशाला का आयोजन डॉ. सुभाश गर्ग (एच.ओ.डी. आक्यूपेशनल थेरेपी) के मार्गदर्शन में किया गया।



इस कार्यक्रम में उन महिलाओं को सम्मानित किया गया जो स्पेशल बच्चों के रिहेबिलिटेशन में कदम से कदम मिलाकर लड़ रही हैं। इन सभी बच्चों की माताओं को एक सशक्त नारी के रूप में सम्मानित कर उनका प्रोत्साहन किया गया, साथ ही समस्त चुनौतियों के साथ उनके मानसिक व भारीरिक स्वास्थ्य का ध्यान कैसे रखा जाए, पर कार्यशाला आयोजित की गई।

डॉ. मानसी आनंद (मनोचिकित्सक) ने “महिलाओं के मानसिक स्वास्थ्य के बारे में तथा मानसिक समस्या का निदान कैसे किया जाए” से अवगत कराया। डॉ. रजनी पंवार (प्रिंसिपल बी.जी.एच.आई.) ने महिलाओं में भारीरिक व्यायाम के महत्व के बारे में बताया। कार्यक्रम के मुख्य अतिथि डॉ. आनंद मिश्रा (रजिस्ट्रार, श्री अरबिंदो यूनिवर्सिटी) ने महिला सशक्तिकरण पर अपने विचार व्यक्त किए। हमारे विभाग (आक्यूपेशनल थेरेपी तथा फिजियोथेरेपी) की समस्त महिला भाक्ति को डॉ. शेखर मोडक, डॉ. आनंद मिश्रा तथा डॉ. जेबन डेनियल द्वारा सम्मानित किया गया। कार्यक्रम का संचालन डॉ. दीप्ति गर्ग तथा डॉ. अंकिता भार्मा द्वारा किया गया।

डॉ. शेखर मोडक

डायरेक्टर ऐलाइड हेल्थ एण्ड पेरामेडिकल साइन्सेस

कुसुम

बागबान की लाइली, बगीचे की शोभा।

फैलाए खुशबू हर जगह, चाहे हो कोई कोना।।

कोमल है तन उसका, चंचल है चितवन उसका।

भर्ती रंग सुनहरे से, बन जाती है आँखों का टुकड़ा।।

चल देती है छोड़ वह बगिया, महकाते हुए अपने बचपन की गलियाँ।

अनुशासन सी माला में जो पिरो दी जाए, तो प्रेम से सबका साथ निभाए।।

कभी आसमान से इंद्रधनुष के रंगो सी बरसे।

तो कभी रास्ते में बिछ तुम्हें कंकड़ो से बचाए।।

पवित्रता की मिसाल है बनाती, मंदिर में पुजारी से भी ऊँचा स्थान है पाती।

फिर भी मुरझाएँ जाने पर, तिरस्कार कर फेंक दी जाती।।

कली सी खिले जब, तो लायें खुशियाँ।

प्यार से सींचो जब, तो महकाये बगिया।।

हर भँवरे से वह बचते बचाते, अपने अंदर मिठास पलाए।

हर तितली की प्यास बुझाए, ज़रूरत पड़े तो समझौता कर जाए।।

जिससे मिले उसके चेहरे पे मुस्कान वो लाए।

सबके दिलों में मेलजोल बढ़ाए।।

चाहे गुंजे बधाई, या दुःख की घड़ी हो आयी।

हर परिस्थिति में वह सबके चेहरे पर मुस्कान लायी।।

आदर अनादर सब सहती जाती, अपमान मिलने पर भी सर उठा कर अपने स्वाभिमान को बचाती।

चाहे जो परिस्थिति आ जाए, वह अपना कर्तव्य पूरी निष्ठा से निभाती जाए।।

-Dr. Saloni Singhal

JR, Department of Radiation Oncology.

Department of Ophthalmology Department Achievements



At the Annual Congress of The Kolkata Ophthalmologists 2022, held on 26th March 2022, our residents were awarded for paper presentation:

A. Dr Komal Jaiswal first runner up for "Role of UBM in guiding surgical strategies and intraoperative decision making in patients of triple procedure keratoplasty"

B. Dr Ishita Batra second runner up for "Demystifying COVID 19 related ROCM"



“World Glaucoma Week 2022”



The Department of Ophthalmology celebrated “World Glaucoma week, 2022” with the theme “The world is bright, save your sight” from March 6th, 2022 to March 12th, 2022. Entire program was conducted under the guidance of HOD & Professor Dr. Shreya Thatte and Professor Dr. Nitin Nema. It was successfully co – ordinated by Dr. Pragya Prakash along with other consultants of the department.

The work shop was equipped with knowledge from live lectures by our experienced surgeons followed by one to one hands on training on Dummy eyes in the wet lab. The students were divided into two groups and both the groups were allotted different time slots to provide them ample time for the hands on training. The session also included surgical videos of trabeculectomy surgery by various surgeons of our department.

The program was scheduled such that the candidates can master the most basic investigation needed for glaucoma (like applanation tonometry , gonioscopy and visual field assessment) to mastering the surgical skills. The fundamental lectures were taken by Dr. Amisha Jain (Asst Prof) , Dr. Pragya Prakash (Asstt Prof) , Dr. Mamleshwari Patil (Asstt Prof) & Dr. Ashima Monga (SR) and the video assisted surgical skills transfer lecture was taken by Dr. Sonam Verma (Asstt Prof).



To boost knowledge and competitive insight of our post graduates, the workshop oncluded by quiz competition which was successfully co – ordinated by Dr. Amisha Jain, Dr. Ashima Monga, Dr. Mamleshwari Patil and Dr. Lalita Gupta. The winners of quiz competition were Dr. Yashas Goyal (PG resident 3rd year) and Dr. Komal Jaiswal (P.G. resident 2nd year) and the runner up were Dr.Garima Tiwari (PG resident 3rd year) and Dr. Ishita Batra (P.G. resident 2nd year). Winners were appreciated by prize distribution.

World Health Day – An awareness among general population.

(Department of Community Medicine)



World Health Day is celebrated every year on 7 April to commemorate the anniversary of the founding of the World Health Organization (WHO) in 1948. Each year for this date, a theme is chosen that highlights an area of priority concern for WHO. It is celebrated to promote awareness of people's general health and well-being. It is an attempt to recognise the widespread contribution of medical faculty and the success. In this regard this year it was celebrated with a theme – “Our Planet, Our Health”.

At our satellite centre i.e Urban Health and training centre, Pardeshipura we had organised an awareness camp for general population where our under graduates actively took part in drawing and skit presentation. The skit was performed by Mr. Gaurav Singh, Miss Anisha Singh, Mr. Gaurav Nautiyal, Miss Apurva Agrawal on “Musical Hand washing”. The whole program was done under the Guidance of our HOD, Dr. A. Deshpande along with the permission from our Dean Dr. R. R. Wavare. Program was graced by our Chancellor Dr. Manjushree Bhandari, where she also encouraged us to do more of the likewise events. Dr. S Modak and Dr. J Daniel from the college of physiotherapy also gave their full participation. The entire program was eventful and the participants were awarded with certificates.

Dr. Mayank Rahul

In charge UHTC,

Associate Professor,

Dept. Of Community Medicine.

SAMC & PGI, Indore.



Community Health Nursing Department Activities Month of April - 2021



SAIMS College of Nursing is a unit of SAIMS Medical College and PG Institute Indore (M.P.). The activities which are being conducted by community health nursing department & Medical Surgical Nursing Department are done under the guidance of Dr. Chintamani Chauhan, principal SAIMS college of nursing and Ms. Kavita Pal, HOD community health nursing department, Mrs. Mamta Rathore, HOD Medical Surgical Nursing Department. Their meritorious support has laid activities out of the premises.

Here we are sharing few glimpses of World Tuberculosis Day which are as follows-
WORLD TUBERCULOSIS DAY

DATE-24 & 25 MARCH, 2022

VENUE-PASSIFLORA HALL, 5 TH FLOOR

TIME-9AM TO 4PM

Theme - "INVEST TO END TB. SAVE LIVES"

Every year World Tuberculosis Day is observed on March 24 to raise public understanding about one of the world's deadliest infectious killer - TB and its devastating health, social and economic impact on people around the world. The world tuberculosis day 2022 theme is "INVEST TO END TB. SAVE LIVES" to convey the urgent need to invest resources to ramp up the fight against TB and achieve the commitments to end TB.

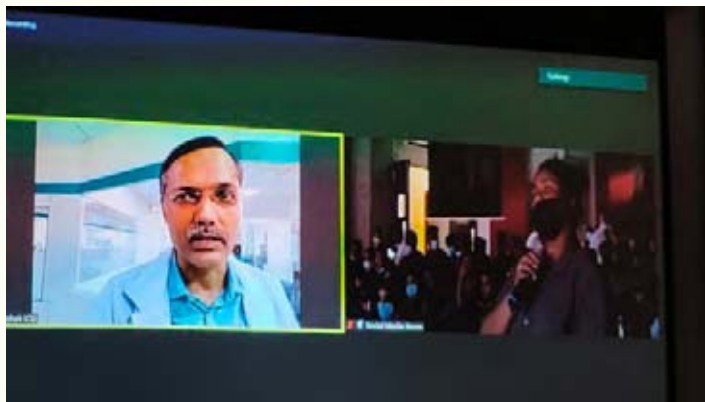
On this day, Community Health Nursing Department & Medical Surgical Nursing Department of SAIMS College of Nursing, Indore organized an two days training program on World Tuberculosis Elimination program on 24th and 25th March 2022 about TB, its causes, risk factors, prevention and management under GFATM Guide lines. The program was organized under the guidance of Dr Chintamani Chauhan, Principal SAIMS College of Nursing. The program was inaugurated by Dr Ravi Doshi, HOD Respiratory medicine SAIMS hospital. Dr. Ankur Agarwal enlightened us with his knowledge regarding the administrating treatment for tuberculosis. The beneficiaries of program were students of SAIMS, IIMS, BHRC College of Nursing .

The program was organized under the guidance of Ms. Kavita Pal, HOD community health nursing department, Mrs. Mamta Rathore, HOD Medical Surgical Nursing Department. Basil Varghese, Vice -Principal , Dr. Mansi Choudhary, Asso. Professor, Mr. Hemant Chourasiya Asst. Prof. had been successfully organized all the activities with the help of other departmental faculties, tutors /Clinical Instructors.

The session was effective and informative for all the participants. Indeed it is important to observe this day in our own ways because we might just witness the eradication of this infectious disease in our lifetime. Awareness about it can push people to seek help, get vaccinated, and take a step towards its eradication.



IIMS College of Nursing



Live interactive session with nursing students

As per our founder, chairman Dr. Vinod Bhandari the interactive session was held on 12th march 2022 at passiflora hall and lavender hall from 2 pm to 4 pm.

Dr. Vinod bhandari has always worked as mentor and well- wisher for improving nursing education, skill and knowledge, he asked to arrange live interactive communication between doctors and nursing students. All equipments are present in our SAIMS campus. 800 was gathered in this live session, the agenda was to set a proper introduction and orientation of all student & demonstration of equipments, it gives an opportunity to learn about robotic surgery suits by Dr. Rajesh patidar , dialysis unit Dr. Shraddha goswami, heart and lung machine Mr. Mukul tiwari, Ecmo Dr. Subodh chaturvedi, PET scan and Gamma camera Dr. Siva subramaniam, IGRT Dr. Virendra bhandari, Genome sequencing (molecular lab) Dr. Sushmit Koshta, Central lab special equipments Dr. Amit Verma.

It was interactive session, during the session students asked their queries and all experts gave reply. The event were organized Mr. Himanshu Srivastava Manager Digital Media and his all team, This wouldn't have been possible without their dedicated efforts. Last but not the least, proud for sharing 5glimpses of the events...

Mrs. Aruna lele

Princiapl of IIMS College of Nursing



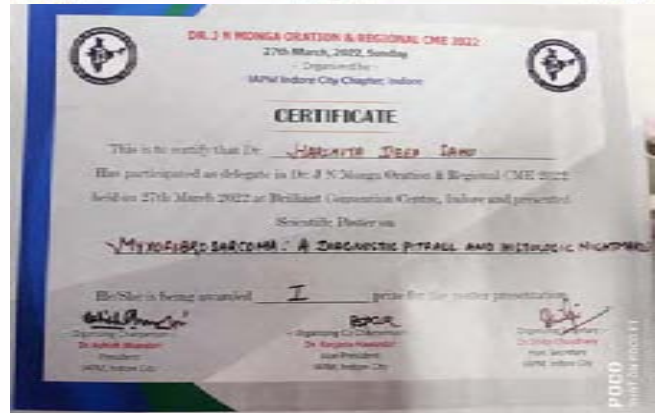
Certificates Department of Surgery



Certificates



Certificates



The Department of Dermatology attended the Mid-Cuticon Conference at Taj-Lakefront Bhopal.

Dr. Sunayana Kushwah presented a paper titled-“Clinicodermoscopic features of Topical Steroid Damaged Face patients”, for which she won the second prize. Posters were also presented by Dr. Sunayana— A rare case of RUPOID Psoriasis with Psoriatic Arthritis, and Dr. Manjari Bundela — Role of Patch Testing in patients with Allergic Contact Dermatitis.

Case Report

NON SURGICAL MANAGEMENT OF AN EXTENSIVELY LARGE PERIAPICAL LESION – A CASE REPORT

**Authors: Dr. Swati Jain, Dr. Pallav Patni, Dr. Pradeep Jain, Dr. Ankit Jain,
Dr. Swadhin Raghuwanshi, Dr. Sonal Singh Arora, Dr. Sanket Hans Pandey, Dr. Katya Pandey**

CASE HISTORY: A 29-years old male patient reported to Department of Conservative Dentistry and Endodontics with chief complaint of pain and swelling in upper left front tooth region since 15 days along with history of trauma 2 years back (Figure 1).

DIAGNOSIS : A radiograph of maxillary anterior region showed an extensive peri-apical radiolucency around the apex of left maxillary central and lateral incisors which is suggestive of chronic peri-apical abscess in relation to maxillary left central and lateral incisors.

MANAGEMENT: Under rubber dam isolation access cavity was prepared of maxillary left central and lateral incisor. Working length determination was done using radiograph (Figure 2). Cleaning and shaping was carried out up-to K-file no. 60 (Mani India) with irrigation of 5.25% NaOCl and placement of calcium hydroxide for 14 days for two times (Figure 3). On next visit obturation was done with Gutta percha and Diaproseal sealer with lateral condensation (Figure 4). On a 6-months follow-up radiograph showed evidence of developing bone regeneration (Figure 5).



Fig. 1

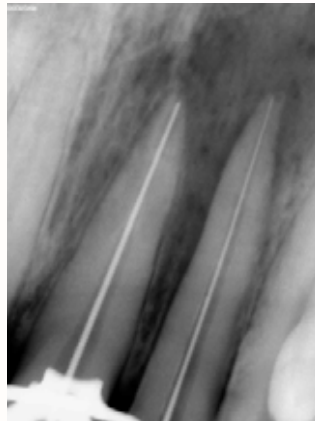


Fig. 2

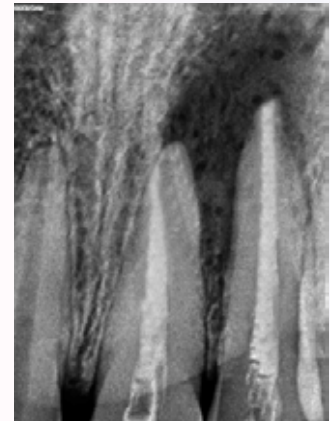


Fig. 3

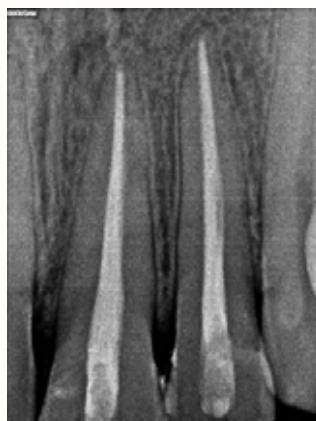


Fig. 4



Fig. 5

IMA Indore branch Activities March April 22

14-03-2022 IMA Officials met Collector, Hoswin & CMHO Dr B S Saitya for Clinic Registration Renewal & Hoswin charges issue



23 & 24-03-22 Camp at Super Specialty Hospital, Indore for submitting Clinic Registration Documents



27-04-22 IMA Sports Olympiad at Yashwant Club, More than 100 Doctors attended & participated in Badminton, Table Tennis, Lawn Tennis, Gym, and Swimming etc.



02-4-22 IMA Indore branch along with National IMA observed Protest Day against Harassment & Violence against the Doctors.

04-04-2022 A meeting was held at Super specialty Hospital, Indore regarding IMA Musical event planning.



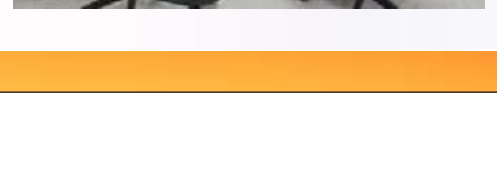
05-04-2022 IMA delegation met I.G. to protest framing few Doctors [without investigations] in Medical Student suicide case.



07-04-2022 IMA Indore officials & members participated in 75th year of Independence celebration program at Chimabagh ground Indore.

19-04-2022 IMA Executive committee & Cultural group meeting was organized at Medista Hospital, Indore.

2-04-2022 Dr Sumit Shukla, IMA President was invited as guest at Mega Health check up camp at Sanver.





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